









May 2024

4th. Floor Shepherd Lodge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MOTHER'S AROUND THE WORLD						
			<p>9:00 CALENDAR DISTRIBUTION (VARI) 1</p> <p>10:00 COUNTRY COOKING - AZERBAIJAN (PL)</p> <p>1:30 STAFF YEARLY PLANNING MTG</p> <p>3:30 TRAVEL DOCUMENTARY (PL)</p>	<p>10:00 FUN & FITNESS (PL) 2</p> <p>10:30 PET THERAPY (PL)</p> <p>10:30 SING-A-LONG SONGS (RSR)</p> <p>2:00 COVER THE DOT (DRN)</p> <p>3:30 REST & RELAXATION GROUP (PL)</p>	<p>10:00 TABLETOP GAMES WITH CHRISTINA (ADN) 3</p> <p>2:00 FRIDAY FELLOWSHIP - ANOINTED PAN MINISTRY (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL)</p> <p>6:00 SOCIAL WITH WAYNE - 7th (PL)</p>	<p>9:30 VIRTUAL CALL/WEBEX (RECO) 4</p> <p>9:30 MINDFULL MUSIC (PL)</p> <p>10:30 CUBII EXERCISE (PL)</p>
<p>9:00 GOSPEL MUSIC LISTENING (RSR) 5</p> <p>9:30 MINDFULL MUSIC (PL)</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>10:00 VIRTUAL CHURCH SERVICE (PL)</p> <p>2:00 HYMN SING - 7th FLOOR (PL)</p> <p>3:00 HYMN SINGING (TLS)</p>	<p>9:30 SELF-DIRECTED ACTIVITIES (VARI) 6</p> <p>11:15 WORD GAMES WITH CHRISTINA (PL)</p> <p>2:30 MOTHER'S DAY TEA (CH)</p> <p>3:30 TRAVEL DOCUMENTARY</p> 	<p>10:00 WALK FIT (TLS) 7</p> <p>10:45 CUBII EXERCISE (PL)</p> <p>2:00 PUZZLE QUEST (ADN)</p> <p>2:00 FOOD COMMITTEE MEETING - 7th RHA (ADN)</p>	<p>10:30 THE HISTORY OF TEA - LYNN HARRIS (CH) 8</p> <p>2:00 OUTDOOR EVENT - WEATHER PERMITTING (COUR)</p> <p>3:30 RECREATION STAFF MEETING</p> <p>3:30 TRAVEL DOCUMENTARY (PL)</p>	<p>WELLNESS FAIR - ALL DAY (CH) 9</p> <p>10:00 FUN & FITNESS (PL)</p> <p>1:30 WELLNESS DEMO (CH)</p> <p>3:15 JAVA MUSIC CLUB - MOTHERS AROUND THE WORLD (ND)</p> 	<p>10:00 CUBII EXERCISES - 7 RHA (PL) 10</p> <p>10:30 BIBLE TRIVIA (CH)</p> <p>2:00 FRIDAY FELLOWSHIP - CHAMPIONS OF FAITH (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL)</p> <p>6:00 SOCIAL WITH WAYNE - 7th (PL)</p>	<p>9:30 MINDFULL MUSIC (PL) 11</p> <p>2:00 MOTHER'S DAY CONCERT (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS (PL)</p> 
<p>9:30 MINDFULL MUSIC (PL) 12</p> <p>10:00 CHURCH SERVICE (TLS)</p> <p>10:00 VIRTUAL CHURCH SERVICE (PL)</p> <p>2:00 FLOWER TRAIN - MOTHER'S DAY (VARI)</p> 	<p>10:00 CUBII EXERCISE 7RHA (PL) 13</p> <p>10:30 BALLOON GAME & FITNESS (PL)</p> <p>2:00 DRUM FIT (VARI)</p> <p>4:30 TIM JANIS REFLECTIONS (PL)</p>	<p>10:00 WALK FIT (TLS) 14</p> <p>10:45 CUBII EXERCISE (PL)</p> <p>2:00 READING CIRCLE (ADN)</p> <p>2:00 PUZZLE QUEST (ADN)</p> <p>2:00 RESIDENT'S COUNCIL - 7th RHA (PL)</p> <p>6:00 MEN'S NIGHT SOCIAL (CH)</p>	<p>9:00 RECREATION OFFICE CLEANING (RECO) 15</p> <p>2:00 OUTDOOR EVENT (COUR)</p> <p>3:30 RECREATION STAFF MEETING</p> <p>3:30 TRAVEL DOCUMENTARY (PL)</p>	<p>10:00 FUN & FITNESS (PL) 16</p> <p>10:30 SING-A-LONG SONGS (RSR)</p> <p>2:00 COVER THE DOT (DRN)</p> <p>3:30 REST & RELAXATION GROUP (PL)</p>	<p>10:00 TABLETOP GAMES WITH CHRISTINA (ADN) 17</p> <p>2:00 FRIDAY FELLOWSHIP - ST. MICHAEL'S BOYS CHOIR (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL)</p> <p>6:00 SOCIAL WITH WAYNE - 7th (PL)</p>	<p>9:30 VIRTUAL CALL/WEBEX (RECO) 18</p> <p>9:30 MINDFULL MUSIC (PL)</p> <p>10:30 CUBII EXERCISE (PL)</p> <p>2:00 SPIRITUAL REFLECTIONS (CH)</p>
<p>9:00 GOSPEL MUSIC LISTENING (RSR) 19</p> <p>9:30 MINDFULL MUSIC (PL)</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>10:00 VIRTUAL CHURCH SERVICE (PL)</p> <p>2:00 HYMN SING - 7th FLOOR (PL)</p> <p>3:00 HYMN SINGING (TLS)</p>	<p>9:30 SELF-DIRECTED ACTIVITIES (VARI) 20</p> <p>11:15 WORD GAMES WITH CHRISTINA (PL)</p> <p>2:00 VICTORIA DAY TRAIN (VARI)</p> 	<p>10:00 WALK FIT (TLS) 21</p> <p>10:45 CUBII EXERCISE (PL)</p> <p>1:15 MEN'S FELLOWSHIP (ADN)</p> <p>2:00 HOCKEY HIGHLIGHTS (ADN)</p>	<p>9:00 HOCKEY HALL OF FAME OUTING (Out) 22</p> <p>2:00 OUTDOOR EVENT (ADN)</p> <p>3:30 RECREATION STAFF MEETING</p> <p>3:30 TRAVEL DOCUMENTARY (PL)</p>	<p>10:00 FUN & FITNESS (PL) 23</p> <p>10:30 PET THERAPY (PL)</p> <p>2:00 COVER THE DOT (DRN)</p> <p>3:30 MONTESSORI ACTIVITY (VARI)</p>	<p>10:00 CUBII EXERCISES - 7 RHA (PL) 24</p> <p>10:30 CUBII EXERCISES (PL)</p> <p>2:00 SPELLING BEE (PL)</p> <p>2:00 FRIDAY FELLOWSHIP - SENIOR FLICKS (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL)</p> <p>6:00 SOCIAL WITH WAYNE - 7th (PL)</p>	<p>9:30 MINDFULL MUSIC (PL) 25</p> <p>2:00 AFTERNOON CONCERT (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS (PL)</p>
<p>9:30 MINDFULL MUSIC (PL) 26</p> <p>10:00 CHURCH SERVICE (TLS)</p> <p>10:00 VIRTUAL CHURCH SERVICE (PL)</p>	<p>10:00 CUBII EXERCISE 7RHA (PL) 27</p> <p>10:30 BALLOON GAME & FITNESS (PL)</p> <p>2:00 DRUM FIT (VARI)</p> <p>4:30 TIM JANIS REFLECTIONS (PL)</p>	<p>10:00 WALK FIT (TLS) 28</p> <p>10:45 CUBII EXERCISE (PL)</p> <p>1:15 MEN'S FELLOWSHIP (ADN)</p> <p>2:00 PUZZLE QUEST (ADN)</p> <p>2:00 GARDENING - PLANTING FLOWERS (BALC)</p> <p>6:00 MEN'S NIGHT SOCIAL (CH)</p>	<p>10:30 OUTDOOR CONCERT - FILIPA SOUSA (COUR) 29</p> <p>2:00 OUTDOOR EVENT (COUR)</p> <p>3:30 RECREATION STAFF MEETING</p> <p>3:30 TRAVEL DOCUMENTARY (PL)</p>	<p>10:00 FUN & FITNESS (PL) 30</p> <p>10:30 SING-A-LONG SONGS (RSR)</p> <p>2:00 COVER THE DOT (DRN)</p> <p>3:30 REST & RELAXATION GROUP (PL)</p>	<p>10:00 TABLETOP GAMES WITH CHRISTINA (ADN) 31</p> <p>2:00 FRIDAY FELLOWSHIP - NORTH TORONTO CHRISTIAN CONCERT (CH)</p> <p>3:30 BEAUTIFUL DESTINATIONS - TRAVELOGUE (PL)</p> <p>6:00 SOCIAL WITH WAYNE - 7th (PL)</p>	