

January 2025

416-609-5700 ext. 225

Recreation Assistant, RHA 3

Note: All programs are subject to change

Shepherd Village Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations TV Lounge North Activity Den South Community Hall Activity Den North Tv lounge North & South Varied Piano Lounge	s Legend TV Lounge South TV south/north Sensory Room RHA 3 7th Floor Gardenview Room	Happy New Year!	10:15 Cubii Exercise 2:00 New Year's Day Social 2:15 Games & Puzzles	10:00 Pet Therapy 11:00 Active Games 1:30 Physio Group 2:15 Bingo! 3:30 Sensory & Relaxation 4:15 1:1 Programming 6:00 2nd floor Brain Games	Neha off 10:00 Sensory Videos 2:00 Friday Fellowship 6:00 Friday Night Social on 7th floor	10:15 Active Games 11:00 Active Games on 2nd Floor 3:30 Brain Games 4:00 1:1 Programming
10:00 Virtual Church 10:00 Church Service 2:00 Movie Afternoon 2:15 Hymn Sing on 2nd Floor 3:00 Hymn Sing 3:45 1:1 programming	1:15 Montessori Activities 6 1:30 Physio Group 2:00 Drum Fit 6:00 Sing-a-long 7:15 1:1 Activities	Neha Off 7 10:30 Music Therapy 1:30 Physio Group 2:00 Movie Afternoon 2:30 Music Therapy 6:00 Sensory Sound Therapy	10:00 Pawsitively pets 2:15 Games & Puzzles 3:30 Spiritual Life Hymn Sing 4:00 Recreation Huddle	10:30 Audible Bible 11:00 Active Games 1:30 Physio Group 2:15 Bingo! 3:45 Aromatherapy Hand Massage 4:15 1:1 Programming 6:00 2nd floor Brain Games	10:30 Active Games 11:00 Active Games on RHA 2 2:00 Friday Fellowship 6:00 Friday Night Social on 7th floor	Neha Off 10:00 Sensory Videos/Music/TV 11:00 Active Games with Luisa 2:00 Movies/Music
Neha Off 12 10:00 Virtual Church 10:00 Sunday Church Service 2:00 Hymn Sing 3:00 Mindful Music	1:30 Physio Group 2:00 Drum Fit 6:00 Sing-a-long 7:15 1:1 Activities	10:30 Music Therapy 10:30 Active Games 11:10 Active Games 1:30 Physio Group 2:30 Music Therapy 6:00 Community Games Night	10:15 Cubii Exercise 10:30 Walking Club 2:15 Yearly Recreation Planning Meeting 3:30 Spiritual Life Hymn Sing	11:00 Active Games 1:30 Physio Group 2:15 Bingo! 3:30 Sensory & Relaxation 4:15 1:1 Programming 6:00 2nd floor Brain Games	Neha off 10:00 Sensory Videos 2:00 Friday Fellowship 6:00 Friday Night Social on 7th floor	10:15 Active Games 11:00 Active Games on 2nd Floor 3:30 Brain Games 4:00 1:1 Programming
10:00 Virtual Church 10:00 Church Service 2:00 Movie Afternoon 2:15 Hymn Sing on 2nd Floor 3:00 Hymn Sing 3:45 1:1 programming	1:15 Montessori Activities 1:30 Physio Group 2:00 Drum Fit 6:00 Sing-a-long 7:15 1:1 Activities	Neha Off 10:30 Music Therapy 1:30 Physio Group 2:00 Movie Afternoon 2:30 Music Therapy 6:00 Mens Club	10:15 Cubii Exercise 2:00 Ruth Onley Concert 2:15 Games & Puzzles 3:30 Spiritual Life Hymn Sing	10:00 Pet Therapy 11:00 Active Games 1:30 Physio Group 2:15 Bingo! 3:45 Aromatherapy Hand Massage 4:15 1:1 Programming 6:00 2nd floor Brain Games	10:30 Active Games 11:00 Active Games on RHA 2 2:00 Friday Fellowship 6:00 Friday Night Social on 7th floor	Neha Off 10:00 Sensory Videos/Music/TV 11:00 Active Games with Luisa 2:00 Movies/Music
Neha Off 10:00 Virtual Church 10:00 Sunday Church Service 2:00 Hymn Sing 3:00 Mindful Music	1:30 Physio Group 2:00 Drum Fit 6:00 Sing-a-long 7:15 1:1 Activities	10:30 Music Therapy 10:30 Chinese New Year Celebration 1:30 Physio Group 2:30 Music Therapy 6:00 Sensory Sound Therapy	10:15 Cubii Exercise 2:00 Winter Wonderland 3:30 Spiritual Life Hymn Sing 4:00 Recreation Huddle	11:00 Active Games 1:30 Physio Group 2:15 Bingo! 3:30 Sensory & Relaxation 4:15 1:1 Programming 6:00 2nd floor Brain Games	Neha off 10:00 Sensory Videos 2:00 Friday Fellowship 6:00 Friday Night Social on 7th floor	斯 年 快 乐