




JANUARY

2019

3RD FLOOR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|--|--|
| Recreation Staff: Enid Ffrench Lyn Ma Tel. 416—609 5700 EXT. 255  |  |  | 10:00 Balloon Tennis (PL) 11:00 1:1 visit (skype) 2:30 Win loose Draw 3:30 Pet Companion | 10:00 Mental Muscle (S) 11:00 Sensory Room ND 1:00 PHYSIO EXERCISES(SD) 2:30 Magical Moment (PL) 3:30 Group stroll | 10:30 Fun & Function 2:00 Better Senior Care Drop -In (CH) 2:30 Music Recall Sing along (PL) | 11:00 Word Wheel SD 2:00 Strolling 3:00 Ebenezer Church (PL) |
| 06 | 07 | 08 | 09 | 10 | 11 | 12 |
| 10:00AM & 7:00PM CHURCH SERVICE SANCTUARY (CHANNEL 988) 2:00 SENSORY ROOM (NORTH DEN) | 10:30 Spiritual Life (PL) 11:00 B quiz (PL) 1:00 PHYSIO EXERCISES(SD) 2:30 Way with Words 3:30 Group Stroll (On Unit) | 10:00 Morning TV. Prog. 10:00 Roll & Stroll 2:30 Parachute (pl) 6:30 Sing & Swing 7:30 Glen Time (skype) | 10:00 Balloon Tennis (PL) 11:00 1:1 visit (skype) 2:30 Storytelling with Adele 3:30 Pet Companion | 10:00 Games & Puzzle (SD) 11:00 Montessori (SD) 1:00 PHYSIO EXERCISES(SD) 2:30 Readers club (SD) 3:30 1:1 visit | 10:30 Fun & Function (SD) 2:30 Music Recall Sing along (PL) | 10:30 PASS THE BALL NORTH DEN 2:00 MOVIE CLASSICS TV LOUNGE |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 10:00AM & 7:00PM CHURCH SERVICE SANCTUARY (CHANNEL 988) 2:00 TRIVIA AFTERNOON (NORTH DEN) | 10:30 Spiritual Life (PL) 11:00 B quiz (PL) 1:00 PHYSIO EXERCISES(SD) 2:00 Weaving (CH) 3:30 Sounds of Music | 10:00 Morning TV. Prog. 10:00 Roll & Stroll 1:00 PHYSIO EXERCISES(SD) 2:00 Resident Council 2:00 Village Movie Matinee (CH) 6:00 Art & Feeling 7:30 Glen Time (skype) | 10:00 Balloon Tennis 10:00 Presbyterian Church CH 11:00 1:1 Visit Skype 1:00 PHYSIO EXERCISES(SD) 2:30 Winnie the POOH Social (PL) | 10:00 Mental Muscle SD) 11:00 Fix & Fold ND 1:00 PHYSIO EXERCISES(SD) 2:30 Magical Moment (PL) 3:30 Group stroll | 10:30 Fun & Function (SD) 2:00 Sit, & Sip | 10:30 KICK THE BALL NORTH DEN 2:00 MOVIE CLASSICS TV LOUNGE |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 10:00AM & 7:00PM CHURCH SERVICE SANTUARY (CHANNEL 988) 2:00 SENSORY ROOM (NORTH DEN) | 10:30 Spiritual Life (PL) 11:00 B quiz (PL) 1:00 PHYSIO EXERCISES(SD) 2:00 History Lesson MLK Day Social (PL) 3:30 Group Stroll | 10:00 Morning TV prog. 1:00 PHYSIO EXERCISES(SD) 2:00 west Scarborough Singers (CH) 6:30 Polka Dot Party (PL) 7:30 Glen Time (skype) | 10:00 Balloon Tennis(PL) 10:00 United Church (CH) 11:00 1:1 Visit (Skype) 1:00 PHYSIO EXERCISES(SD) 2:30 Snow Day Social (SD) 3:30 Quiet Time | 10:00 Brain Gym (SD) 11:00 Montessori 1:00 PHYSIO EXERCISES(SD) 2:30 Magical Moment (SD) | 10:30 Fun & Function (SD) 2:00 Robbie Burns | 10:30 BRAIN AEROBICS NORTH DEN 2:00 MOVIE CLASSICS TV LOUNGE |
| 27 | 28 | 29 | 30 | 31 | <h2>RECREATION CALENDAR</h2> | |
| 10:00AM & 7:00PM CHURCH SERVICE SANTUARY (CHANNEL 988) 2:00 MOVIE MATINEE (NORTH TV ROOM) | 10:30 Spiritual Life (PL) 11:00 BQuiz (PL) 2:00 Weaving (CH) 3:30 1:1 visit | 10:00 Morning TV. Prog 1:00 PHYSIO EXERCISES(SD) 2:00 Service of Remembrance Be A Curmudgeon (social PL) 6:00 Family Games Night (PL) 7:30 Glen Time (skype) | 10:00 Zumba (PL) 11:00 1:1 visit (skype) 2:00 Towne Hall Meeting 2:30 Win loose Draw 3:30 Pet Companion | 10:00 Mental Muscle 11:00 Sense in Motion(SD) 1:00 PHYSIO EXERCISES(SD) 2:30 SV has Talent (CH) 3:30 Group stroll | | |