

## Our values are unique

One of the many things that makes Shepherd Village stand out is that we are a not-for-profit Christian-based organization. This means our mission is about people, not profits.

We are confident of the value we offer and have provided a checklist below to compare with the other retirement residences you may be researching.

Shepherd Village Terrace	Assisted living	Retirement living
Meals	3/day Included	3/day Included
Tea, coffee and snacks	Included	Included
Computer lounge with Internet access	Included	Included
WIFI	Included	Included
Parking	Included	Included
Heating/AC	Included	Included
Housekeeping	Included	Included
Bed Linens & Towels/ Single Only	Weekly	Weekly
Laundry of linens & towels	Weekly	Weekly
Toiletries	Weekly	Weekly
Personal Laundry	Weekly	Pay/use option
Medication management	Pay/use option	Pay/use option
Membership to onsite Health and Fitness Centre	Included	Included



## Services that adapt to you

One of the most valued aspects of Shepherd Village is our continuum of care, meaning the accommodations and services we provide are designed to meet the different degrees of support you need, when you need it.

Depending on your health and physical needs, you have the option of living fully independently, choosing to have some help with everyday household tasks such as laundry or choosing to receive more support day-to-day, with things such as managing your medication.

Because Shepherd Village supports fully independent to full-care lifestyles, residents are often able to transfer accommodations without moving away from family, friends and the community.

