

March 2024

7th Recreation

Christina
7th Recreation Assistant
416 609 5700 Ext 235
All Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO	ich!				10:00 Cubii Exercises with Andrea (PL) 2:00 Spelling Bee with Andrea (PL) 5:45 Enid's Evening Social 7th RHA (PL)	10:00 Word games on 4th flr. 10:45 Morning Exercises (PL) 12:30 Mindful Music (TLS) 2:15 Family Feud Game (PL) 3:15 Family Feud on 4th RHA (PL)
10:00 Spiritual Life Church Service (CH) 12:30 Mindful Music (TLS) 2:15 Sunday Tea and Bible Trivia (PL) 3:00 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	Game Shows in the 4 Morning 10:00 Cubii Exercise with Andrea (PL) 2:00 Drumfit (CH)	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 2:15 Board Games (PL) 3:30 Brain Games (PL) 6:00 Community Games (NAD)	10:00 Tea/Coffee and the News (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:00 Recreation Activity Plan Meeting with Resident (ADN) 3:00 Recreation Staff Meeting 6:00 Quiddler Club on 5th Floor (ADN) 6:00 4th Floor Hymns and Cultural songs (PL)	10:00 Daily Friendly Visits (VARI) 10:00 Shuffleboard in the Moring (ADN) 10:45 Chair Excercise (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI) 10:30 Bible Trivia with Spiritual Life (CH) 2:15 Bean Bag Number Toss (PL) 3:30 Dominoes (ADN) 6:00 Enid's Evening Social - Sing along 5th RHA (PL)	10:00 Cubii Exercises with Andrea (PL) 3:00 Movie Afternoon (TVNS) 3:00 Musical Entertainment (PL)
10:00 Spiritual Life Church Service (SOT) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing with Andrea (PL)	10:00 Morning Puzzles on 4th floor (ADN) 10:45 Chair Exercise (PL) 2:00 Bowling (CH) 3:15 Recreation Staff Meeting 3:30 Dominoes (PL)	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 2:00 Resident's Council (VARI) 3:30 Brain Games (PL) 6:00 Men's Night Social (ADN)	10:00 Tea/Coffee and the news (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:30 Brain Games (PL) 6:00 Quiddler Club on 5th Floor (ADN) 6:00 4th Floor Hymns and Cultural songs (PL)	10:00 Daily Friendly Visits (VARI) 10:00 Shuffleboard in the Moring (ADN) 10:45 Word Games in the Morning (PL) 12:30 Mindful Music (TLS) 2:00 Senior Flicks Oscars (CH) 3:30 Card Games (PL)	Game Shows in the Morning 10:00 Cubii Exercises with Andrea (PL) 2:00 Great Hymns and Gospel Favourites (CH) 5:45 Enid's Evening Social - 6th RHA (PL)	10:30 St Patrick's Day Party (CH) 12:30 Mindful Music (TLS) 2:00 Spiritual Life Reflections (CH) Happy St. Patrick's Day
10:00 Spiritual Life Church Service (CH) 12:30 Mindful Music (TLS) 2:00 Shamrock Shake Train (VARI) 3:00 Movie Afternoon (TLS)	Game Shows in the Morning 10:00 Cubii Exercise with Andrea (PL) 2:00 Student Masquerade (CH)	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 2:15 Board Games (PL) 3:30 Brain Games (PL) 6:00 Community Games (NAD)	10:00 Recreation Staff Meeting 10:00 Tea/Coffee and the news (ADN) 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:15 Bingo (PL) 3:30 Brain Games (PL)	9:30 Rec Staff in Care Conference 10:00 Daily Friendly Visits (VARI) 10:45 Chair Excercise (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL) 6:00 Trivia (PL)	10:00 Self-Directed Activities throughout the day (VARI) 2:00 The Bible in Art (CH) 3:30 Dominoes (ADN) 6:00 Enid's Evening Social - Sing Along 4th RHA (PL)	10:00 Cubii Exercises with Andrea (PL) 2:00 Joyous Hymns Performance (CH) 3:00 Movie Afternoon (TVNS)
10:00 Spiritual Life Church Service (SOT) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing with Andrea (PL)	10:00 Morning Puzzles on 4th 25 floor (ADN) 10:45 Chair Exercise (PL) 2:00 Bowling (CH) 3:30 Dominoes (PL)	12:30 Mindful Music (TLS) 1:15 Mens Fellowship Hour (ADN) 1:30 Easter Craft (PL) 3:00 Brain Games (PL) 3:30 Recreation Staff Meeting 6:00 Community Games - Easter Themed (NAD)	10:00 Tea/Coffee and the news (ADN) 27 10:45 Fun with Fitness (PL) 12:30 Mindful Music (TLS) 2:30 Celebrating the Birthdays of March (DRN) 6:00 Quiddler Club on 5th Floor (ADN) 6:00 4th Floor Hymns and Cultural songs (PL)	10:00 Pet Therapy (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:00 Easter Photo Booth (Lib) 3:30 Card Games (PL)	10:00 Good Friday Service (CH) 2:00 Spelling Bee with Andrea (PL)	Gameshows in the Morning 12:30 Mindful Music (TLS) 2:00 Movie Afternoon (TVNS)

10:00 Spiritual Life Church Service (CH) 12:30 Mindful Music (TLS) 2:00 Movie Afternoon (TVNS)

Piano Lounge (PL)
TV Lounge South (TLS)
Activity Den North (ADN)
Community Hall (CH)

Varied (VARI)
Tv lounge North & South (TVNS)
7th Floor (NAD)
Sanctuary/ On TV (SOT)

Locations Legend

Dining Room North (DRN) Library (Lib)