



January 2024
7th Floor Recreation

Christina
7th Floor Recreation Assistant
416 609 5700 Ext. 235
All Programs Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Happy New Year!	Christina Off 10:00 Game shows in the morning (TLS) 3:30 Carsds with Roxcene (PL) 1	12:30 Mindful Music (TLS) 1:00 1-1 Calendar Distribution (RSR) 2:15 Numbered Bean Bag Toss (PL) 3:15 Spelling Bee Competition (PL) 3:30 Rec Staff Meeting 2	10:00 Daily Friendly Visits (RSR) 10:00 Shuffleboard in the Moring (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:15 Brain Games (PL) 3	10:00 Daily Friendly Visits (VARI) 10:00 Tea/Coffee and the news (ADN) 10:45 Word Games in the Morning (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL) 4	10:00 Morning Puzzles on 4th floor (ADN) 10:45 Chair Exercise (PL) 12:30 Mindful Music (TLS) 2:15 Who Wants to be a Millionaire Game (PL) 3:30 Dominoes (PL) 6:00 Enid's Evening Social (PL) 5	10:00 Self Directed Activities All Day (VARI) 10:00 Word games on 4th flr. 10:45 Morning Exercises (PL) 2:00 1:1 Programming on 4th Floor (PL) 3:15 Family Feud (PL) 6
10:00 Spiritual Life Church Service (CH) 10:00 Self Directed Activities All Day (VARI) 2:15 Sunday Social (PL) 3:00 Movie Afternoon (TLS) 3:15 1:1 Programming on 4th floor (RSR) 7	Christina Off 10:00 Game shows in the morning (TLS) 2:00 Drumfit (CH) 6:00 4th Floor Hymns and Cultural songs (PL) 8	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 1:15 Board Games (PL) 2:00 Resident's Council (VARI) 3:30 Rec Staff Meeting 9	10:00 Daily Friendly Visits (RSR) 10:00 Shuffleboard in the Moring (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:15 Brain Games (PL) 6:00 Jeopardy Game (PL) 6:00 Quiddler Club on 5th Floor (ADN) 10	10:00 Daily Friendly Visits (VARI) 10:00 Pet Therapy (PL) 10:45 Chair Excercise (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL) 11	10:00 Morning Puzzles on 4th floor (ADN) 10:45 Chair Exercise (PL) 12:30 Mindful Music (TLS) 2:15 The Price is Right Game (PL) 3:30 Dominoes (PL) 6:00 Enid's Evening Social (PL) 12	Christina Off 9:30 CUBII EXERCISES ON 7TH FLOOR (PL) 2:00 Afternoon Entertainer (RHA 7,6,3) (PL) 13
Christina Off 10:00 Spiritual Life Church Service (SOT) 1:30 Hymn Sing (TLS) 14	Christina Off 10:00 Game shows in the morning (TLS) 2:00 Bowling (CH) 6:00 4th Floor Hymns and Cultural songs (PL) 15	12:30 Mindful Music (TLS) 1:00 Board Games (PL) 1:15 Mens Fellowship Hour (ADN) 2:00 New Years Party Celebration (CH) 3:30 Rec Staff Meeting 6:00 Community Games (CH) 16	10:00 Daily Friendly Visits (RSR) 10:00 Shuffleboard in the Moring (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:15 Brain Games (PL) 6:00 Quiddler Club on 5th Floor (ADN) 17	10:00 Daily Friendly Visits (VARI) 10:00 Tea/Coffee and the news (ADN) 10:45 Word Games in the Morning (PL) 12:30 Mindful Music (TLS) 2:00 Spiritual Life Reflection (ADN) 3:30 Card Games (PL) 18	10:00 Morning Puzzles on 4th floor (ADN) 10:45 Chair Exercise (PL) 12:30 Mindful Music (TLS) 2:15 Afternoon at the Ballet (PL) 3:30 Dominoes (PL) 6:00 Enid's Evening Social (PL) 19	10:00 Self Directed Activities All Day (VARI) 10:00 Word games on 4th flr. 10:45 Morning Exercises (PL) 2:00 Spiritual Reflection (CH) 20
10:00 Spiritual Life Church Service (CH) 10:00 Self Directed Activities All Day (VARI) 2:15 Sunday Social (PL) 3:00 Movie Afternoon (TLS) 21	Christina Off 10:00 Game shows in the morning (TLS) 2:00 Drumfit (CH) 6:00 4th Floor Hymns and Cultural songs (PL) 22	12:30 Mindful Music (TLS) 12:30 Rec Staff Yearly Lunch outing 1:15 Mens Fellowship Hour (ADN) 3:30 Board Games (PL) 6:00 EVening Program (PL) 23	12:30 Mindful Music (TLS) 1:00 Christina On Vacation 2:15 Bingo (PL) 3:15 Brain Games (PL) 6:00 Quiddler Club on 5th Floor (ADN) 24	12:00 Christina On Vacation 10:30 Bowling (CH) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 2:00 Hot Chocolate Train (RSR) 25	12:00 Christina On Vacation 12:30 Mindful Music (TLS) 3:30 Dominoes (PL) 6:00 Enid's Evening Social (PL) 26	Christina Off 9:30 CUBII EXERCISES ON 7TH FLOOR (PL) 2:00 Afternoon Entertainer (RHA 2,4,5) (PL) 27
Christina Off 10:00 Spiritual Life Church Service (SOT) 1:30 Hymn Sing (TLS) 28	Christina Off 10:00 Game shows in the morning (TLS) 6:00 4th Floor Hymns and Cultural songs (PL) 29	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 1:15 Board Games (PL) 2:00 Resident Nursing Meeting (PL) 3:30 Rec Staff Meeting 6:00 Men's Night Social (ADN) 30	10:00 Daily Friendly Visits (RSR) 10:00 Shuffleboard in the Moring (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:15 Brain Games (PL) 6:00 Quiddler Club on 5th Floor (ADN) 31		<u>Locations Legend</u> Piano Lounge (PL) TV Lounge South (TLS) Activity Den North (ADN) Community Hall (CH) Varied (VARI) Resident's room (RSR) Sanctuary/ On TV (SOT)	