


MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<p>PLEASE NOTE: ALL PROGRAMS ARE SUBJECT TO CHANGE. FOR MORE INFORMATION, PLEASE CONTACT GERALD SEAWARD 416-609-5700 (EXT. 321)</p>	<h1>SHEPHERD TERRACE</h1> <h2>CALENDAR OF EVENTS</h2>		<p>10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 1:00 HYMN SING (MUSIC ROOM) 1:30 SPIRITUAL REFLECTIONS (MUSIC ROOM) 2:30 I-CONNECT (MUSIC ROOM) 7:00 BIBLE STUDY (SANCTUARY)</p>	<p>9:30 ISABELLE'S CREATIONS (LODGE LIBRARY) 10:00 DIETARY COMMITTEE (SOUTH DINING ROOM) 10:30 WALKING CLUB (TERRACE LOBBY) 11:00 "HEY, GOOGLE" (MUSIC RM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:00 INTERGENERATION PROGRAM (MUSIC ROOM) 5:45 BERNICE GOPIN (MUSIC ROOM)</p>	<p>9:30 NAD'S VARIETY (LODGE LIBRARY) 10:00 PAINTING & ART DROP-IN (4TH FLOOR STUDIO) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 11:00 - 4:00 HEARING CLINIC OPEN HOUSE (DOCTORS OFFICE) 2:30 ICE CREAM SOCIAL WITH YONG-LI & SHARON (MUSIC ROOM) 7:00 FRIDAY FELLOWSHIP: MAJOR RANDY HICKS (SANCTUARY)</p>	<p>10:30 TABLE SHUFFLEBOARD (GAMES AREA) 2:00 HILLTOP CHAPEL PIANO RECITAL (COMMUNITY HALL)</p>
5	6	7	8	9	10	11
<p>10:00 AM & 7:00 PM CHURCH SERVICE (SANCTUARY) CHANNEL 988 12:30 - 5:00 THEATRE: "MAMMA MIA!" (SCARBOROUGH VILLAGE THEATRE)</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:00 THE ROYALS: "ROYAL BABIES" FINAL EPISODE (GARDENVIEW ROOM) 3:30 SCRABBLE DROP-IN (2ND FLOOR LOUNGE) 5:30 DWIGHT GRANT (MUSIC ROOM)</p>	<p>9:00 EXERCISES WITH KERON (COMMUNITY HALL) 10:00 PET VISIT WITH BENJI (MUSIC ROOM) 11:00 ON THIS DAY WITH DINA (MUSIC ROOM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:30 WHEEL OF FORTUNE (MUSIC ROOM) 6:00 WACKY WORDS PLUS (MUSIC ROOM)</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 1:00 HYMN SING (MUSIC ROOM) 1:30 SPIRITUAL REFLECTIONS (MUSIC ROOM) 2:30 I-CONNECT (MUSIC ROOM) 7:00 BIBLE STUDY (SANCTUARY)</p>	<p>10:30 WALKING CLUB (TERRACE LOBBY) 10:30 ANGLICAN CHURCH SERVICE (COMMUNITY HALL) 11:00 NEWS & VIEWS (MUSIC RM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 3:00 VIRTUAL REALITY (MUSIC ROOM) 5:45 CARL BERGER (MUSIC ROOM)</p>	<p>9:30 HYMN SING (MUSIC ROOM) 10:00 PAINTING & ART DROP IN (4TH FLOOR STUDIO) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:30 AGINCOURT LIBRARY PRESENTS: APRIL SHOWERS BRING MAY FLOWERS (GARDENVIEW ROOM) 7:00 FRIDAY FELLOWSHIP: PAT SAVARD & FRIENDS SHARING (SANCTUARY)</p>	<p>10:30 TABLE SHUFFLEBOARD (GAMES AREA) 2:00 JAVA MUSIC CLUB: ALL ABOUT MOTHERS (MUSIC ROOM)</p>
12	13	14	15	16	17	18
<p>10:00 AM & 7:00 PM CHURCH SERVICE (SANCTUARY) CHANNEL 988 11:30 MOTHER'S DAY BRUNCH</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:00 MAT WEAVING (COMMUNITY HALL) 2:00 VICTORIA: "DOLL 123" EPISODE 1 OF 8 (GARDENVIEW RM) 3:30 SCRABBLE DROP-IN (2ND FLOOR LOUNGE) 5:30 DWIGHT GRANT (MUSIC RM)</p>	<p>9:00 EXERCISES WITH KERON (COMMUNITY HALL) 10:00 PET VISIT WITH BENJI (MUSIC ROOM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:30 MEN'S GROUP (2ND FLOOR LOUNGE) 6:00 STORYTELLING WITH ADELE (MUSIC ROOM)</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 1:00 HYMN SING (MUSIC ROOM) 1:30 SPIRITUAL REFLECTIONS (MUSIC ROOM) 2:00 PRESBYTERIAN CHURCH SERVICE (COMMUNITY HALL) 2:30 I-CONNECT (MUSIC ROOM) 7:00 BIBLE STUDY (SANCTUARY)</p>	<p>10:30 WALKING CLUB (TERRACE LOBBY) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:00 INTERGENERATION PROGRAM (MUSIC ROOM) 5:45 PAULA STAPLETON (MUSIC ROOM)</p>	<p>9:30 FASHION HOUSE 4U (LODGE LIBRARY) 10:00 PAINTING & ART DROP-IN (4TH FLOOR STUDIO) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:30 GERALD PRESENTS: SECRETS OF A HAPPIER LIFE (GARDENVIEW ROOM) 7:00 FRIDAY FELLOWSHIP: SOLOMON IKHUIWU - INSPIRING TRUE STORY (SANCTUARY)</p>	<p>10:30 TABLE SHUFFLEBOARD (GAMES AREA) 2:00 GAMES AFTERNOON (MUSIC ROOM)</p>
19	20	21	22	23	24	25
<p>10:00 AM & 7:00 PM CHURCH SERVICE (SANCTUARY) CHANNEL 988</p>		<p>9:00 EXERCISES WITH KERON (COMMUNITY HALL) 10:00 PET VISIT WITH BENJI (MUSIC ROOM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:00 WEST SCARBOROUGH SINGERS (COMMUNITY HALL) 5:30 DWIGHT GRANT (MUSIC ROOM)</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 10:30 UNITED CHURCH SERVICE (COMMUNITY HALL) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 1:00 HYMN SING (MUSIC ROOM) 1:30 SPIRITUAL REFLECTIONS (MUSIC ROOM) 2:30 I-CONNECT (MUSIC ROOM) 7:00 BIBLE STUDY (SANCTUARY)</p>	<p>10:30 WALKING CLUB (TERRACE LOBBY) 11:00 "HEY, GOOGLE" (MUSIC ROOM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:00 SHEPHERD VILLAGE SPORTS DAY (COMMUNITY HALL) 5:45 GERRY CHAPUT (MUSIC RM)</p>	<p>9:30 HYMN SING (MUSIC ROOM) 10:00 PAINTING & ART DROP IN (4TH FLOOR STUDIO) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:30 PUT THE DOT ON THE NUMBER (MUSIC ROOM) 7:00 FRIDAY FELLOWSHIP: ISRAEL: PAST, PRESENT & FUTURE PART 2 (SANCTUARY)</p>	<p>10:30 TABLE SHUFFLEBOARD (GAMES AREA) 2:00 FAMILY FEUD (MUSIC ROOM)</p>
26	27	28	29	30	31	
<p>10:00 AM & 7:00 PM CHURCH SERVICE (SANCTUARY) CHANNEL 988</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 2:00 MAT WEAVING (COMMUNITY HALL) 2:00 VICTORIA: "LADIES IN WAITING" EPISODE 2 OF 8 (GARDENVIEW RM) 3:30 SCRABBLE DROP-IN (2ND FLOOR LOUNGE) 5:30 DWIGHT GRANT (MUSIC RM)</p>	<p>9:00 EXERCISES WITH KERON (COMMUNITY HALL) 10:00 PET VISIT WITH BENJI (MUSIC ROOM) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:30 ENHANCE YOUR MEMORY (MUSIC ROOM) 6:00 GET YOUR GAME ON WITH FAMILY & FRIENDS (MUSIC ROOM)</p>	<p>10:00 AQUA-FIT (MANOR POOL) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EXERCISES (CHAPEL RIDGE) 1:00 HYMN SING (MUSIC ROOM) 1:30 SPIRITUAL REFLECTIONS (MUSIC ROOM) 2:30 I-CONNECT (MUSIC ROOM) 7:00 BIBLE STUDY (SANCTUARY)</p>	<p>10:30 WALKING CLUB (TERRACE LOBBY) 2:00 KNITTING CLUB DROP-IN (3RD FLOOR LOUNGE) 2:30 TRAVEL PHOTOGRAPHY WITH MARK FULLERTON (GARDENVIEW ROOM) 5:45 EMILY RAQUEL (MUSIC ROOM)</p>	<p>9:30 MARY KAY COSMETICS (LODGE LIBRARY) 10:00 ALZHEIMER SOCIETY WORKSHOP (MANOR PARTY ROOM) 10:00 PAINTING & ART DROP-IN (4TH FLOOR STUDIO) 10:00 PHYSIO-FIT (CHAPEL RIDGE) 11:00 BALANCE EX. (CHAPEL RIDGE) 2:30 BIRTHDAY PARTY WITH ADAM MISHAN (MUSIC ROOM) 7:00 FRIDAY FELLOWSHIP: VIRDO ONOFRIO/SALLY ANN (SANCTUARY)</p>	