



December 2024

2 Floor Recreation Calendar



All activities are adapted to meet the changing needs of our residents.

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 1</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>2:30 CHRISTMAS CAROLING - MCAC (Methodist College Alumni Canada) (TLN)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2</p> <p>10:15 ACTIVE GAMES (ADN)</p> <p>2:00 CHRISTMAS STORIES (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 3</p> <p>10:15 CHRISTMAS DECORATING (PL)</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 BABY NURSERY (ADS)</p> <p>2:00 CHRISTMAS CONCERT - Ruth Onley (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 4</p> <p>10:15 CUBII EXERCISE (VARI)</p> <p>10:30 MUSIC THERAPY (ADN)</p> <p>2:00 HYMN SING & SERVICE (TLN)</p> <p>3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 5</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 HOLIDAY CRAFT (ADS)</p> <p>3:00 SPA TREATMENT/HAND MASSAGE (VARI)</p> <p>6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 6</p> <p>1:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 RESIDENT CHRISTMAS PARTY (PL)</p> <p>6:00 FRIDAY NIGHT SOCIAL - 6 FLOOR (PL)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 7</p> <p>11:00 ACTIVE GAMES (TLN)</p> <p>2:00 WEEKEND CONCERT (TLN)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 8</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 9</p> <p>10:15 STRIKE ZONE (ADN)</p> <p>2:00 CHRISTMAS STORIES (ADN)</p> <p>3:15 MONTESSORI ACTIVITIES (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>10:30 CHRISTMAS BAKING (DRN)</p> <p>2:00 BABY NURSERY (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11</p> <p>10:15 ACTIVE GAMES (VARI)</p> <p>10:30 MUSIC THERAPY (ADN)</p> <p>2:00 HYMN SING & SERVICE (TLN)</p> <p>3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 12</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 BABY NURSERY (ADS)</p> <p>3:00 AROMA/ HAND MASSAGE (VARI)</p> <p>6:00 CHRISTMAS LIGHT TOUR (Out)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 13</p> <p>11:00 ACTIVE GAMES (TLN)</p> <p>1:30 PHYSIO EXERCISE (TLN)</p> <p>6:00 FRIDAY NIGHT SOCIAL - 6 FLOOR (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 14</p> <p>10:15 ACTIVE GAMES (VARI)</p> <p>2:00 CHRISTMAS CONCERT - Shannon Gram (CH)</p> 
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 15</p> <p>9:15 CHURCH SERVICE (CH)</p> <p>2:30 CHRISTMAS CAROLS (TLN)</p> <p>3:00 1-1 VISIT (VARI)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 16</p> <p>10:15 EXERCISES (ADN)</p> <p>2:00 CHRISTMAS STORIES (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 17</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 CHRISTMAS MOVIE (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 18</p> <p>10:30 MUSIC THERAPY (ADN)</p> <p>2:00 HYMN SING & SERVICE (TLN)</p> <p>3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 19</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 HOLIDAY MOVIES (TVNS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 20</p> <p>1:30 PHYSIO EXERCISE (TLN)</p> <p>6:00 FRIDAY NIGHT SOCIAL - 6 FLOOR (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 21</p> <p>11:00 ACTIVE GAMES (TLN)</p> <p>2:00 SPIRITUAL REFLECTIONS (CH)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 22</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 23</p> <p>10:15 ACTIVE GAMES (ADN)</p> <p>2:00 HOLIDAY BOWLING (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 24</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 CHRISTMAS MOVIE (CH)</p> <p>2:15 CHRISTMAS FUN & GAMES (PL)</p> <p>6:00 THE NIGHT BEFORE CHRISTMAS STORY - RHA 7 (PL)</p>	<p>MERRY CHRISTMAS (TVsn) 25</p> <p>10:00 CHRISTMAS CAROLS (TVNS)</p> 	<p>BOXING DAY HOT COCO TRAIN - Morning/Afternoon</p> <p>2:00 HOLIDAY MOVIE</p> 	<p>STAFF OFF 27</p> <p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn)</p> <p>11:00 ACTIVE GAMES (TLN)</p> <p>1:30 PHYSIO EXERCISE (TLN)</p> <p>6:00 FRIDAY NIGHT SOCIAL - 6 FLOOR (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 28</p> <p>10:15 ACTIVE GAMES (VARI)</p> <p>2:30 HOLIDAY SINGALONG (TLN)</p> <p>3:30 1-1 FRIENDLY VISIT (VARI)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 29</p> <p>10:00 CHURCH SERVICE (CH)</p> <p>2:30 HOLIDAY CAROLS (TLN)</p> <p>3:00 1-1 VISIT (VARI)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 30</p> <p>10:15 ACTIVE GAMES (ADN)</p> <p>2:00 SHORT STORIES (ADN)</p> <p>3:15 MONTESSORI ACTIVITIES (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 31</p> <p>10:30 PHYSIO EXERCISE (TLN)</p> <p>2:00 NEW YEAR'S EVE PARTY (CH)</p> <p>2:00 MOVIE MATINEE (TVNS)</p> 			<p><u>Locations Legend</u></p> <p>TV south/north (TVsn) TV Lounge North (TLN) Activity Den North (ADN) Community Hall (CH) Varied (VARI)</p> <p>Piano Lounge (PL) Activity Den South (ADS) TV lounge North & South (TVNS) Dining Room North (DRN) Outing (Out)</p> 	