

# Volunteer opportunities at a glance



Shepherd Village is a caring Christian Seniors' community. Centrally located just minutes from Kennedy and Sheppard Avenue, we offer a wide variety of activities for volunteers 16 years and older.

Volunteers play an active and important role in our village and we are always looking for caring and compassionate people who are eager to make a difference.

Whether you are interested in assisting our trained staff in a specific area, we can help customize your experience so that it meets your needs while positively impacting the lives of our residents.

## STUDENT PLACEMENT

Are you looking for an amazing organization to learn from while completing your student placement? Shepherd Village has placement opportunities for those interested in recreation and project management.

## L.E.A.D PROGRAM

Are you currently volunteering at Shepherd Village and interested in gaining valuable tools to help you get into university? L.E.A.D. program (Leadership / Empowerment / Achievement / Determination) is a strengths-based program for grades 11 & 12 students that promotes holistic growth in the areas of self-worth, self-management and community engagement.

Our program works with students as they prepare to transition out of high school into post-secondary endeavours. Students participate in hands-on activities that promote self-exploration, skill development, and team building activities. Special emphasis will be placed on the skills needed to facilitate transitioning to post-secondary education and adulthood (for example resume writing, scholarship opportunities, career choices).

## THURSDAY NIGHTS TERRACE

Come out and encourage our residents to enjoy the musical festivities every Thursday from 5 pm to 7 pm in the Terrace.

**2 hours a week**



## RECEPTIONIST

**CRITICAL NEED+**

This is a wonderful position for you to interact with a variety of residents and community members. You must be able to multi-task.

**Hours:** Saturday and Sunday from 12:00 noon to 1:00 pm and 5:00 pm to 6:00 pm



## MEAL TIME ASSISTANT

**CRITICAL NEED+**

You will be assisting nursing staff by feeding residents.

Breakfast – 8:30 am to 9:30 am  
Lunch – 11:45 am to 12:30 pm  
Dinner – 4:45 pm to 6 pm

**\* Meal Time Assistants will be required to do additional training with nursing staff.**

**1.5 hours a week**



## FRIENDLY VISITOR

**CRITICAL NEED+**

You will be visiting a Lodge resident on a weekly basis and developing a respectful and caring relationship. A prior understanding or experience with dementia is encouraged but not required.

**1 hour a week**



## **TABLET ASSISTANT**

The purpose of this position is to give volunteers a leadership opportunity while helping residents with their tablet/l-pad needs.

Program times: Every Wednesday  
4:00 pm to 5:00 pm

**1 hour a week**



## **VOLUNTEER COORDINATOR ASSISTANT**

You will be working directly with the Volunteer Coordinator helping with a variety of projects including phone calls, reception, and event management.

**4 hours per shift**



## **SPIRITUAL LIFE AND PALLIATIVE CARE ASSISTANT**

This is a 10 week program where you will be supporting residents who are end of life. You will be trained by our Chaplain and the Nursing department.

**Hours: Every situation will be different; flexible schedule is ideal.**



## **SPIRITUAL CARE ASSISTANT**

You can also read the bible, talk about your spiritual journey and participate in hymn sings. Additional services held during the month.

**2 hours a week**



## **RECREATION ASSISTANT**

You will be working directly with Recreation staff in the Lodge and Terrance by supporting a variety of programs. Activities include arts & crafts, singing and hands on activities.

Program times: 9:30 am to 11:30 am and 1:30 pm to 3:30 pm Monday to Friday

**2 hours a week**



## **VILLAGE CLUB**

The Centre offers care and support in a social environment to individuals over age 65. You will be supporting programs and helping staff with lunch activities. This is open to individuals within Shepherd Village and the community.

Program times: Monday to Friday  
from 11:00 am to 3:00 pm

**4 hours a week**



## **CHURCH SERVICE**

Volunteers are needed to assist residents to and from church service every Sunday in the Lodge and Terrace

**Hours:** 9:00 am to 11:30 am

## **Important information for all volunteer positions**

**Orientation:** Every other Tuesday from 5:30 pm to 7:30 pm

**Training:** Includes a 30 minute tour, 1.5 hour interactive orientation, and on-line training.

**TB test:** Mandatory 2-step Mantoux skin completed at Shepherd Village on Tuesday and Thursday only.

**Vulnerable Sector Police Check** is required.

**Required language:** English

**Location:** We are located at 3760 Sheppard Avenue East. Closest intersection is Kennedy & Sheppard.

**\*\*\*Must volunteer 2 hours a week for a 6 month commitment\*\*\***

Questions? Please contact [Susan, Volunteer Coordinator](mailto:Susan, Volunteer Coordinator) at (416) 609-5700 ext. 275  
[volunteer@shepherdvillage.org](mailto:volunteer@shepherdvillage.org).