









January 2024

4th Floor Shepherd Lodge



ANDREA
RECREATION ASSISTANT
416-609-5700 EXT. 258
ALL PROGRAMS ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00 HYMNS & BIBLE READING - With 5th. FLOOR (PL) 1	10:45 CUBII EXERCISE (RSR) 2 2:00 STRIKE ZONE (PL) 3:30 RECREATION STAFF MEETING	10:00 WALK FIT (PL) 3 10:30 STRIKE ZONE (PL) 2:00 MENS CLUB - GAMES (ADN) 3:15 DOMINOES (ADN)	10:00 WALK FIT (PL) 4 10:30 BEDSIDE STORIES/GAMES (RSR) 2:00 COVER THE DOT (DRN) 3:30 TRIVIA (DRN)	STAFF OFF (PL) 5 10:00 MORNING PUZZLES WITH CHRISTINA (ADN) 10:30 ART THERAPY - WITH ERICA (ADN) 3:30 SPIRITUAL LIFE HYMN SING (PL) 6:00 FRIDAY NIGHT SOCIAL - 7th RHA (PL)	ANDREA OFF 6 10:00 WORDS GAMES WITH CHRISTINA (ADN) 2:00 1-1 PROGRAMMING (VARI)
ANDREA OFF 7 10:00 CHURCH SERVICE (TLS) 3:15 BIBLE TRIVIA (PL)	9:30 SELF-DIRECTED ACTIVITIES (VARI) 8 2:00 DRUM FIT (VARI) 3:30 QWIRKLE GAME - 7th FLOOR (ADN) 6:00 HYMNS & BIBLE READING - with 6th RHA (PL)	9:30 STAFF AT CARE CONFERENCE (ADS) 9 10:00 WALK FIT (TLS) 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 RESIDENT'S COUNCIL - 6TH FLOOR (ADN) 3:30 RECREATION STAFF MEETING	10:00 CLASSIC COOKIE BAKE (DRN) 10 2:00 MENS CLUB - COFFEE HOUR (ADN) 3:15 DOMINOES (ADN) 	10:00 WALK FIT (PL) 11 10:30 BEDSIDE STORIES/GAMES (RSR) 2:00 COVER THE DOT (DRN) 3:30 TRIVIA (DRN) 6:00 GAMES & MORE WITH ROXCENE (PL)	STAFF OFF (PL) 12 10:00 MORNING PUZZLES WITH CHRISTINA (ADN) 10:30 ART THERAPY - WITH ERICA (ADN) 3:30 SPIRITUAL LIFE HYMN SING (PL) 6:00 FRIDAY NIGHT SOCIAL - 4th RHA (PL)	9:30 CUBII EXERCISES ON 7TH FLOOR (PL) 13 10:00 CUBII EXERCISE (PL) 2:00 ENTERTAINER - RHA -3,6,7 (VARI)
9:00 GOSPEL MUSIC LISTENING (RSR) 14 10:00 CHURCH SERVICE (CH) 1:30 HYMN SING - 7th FLOOR (PL) 2:00 HYMN SINGING (TLS)	9:30 SELF-DIRECTED ACTIVITIES (VARI) 15 2:00 BOWLING (CH) 3:30 QWIRKLE GAME - 7th FLOOR (ADN) 6:00 HYMNS & BIBLE READING - with 5th RHA (PL) 	10:00 WALK FIT (TLS) 16 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 NEW YEAR'S PARTY (CH) 3:30 RECREATION STAFF MEETING 6:00 COMMUNITY GAMES (CH)	10:00 WALK FIT (PL) 17 10:30 STRIKE ZONE (PL) 2:00 MENS CLUB - GAMES (ADN) 3:15 DOMINOES (ADN)	10:00 WALK FIT (PL) 18 10:30 PET THERAPY (PL) 2:00 COVER THE DOT (DRN) 3:30 TRIVIA (DRN) 6:00 GAMES & MORE WITH ROXCENE (PL) 	STAFF OFF (PL) 19 10:00 MORNING PUZZLES WITH CHRISTINA (ADN) 10:30 ART THERAPY - WITH ERICA (ADN) 3:30 SPIRITUAL LIFE HYMN SING (PL) 6:00 FRIDAY NIGHT SOCIAL - 5th RHA (PL)	ANDREA OFF 20 10:00 WORDS GAMES WITH CHRISTINA (ADN) 2:00 SPIRITUAL LIFE REFLECTIONS (CH)
ANDREA OFF 21 10:00 CHURCH SERVICE (TLS) 3:15 BIBLE TRIVIA (PL)	ACTIVITY PROFESSIONAL WEEK (CH) 22 9:30 SELF-DIRECTED ACTIVITIES (VARI) 2:00 DRUM FIT - STAFF ONLY (VARI) 3:30 QWIRKLE GAME - 7th FLOOR (ADN) 6:00 HYMNS & BIBLE READING - with 4th RHA (PL)	ACTIVITY PROFESSIONAL WEEK (VARI) 23 10:00 SCAVENGER HUNT (VARI) 12:30 RECREATION STAFF MEETING 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 READING CIRCLE (ADN) 3:30 RECREATION STAFF MEETING	10:00 WALK FIT (PL) 24 2:00 MENS CLUB - COFFEE HOUR (ADN) 2:00 RECREATION EDUCATION DAY (Lib) 3:15 DOMINOES (ADN) 6:00 PRICE IS RIGHT - WITH ROXCENE (PL)	ACTIVITY PROFESSIONAL WEEK (VARI) 25 10:30 BOWLING (CH) 2:00 HOT CHOCOLATE TREAT - CART (VARI) 3:30 TRIVIA (DRN) 6:00 GAMES & MORE WITH ROXCENE (PL)	ACTIVITY PROFESSIONAL WEEK (VARI) 26 STAFF OFF (PL) 10:00 MORNING PUZZLES WITH CHRISTINA (ADN) 10:30 ART THERAPY - WITH ERICA (ADN) 3:30 SPIRITUAL LIFE HYMN SING (PL) 6:00 FRIDAY NIGHT SOCIAL - 6th RHA (PL)	ACTIVITY PROFESSIONAL WEEK (VARI) 27 9:30 CUBII EXERCISES ON 7TH FLOOR (PL) 10:00 CUBII EXERCISE (PL) 2:00 ENTERTAINER - RHA 2,4,5 (VARI)
9:00 GOSPEL MUSIC LISTENING (RSR) 28 10:00 CHURCH SERVICE (CH) 1:30 HYMN SING - 7th FLOOR (PL) 2:00 HYMN SINGING (TLS)	9:30 SELF-DIRECTED ACTIVITIES (VARI) 29 2:00 BOWLING (CH) 3:30 QWIRKLE GAME - 7th FLOOR (ADN) 6:00 HYMNS & BIBLE READING - with 7th RHA (PL) 	10:00 WALK FIT (TLS) 30 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 STRIKE ZONE (PL) 3:30 RECREATION STAFF MEETING	10:00 WALK FIT (PL) 31 10:30 STRIKE ZONE (PL) 2:00 MENS CLUB - GAMES (ADN) 3:15 DOMINOES (ADN)		Locations Legend Piano Lounge (PL) Activity Den North (ADN) Varied (VARI) Community Hall (CH) Dining Room North (DRN) TV Lounge South (TLS) Resident's room (RSR) Activity Den South (ADS) Library (Lib)	