







September 2024

Shepherd Village Terrace

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR)</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 11:00 Word Game (MR) 2:00 Labour Day Celebration on the Patio/ Music, Ice-cream, Drinks & Games (MR) 6:00 Game Night with Ludelle (GR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 11:00 Brain Fitness- Trivia (MR) 2:00 BINGO! (MR) 3:30 Manicure 1:1 (MR) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 Education Hour/ Fall Prevention (MR) 3:30 Documentary/ Budapest: The Best of Hungary (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Current Events Discussion/Trivia (MR) 2:00 We gather together to ask the Lord's blessing (MR) 3:30 Outdoor Patio (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Shannon Graham / Singer/ Saxophone (MR) 3:30 Outdoor Patio & Music 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 11:00 Brain Fitness- Word Game (MR) 1:30 CURLING (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR)</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 3:30 Cirque de Solei Show (MR) 6:00 Game Night with Ludelle (GR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 GRANPARENTS DAY SOCIAL (MR) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 BINGO! (MR) 3:30 Documentary/ Rick Steves' Andalucia: The Best of Southern Spain (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Current Events Discussion/Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Music appreciation (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Elvis Forever! (Jay Vazquez) MR 3:30 Outdoor Patio & Music 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 11:00 Brain Fitness- Word Game (MR) 2:00 Travelogue to Mexico City!! (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR)</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 3:30 Outdoor Patio & Music 6:00 Game Night with Ludelle (GR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 CELEBRATION OF LIFE (MR) 3:30 Manicure 1:1 (MR) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 BINGO! (MR) 3:30 Documentary/ Luther and the Reformation (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Current Events Discussion/Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Music appreciation (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Sebastian Curabia / Accordion (MR) 3:30 Outdoor Patio & Music 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 11:00 Brain Fitness- Word Game (MR) 1:30 Games & Music!! 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR)</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 3:30 Outdoor Patio & Music 6:00 Game Night with Ludelle (GR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 FOOD COUNCIL MEETING (Music Room) 2:30 BINGO! (MR) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 Sing Along Oldies (MR) 3:30 Documentary/ 25 Greatest Natural Wonders of the World (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Current Events Discussion/Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Music appreciation (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live entertainment / Lorna Langit-Blennerhasset! Broadway and Opera Classics 3:30 Outdoor Patio & Music 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 11:00 Brain Fitness- Word Game (MR) 2:00 Bowling (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR)</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 3:30 Outdoor Patio & Music 6:00 Game Night with Ludelle (GR) 6:00 Evening Hymn Sing (MR)</p>					

*The Lord is my strength and my shield;
in him my heart trusts, and I am helped;
my heart exults, and with my song,
I give thanks to him. ~ Psalm 28:7*