



















# SHEPHERD TERRACE CALENDAR OF EVENTS: May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
	<p>1-1 Walking Club 1-1 Range of Motions 11:15 Pre-Lunch Devotional in the dining room 2:00 1-1 Computer Basics <i>(please sign up with Recreation staff)</i> 2:00 DAILY DEVOTIONAL channel 988/989</p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Mantel Aerobics</p> <p><i>Quiz for the day:</i> Marzipan is made using what ground nut?</p>	<p>1-1 Walking Club 1-1 Sit and Fit 12:15 Pre-Lunch Devotional in the dining room 2:00 DAILY DEVOTIONAL channel 988/989All</p> <p>Suites Stops Snack Cart <b>Hummus &amp; Pita</b></p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Indoor Gardening Units Sunrooms</p> 	<p>1-1 Walking Club 1-1 Range of Motion 2:00 Mickey The Guitar Traveler 7:00 FRIDAY FELLOWSHIP Channel 988/989</p>	<p>1-1 Morning Visits/Walks Mother's Day special Suit Stop Cart</p> 
10	11	12	13	14	15	16
<p>10:00 Church Service (channel 988/989)</p> 	<p>1-1 Walking Club 1-1 Range of Motions 11:15 Pre-Lunch Devotional in the dining room 2:00 1-1 Computer Basics <i>(please sign up with Recreation staff)</i> 2:00 DAILY DEVOTIONAL channel 988/989</p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Mantel Aerobics</p> <p><i>Quiz for the day:</i> The biblical account tells that Moses died on what mountain?</p>	<p>1-1 Walking Club 1-1 Sit and Fit 12:15 Pre-Lunch Devotional in the dining room 2:00 DAILY DEVOTIONAL channel 988/989All</p> <p>Suites Stops Snack Cart <b>Ice Cream Sandwich</b></p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Indoor Gardening Units Sunrooms</p> 	<p>1-1 Walking Club 1-1 Range of Motion 2:00 1-1 Backyard Tea Time 7:00 FRIDAY FELLOWSHIP Channel 988/989</p>	<p>1-1 Morning Visits/Walks 1-1 Table Games</p> 
17	18	19	20	21	22	23
 <p>10:00 Church Service (channel 988/989)</p>	<p>1-1 Walking Club 1-1 Range of Motions 11:15 Pre-Lunch Devotional in the dining room 2:00 1-1 Computer Basics <i>(please sign up with Recreation staff)</i> 2:00 DAILY DEVOTIONAL channel 988/989</p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Mantel Aerobics</p> <p><i>Quiz for the day:</i> What is the name of Sherlock Holmes' housekeeper?</p>	<p>1-1 Walking Club 1-1 Sit and Fit 12:15 Pre-Lunch Devotional in the dining room 2:00 DAILY DEVOTIONAL channel 988/989All</p> <p>Suites Stops Snack Cart <b>Fruit Salad</b></p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Indoor Gardening Units Sunrooms</p> 	<p>1-1 Walking Club 1-1 Range of Motion 2:00 1-1 Backyard Tea Time 7:00 FRIDAY FELLOWSHIP Channel 988/989</p>	<p>1-1 Morning visits/walks 1-1 Table Games</p> 
24	25	26	27	28	29	30
<p>10:00 Church Service (channel 988/989)</p> 	<p>1-1 Walking Club 2:00 Victoria Day Special Suite stop Cart</p>  <p>2:00 DAILY DEVOTIONAL channel 988/989</p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Mantel Aerobics</p> <p><i>Quiz for the day:</i> The French city of La Rochelle lies on which body of water?</p>	<p>1-1 Walking Club 1-1 Sit and Fit 12:15 Pre-Lunch Devotional in the dining room 2:00 DAILY DEVOTIONAL channel 988/989All</p> <p>Suites Stops Snack Cart <b>Parfait</b></p>	<p>1-1 Walking Club 1-1 Stretch and Tone 2:00 1-1 Indoor Gardening Units Sunrooms</p> 	<p>1-1 Walking Club 1-1 Range of Motion 2:00 Mickey the Guitar Traveler 7:00 FRIDAY FELLOWSHIP Channel 988/989</p>	<p>1-1-Morning visits/walks 1-1 Table Games</p> 
31						31
<p>10:00 Church Service (channel 988/989)</p> 	<p>1-1 Walking Club 1-1 Range of Motions 11:15 Pre-Lunch Devotional in the dining room 2:00 1-1 Computer Basics <i>(please sign up with Recreation staff)</i> 2:00 DAILY DEVOTIONAL channel 988/989</p>		<p style="text-align: center;"><b>Queen Victoria Day</b></p> <p style="font-size: small;">It is celebrated on 24 May, the birthday of Queen Victoria (1837-1901). They celebrate it because Canada is a part of the Commonwealth of Nations, and the British monarch is the head of the Commonwealth. The British celebrate Queen Elizabeth's birthday and Canadians - Victoria's. Concerts, fireworks, show programmes are usually held on that day.</p> 			<p style="color: green; text-align: center;"><b>FRIENDLY VISITS TAKING PLACE DAILY ON ALL FLOORS</b></p> <p style="color: red; text-align: center;"><b>PLEASE NOTE: ALL PRORAMS ARE SUBJECT TO CHANGE</b></p>