

For Consideration

We all like to smell nice and fresh after a shower or hair wash. However, there are quite a few people, especially as we get older, who develop allergies to scents of any kind. It can cause health problems such as shortness of breath, headaches and migraines, nausea, muscle pain, and cold-like symptoms. Nowadays there is a complex mixture of natural materials and synthetic chemicals. Several hundred chemicals may be used to make a single scented product. People who like to wear perfume may not realize that they are triggering these allergic reactions. Many personal cleaning and skincare products, as well as hair spray also have strong scents. There are a lot of fresh smelling products in many stores that are 'unscented', and maybe we should consider these for when we are around Village in public places or meetings.

IN THE GARDENVIEW ROOM

Mondays
The Crown
Season 2

- Jan 7th, Episode 1 of 10: "Misadventure "
- Jan 14th, Episode 2 of 10: "A Company of Men"
- Jan 21st, Episode 3 of 10: "Lisbon Episode"
- Jan 28th, Episode 4 of 10: "Beryl"

PEST CONTROL OPPORTUNITY
FRIDAY, JANUARY 4TH, 2019
1:00 – 3:00 p.m.
IN THE MANOR LOBBY.

THE ROACH FAMILY
(concluded)

DID ALL GO WELL FOR CONNIE AND CHARLIE?
"Twas the night before Christmas and all through the house
Not a creature was stirring – not even a mouse."
Hold on, Poet Moore, for this we can vouch;
Two creatures *are* stirring right under your couch!
Why it's Connie and Charlie who've turned night to day.
When we go to sleep they come out to play.
"I'm famished," said Connie. So off they sped
To look for crumbs of cake or bread.
But what they found, to their delight,
Were Santa's goodies in plain sight!
They ate their share, quite unaware
That Santa Claus would soon be there.
Santa arrived! He spread his toys
Among the better girls and boys.
He spied the treats but, full to the brim,
He'd share them when the nights closed in.
So Connie and Charlie were in the mix
That Santa brought home with the bix.
DID ALL GO WELL? Your thoughts we invite;
Was Christmas so merry, or was it
GOOD NIGHT!

Bruce Ward

Email your thoughts on the outcome to:
bruceward255@gmail.com.

Shepherd Village Has Talent!

Thursday January 31st 2:00 – 3:00 pm
In the Community Hall



Friday

Fellowship

- 4th Kevin Benta Sharing Life & Ministry
- 11th Major Ron & Donna Millar Sharing
- 18th Ed Vandemeer, *Stories of Serving In Papua, Indonesia (formerly Irianjaja)*
- 25th Allan & Linda Smith Song Writers & Musicians

Events for January

Better Senior Care

Drop-In and complete a survey
January 4th, 2:00 - 4:00 pm
in the Community Hall

Mat Weaving

Monday January 14th and Monday January 28th
2:00 – 3:00 pm in the Community Hall

Village Club Movie

Tuesday January 15th 2:00 – 3:00 pm
In the Community Hall

Word of Faith Choir

Saturday January 19th, 2:00 – 3:00 pm
in the Community Hall

West Scarborough Singers

Tuesday January 22nd 2:00 – 3:00 pm
In the Community Hall

Services of Remembrance

Tuesday January 29th, 2:00 pm
in the Sanctuary

Any questions, about activities and events,
please contact Alma at 416-609-5700 (Ext: 268)
"All programs are subject to change"

Chapel Ridge Funeral Home

There are times, when we are grieving a loss, that the journey seems too much. During times like this, the Lord will carry you – if you ask Him to lift you high into His loving arms. Then you must rest in Him with an open and listening heart.

Missionary Elisabeth Elliot was a 30-year-old mother of a 10-month-old daughter when the Auca, a tribe of eastern Ecuador that they were attempting to reach with the gospel, killed her husband, Jim. "If you are someone who does not know Jesus Christ as your Saviour and you have just been widowed or bereaved, you have a tremendous burden," she wrote. The Lord says, "Come to Me, you who are tired and overburdened, and I will give you rest."

The Lord's promise is not to exempt His precious children from hardship or sorrow. Rather, He promises that He will never leave us nor forsake us, and that He will carry us during dark times. But to receive this peace and rest, Christ's instructions are clear. Jesus says, "Come to me." You must pour out your heart to Him – and then quietly listen.

"Hear my cry, O God; listen to my prayer. From the ends of the earth I call to you, I call as my heart grows faint; lead me to the Rock that is higher than I. For you have been my refuge, a strong tower against the foe." (Psalm 61: 1-3)

Chapel Ridge Funeral Home office is on the main floor, near the exit to the mall. Nancy Lahn is there Mondays, Wednesdays and Fridays – please don't hesitate to stop by with questions, concerns or to borrow grief-related resources.

NEXT TOWN HALL MEETING

Wednesday January 30th 2:00 – 3:00 pm
In the Community Hall

Guest Speaker: Kim Kurschinski
Psychogeriatric Resource Consultant
"Loneliness & Isolation"

Thursday, January 10th
 Anglican Church Service 10:30 am
 In the Community Hall

Wednesday, January 16th
 Presbyterian Church Service 2:00 pm
 In the Community Hall

Wednesday, January 23rd
 The United Church Service 10:30am
 In the Community Hall

GARDENS DEVOTIONAL HOUR
 Every Thursday in the Willow Room at 7:00 pm

I might wake up early and go running. I also might wake up and win the lottery. The odds are about the same!

WORD SEARCH:

Last month's answer: WORSHIP

J	S	L	Z	E	A	D	I	S	S	A	C	H	A	R
O	A	R	A	T	S	L	B	T	N	O	E	M	I	S
S	R	A	P	I	H	A	A	D	L	O	G	V	U	S
E	D	E	O	L	E	R	R	P	U	R	E	I	N	A
P	O	P	T	O	R	E	T	P	Y	R	D	O	E	P
H	N	I	R	S	W	M	H	N	O	R	I	L	M	P
J	Y	L	E	Y	H	E	O	F	A	S	C	B	A	H
A	X	A	E	R	N	D	L	S	N	A	Y	E	T	I
S	J	T	O	H	E	I	O	A	N	S	E	R	T	R
P	U	H	F	C	F	T	M	R	O	N	L	Y	H	E
E	D	P	L	E	S	U	E	A	B	B	E	L	I	C
R	A	A	I	O	F	B	W	P	J	S	E	M	A	J
R	H	N	F	G	A	J	A	C	I	N	T	H	S	W
C	A	M	E	T	H	Y	S	T	R	E	E	T	S	O
D	M	A	T	T	H	E	W	N	U	L	U	B	E	Z

Church in the Village: January

Sundays:
 10:00 am Morning Worship - CITV
 7:00 pm Evening Service - CITV

Mondays:
 Ladies Bible Study :
 The First and third Mondays of the month,
 10:30 am in the Community Hall.

Tuesdays:
 Men's Fellowship: **Starting 8th January**
 10:00 am in the Manor Party Room
 Ladies Prayer & Worship: **Starting 8th January**
 10:00 am in the Sanctuary

Wednesdays:
 Bible Study and Prayer Meeting
 7:00 pm in the Sanctuary

New Jerusalem

- | | |
|-------------|---------------|
| Amethyst | Mansions |
| Andrew | Matthew |
| Asher | Matthias |
| Bartholomew | Naphtali |
| Benjamin | Pearl |
| Beryl | Peter |
| Chalcedony | Pure |
| Chrysolite | Sapphire |
| Chrysoprase | Sardius |
| Emerald | Sardonyx |
| Gold | Simeon |
| Issachar | Streets |
| Jacinth | Tabernacle |
| James | Topaz |
| Jasper | Walls |
| Joseph | Zebulun |
| Judah | River of Life |
| Lebbaeus | Tree of Life |

January 1st, 2019



Editor:
 Penny Seymour



SHEPHERD MANOR NEWSLETTER

Welcome January!

If anyone is in
 Christ, he is a new
 creation



Council Corner



a heritage of Helping Hands

Your Tenants' Council wish you a
HAPPY and HEALTHY NEW YEAR!
 All the best in 2019. Judith Combdon, President

Games

For those who don't already know, or play, Monday and Tuesday evenings, games are played in the Manor Party Room. There are a multitude of games available, or you can bring your own game. Equally you can go any evening! Get a few like minded people together and have some fun! Currently on Mondays Skip Bo and Scrabble are played, and on Tuesdays, we play Skip Bo and Crokinole. But there are other games. Come down Monday or Tuesday and have a look!.



A text always on the wall in the bathroom in my parents' house, for study while you were sat down! Penny



An Optimist's Hints

Don't fuss. It's just so much time wasted. If things go wrong, try to find a remedy, but don't wear yourself out body and soul by worrying yourself and everyone else.

Try to make the most of every joy or pleasure that comes your way. See the bright side of things rather than the dark.

Don't spoil today by yesterday and tomorrow. Make the very best of what you have, and above all things, don't look and talk as though there was nothing good or bright or beautiful on earth. Anon



Welcome new tenants

Name	APT.	Date
Hillis Thomas	508	1 Feb
Carol Coard	517	1 Feb
Indranee Jeyapathy	218	1 Feb
Felicidade De Sousa	725	11 Feb

Thank you everyone involved for a scrumptious Manor Christmas Tea!

