








April 2024

4th Floor Shepherd Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 10:00 CUBII EXERCISE 7RHA (PL) 10:30 BALLOON GAME & FITNESS (PL) 2:00 EASTER CONCERT WITH BUNNY (CH) 4:30 TIM JANIS REFLECTIONS (PL)	2 9:30 STAFF AT CARE CONFERENCE (ADS) 10:00 WALK FIT (TLS) 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 READING CIRCLE (ADN) 2:00 PUZZLE QUEST (ADN) 6:00 COMMUNITY GAMES (CH)	3 2:00 MENS CLUB - COFFEE HOUR (ADN) 3:30 RECREATION STAFF MEETING 3:30 TRAVEL DOCUMENTARY (PL) 6:00 HYMNS & BIBLE READING WITH 7RHA (PL)	4 10:00 FUN & FITNESS (PL) 10:30 SING-A-LONG SONGS (RSR) 2:00 COVER THE DOT (DRN) 3:30 REST & RELAXATION GROUP (PL)	5 10:00 EXERCISES WITH CHRISTINA (PL) 3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL) 6:00 SOCIAL WITH WAYNE - 7th (PL)	6 9:30 VIRTUAL CALL/WEBEX (RECO) 9:30 MINDFULL MUSIC (PL) 10:30 CUBII EXERCISE (PL) 3:00 AFTERNOON CONCERT - 7th RHA (PL) 	
7 9:00 GOSPEL MUSIC LISTENING (RSR) 9:30 MINDFULL MUSIC (PL) 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (PL) 2:00 HYMN SING - 7th FLOOR (PL) 3:00 HYMN SINGING (TLS)	8 9:30 SELF-DIRECTED ACTIVITIES (VARI) 2:00 DRUM FIT (CH) 3:30 TRAVEL DOCUMENTARY (PL)	9 9:30 STAFF AT CARE CONFERENCE (SD) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 RESIDENT'S COUNCIL - 4TH FLOOR (PL) 6:00 MEN'S NIGHT - 7 RHA (ND)	10 10:00 PUZZLES AND TABLETOP GAMES WITH CHRISTINA (ADN) 2:00 MILESTONE EVENT (CH) 3:30 RECREATION STAFF MEETING 3:30 TRAVEL DOCUMENTARY (PL)	11 10:00 FUN & FITNESS (PL) 10:30 PET THERAPY (PL) 2:00 TRAVELOGUE (PL) 3:30 MONTESSORI ACTIVITY (VARI) 6:00 ACTIVE GAMES (PL)	12 10:00 CUBII EXERCISES - 7 RHA (PL) 10:30 CUBII EXERCISES (PL) 2:00 SPELLING BEE (PL) 3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL) 6:00 SOCIAL WITH WAYNE - 7th (PL)	13 9:30 MINDFULL MUSIC (PL) 10:00 WORDS GAMES WITH CHRISTINA (ADN) 2:00 AFTERNOON CONCERT (PL) 	
14 9:30 MINDFULL MUSIC (PL) 10:00 CHURCH SERVICE (TLS) 10:00 VIRTUAL CHURCH SERVICE (PL) 3:15 BIBLE TRIVIA (PL)	15 10:00 CUBII EXERCISE 7RHA (PL) 10:30 BALLOON GAME & FITNESS (PL) 2:00 SPRING CONCERT - WITH GRACE & PAULE (VARI) 4:30 TIM JANIS REFLECTIONS (PL)	16 10:00 WALK FIT (TLS) 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 READING CIRCLE (ADN) 3:30 STAFF MEETING (Conf) 6:00 COMMUNITY GAMES (CH)	17 12:00 VOLUNTEER APPRECIATION EVENT (CH) 3:30 RECREATION STAFF MEETING 3:30 TRAVEL DOCUMENTARY (PL) 6:00 HYMNS & BIBLE READING WITH 7RHA (PL)	18 10:00 STAFF MEETING (SL) 10:00 BEAUTIFUL ENGLISH GARDENS (PL) 2:00 SPRING CONCERT - WITH BRUCE (CH) 3:30 REST & RELAXATION GROUP (PL)	19 10:00 EXERCISES WITH CHRISTINA (PL) 3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL) 6:00 SOCIAL WITH WAYNE - 7th (PL)	20 9:30 VIRTUAL CALL/WEBEX (RECO) 9:30 MINDFULL MUSIC (PL) 10:30 CUBII EXERCISE (PL) 2:00 SPIRITUAL LIFE REFLECTIONS (CH) 3:30 TREAT CART VISITS (RSR)	
21 9:00 GOSPEL MUSIC LISTENING (RSR) 9:30 MINDFULL MUSIC (PL) 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (PL) 2:00 CHOCOLATE CHIP TRAIN (VARI)	22 9:30 SELF-DIRECTED ACTIVITIES (VARI) 10:00 MORNING PUZZLES WITH CHRISTINA (ADN) 2:00 DRUM FIT (CH) 3:30 TRAVEL DOCUMENTARY (PL) 	23 10:00 WALK FIT (TLS) 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 PUZZLE QUEST (ADN) 2:00 CIRCLE OF CARE MEETING - 7RHA (ADN)	24 10:30 STRIKE ZONE (PL) 2:00 MENS CLUB - GAMES (ADN) 3:30 RECREATION STAFF MEETING 3:30 TRAVEL DOCUMENTARY (PL) 6:00 HYMNS & BIBLE READING WITH 7RHA (PL)	25 10:00 FUN & FITNESS (PL) 10:30 SING-A-LONG SONGS (RSR) 2:00 COVER THE DOT (DRN) 3:30 MONTESSORI ACTIVITY (VARI)	26 10:00 CUBII EXERCISES - 7 RHA (PL) 10:30 CUBII EXERCISES (PL) 2:00 BIRTHDAY PARTY (DRS) 3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL) 6:00 SOCIAL WITH WAYNE 7th (PL) 	27 9:30 MINDFULL MUSIC (PL) 10:00 WORDS GAMES WITH CHRISTINA (ADN) 2:00 AFTERNOON CONCERT - 7RHA (PL) 	
28 9:30 MINDFULL MUSIC (PL) 10:00 CHURCH SERVICE (TLS) 10:00 VIRTUAL CHURCH SERVICE (PL) 3:15 BIBLE TRIVIA (PL)	29 10:00 GREEN THUMB GARDENING (ADN) 10:00 CUBII EXERCISE 7RHA (PL) 10:30 BALLOON GAME & FITNESS (PL) 2:00 HOCKEY HIGHLIGHTS/TRIVIA (PL) 4:30 TIM JANIS REFLECTIONS (PL)	30 10:00 WALK FIT (TLS) 10:45 CUBII EXERCISE (PL) 1:15 MEN'S FELLOWSHIP - 7th FLOOR (ADN) 2:00 PUZZLE QUEST (ADN) 6:00 COMMUNITY GAMES (CH) 	Locations Legend Piano Lounge (PL) Activity Den North (ADN) Community Hall (CH) TV Lounge South (TLS) Varied (VARI) Resident's room (RSR) Dining Room North (DRN)			RECREATION OFFICE (RECO) Activity Den South (ADS) South Den (SD) North Den (ND) Conference Room (Conf) SL Training Room (SL) Dining Room South (DRS)	