







November 2024

Shepherd Village Terrace

MR - Music Room
L - Library
All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><i>Greater love has no one than this, that someone lay down his life for his friends. ~ John 15:13</i></p>			<p>10:00 GROUP EXERCISE (MR) 1 11:00 Word Games (MR) 2:00 Live Performance! Bruce Tournay (MR) 3:30 Cirque de Solei Show (MR) 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 2 11:00 Brain Fitness- Word Game (MR) 1:30 CURLING (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR) 3</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 4 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 6:00 Evening Hymn Sing (MR) 6:00 Scrabble Club with Ludelle (GR)</p>	<p>10:00 GROUP EXERCISE (MR) 5 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 1:30 Arts & Crafts Club (MR) 3:30 Computer class (1-1) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 6 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 1:30 BINGO! (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 7 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 8 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Filipa Sousa - MR 3:30 Cirque de Solei Show (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 9 11:00 Brain Fitness- Word Game (MR) 1:30 CURLING (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR) 10</p>  	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 11 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Remembrance Day Program in the Community Hall 2:00 SPIRITUAL LIFE / Hymn singing (MR) 6:00 Evening Hymn Sing (MR) 6:00 Scrabble Club with Ludelle (GR)</p>	<p>10:00 GROUP EXERCISE (MR) 12 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 BINGO! (MR) 3:30 Computer class (1-1) 3:30 Manicure 1:1 (MR) 4:00 Prayer Group (L) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 13 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 1:30 TRAVELOGUE Going to Batty in Borneo (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 14 11:00 Brain Fitness- Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Music appreciation/ Andrea Bocelli (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 15 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Fanny Maciel (MR) 3:30 Documentary /23 Most Beautiful Caribbean Islands 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 16 11:00 Brain Fitness- Word Game (MR) 1:30 Bowling Tournament (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR) 17</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 18 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 6:00 Evening Hymn Sing (MR) 6:00 Scrabble Club with Ludelle (GR)</p>	<p>10:00 GROUP EXERCISE (MR) 19 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 1:30 Art & Craft Club/ Making Christmas Cards (MR) 3:30 Computer class (1-1) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 20 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 Christmas in Art /Presentation by Tom Hayes(MR) 3:30 Documentary/ Madagascar - Mystical Island Paradise in the Indian Ocean 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 21 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Music appreciation/Michael Bubble (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 22 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 History Hour with Lianne/Christmas: Stories & Symbols (MR) 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 23 11:00 Brain Fitness- Word Game (MR) 2:00 BINGO! (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>
<p>10:00 Church in the Village 6:00 Evening Hymn Sing (MR) 24</p> 	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 25 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing (MR) 6:00 Evening Hymn Sing (MR) 6:00 Scrabble Club with Ludelle (GR)</p>	<p>10:00 GROUP EXERCISE (MR) 26 10:00 1:1 Pet Visits with Benji (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 Food Meeting/ (MR) 2:30 Terrace Town Hall Meeting & Welcome New Residents (MR) 3:30 Computer class (1-1) 4:00 Prayer Group (L) 6:00 MOVIE NIGHT (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 27 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 This is Jeopardy! (MR) 2:00 BINGO! (MR) 3:30 Documentary/ 30 Greatest Man-Made Wonders (MR) 6:00 Evening Hymn Sing (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 28 10:30 1:1 Pet Visits with Cloe (room visit) 11:00 Brain Fitness- Trivia (MR) 2:00 SPIRITUAL LIFE / Bible study with Nancy (MR) 3:30 Fall Decoration Clean up 6:00 Evening Hymn Sing (MR)</p>	<p>9:30 PHYSIO Strengthening and Balance focus. (MR) 29 10:15 PHYSIO Stretching and Relaxation focus. (MR) 11:00 Word Games (MR) 2:00 Live Performance! Winston Dayal (steel pan) in the Community Hall 3:30 Cirque de Solei Show (MR) 6:00 MOVIE NIGHT (MR)</p>	<p>10:00 GROUP EXERCISE (MR) 30 11:00 Brain Fitness- Word Game (MR) 1:30 CURLING (MR) 3:30 Scrabble Club (GR) 6:00 Evening Hymn Sing (MR)</p>