

10:00 Spiritual Life Church 26

10:00 Virtual Church Service

2:00 Movie Afternoon (TVNS)

2:00 Hymn Sing (CH)

Service (SOT)

(TVNS)

10:00 Self Directed

day (VARI)

Activities throughout the

10:00 Chair Exercise (PL)

Games on 4th floor (ADN)

2:00 Boomers Club (7FLR)

3:30 Dominoes (PL)

11:00 Morning Puzzles/Word

10:30 Chinese New Year

12:30 Mindful Music (TLS)

2:00 Circle of Care (PL)

3:30 Brain Games (PL)

1:15 Men's Fellowship Hour - 4th

6:00 Sensory Sound Therapy RHA 3

Dancers (GR)

RHA (ADN)

(ADS)

January 2025

Shepherd Village Lodge

Roxcene
7th Floor Rec Assistant
416 609 5700 ext. 235
All Programs Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Piano Lounge (PL) TV Lounge South (TLS) Activity Den North (ADN) Community Hall (CH) Tv lounge North & South (TVNS)	s <u>Legend</u> Varied (VARI) 7th Floor (7FLR) Sanctuary/ On TV (SOT) Gardenview Room (GR) Activity Den South (ADS)	January	HAPPY NEW YEAR 12:30 Mindful Music (TLS) Happy New Year!	10:15 Morning Exercise (PL) 11:15 Games & Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Afternoon Craft (PL) 3:30 Card Games (PL)	Game Shows in the Morning 3 10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 6:00 Enid's Evening Social (PL)	10:15 Morning Exercises (PL) 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 1:45 Family Feud (PL) 3:00 Musical Entertainer on RHA 4
10:00 Spiritual Life Church Service (CH) 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 3:00 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	Game Shows in the Morning 6 10:00 Move it Cubii Exercise (PL) 10:00 Morning Music and News (TLS) 2:00 Drumfit (CH) 3:00 Movie Afternoon (TVNS)	12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:00 Food Committe (PL) 3:30 Brain Games (PL) 6:00 Sensory Sound Therapy RHA 3 (CH)	10:00 Lifelong Learning and Discussion (PL) 11:15 Fun & Fitness (PL) 12:30 Mindful Music (TLS) 4:00 Recreation Huddle 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)	10:15 Morning Exercise (PL) 11:15 Games & Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI) 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN) 6:00 Enid's Evening Social (PL)	10:00 Cubii Exercises with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 3:30 Movie Afternoon (TVNS)
10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (CH) 2:00 Strolling Entertainer	10:00 Self Directed Activities 13 throughout the day (VARI) 10:00 Chair Exercise (PL) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)	10:00 Pawsitively Pets (PL) 12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:00 Resident's Council (VARI) 3:30 Brain Games (PL) 6:15 Big Games Night (7FLR)	10:00 Crossword Puzzles Group (ADN) 10:30 Walking Club (7FLR) 12:30 Mindful Music (TLS) 1:30 Recreation Annual Planning Meeting (VARI) 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)	10:00 Dog Therapy (VARI) 10:30 Audible Bible Study (CH) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	Game Shows in the Morning 17 10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 2:00 Friday Fellowship (CH) 6:00 Enid's Evening Social (PL)	10:15 Morning Exercises (PL) 18 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 2:00 Spiritual Life Reflection (PL) 3:00 Family Feud (PL)
10:00 Spiritual Life Church Service (CH) 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 3:00 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	Game Shows in the Morning 10:00 Move it Cubii Exercise (PL) 10:00 Morning Music and News (TLS) 2:00 Drumfit (CH) 3:00 Movie Afternoon (TVNS)	12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:00 Mahjong Club (PL) 3:30 Brain Games (PL) 6:15 Men's Night (7FLR)	10:00 Lifelong Learning and 22 Discussion (PL) 11:15 Fun & Fitness (PL) 12:30 Mindful Music (TLS) 2:00 Ruth Onley (CH) 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)	9:30 Rec Staff in Care Conference (PL) 11:15 Games & Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Spiritual Life Reflection (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI) 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN)	10:00 Cubii Exercises with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 3:30 Movie Afternoon (TVNS)

10:00 Crossword Puzzles

12:30 Mindful Music (TLS)

4:00 Recreation Huddle

2:00 Winter Wonderland (CH)

6:00 5th RHA Quiddler (ADN)

6:00 4th RHA Hymn sing (PL)

11:15 Fun & Fitness (PL)

Group (ADN)

28

9:30 Rec Staff in Care

3:30 Card Games (PL)

11:15 Games & Puzzles (ADN)

2:00 Hymn Sing Service (PL)

12:30 Mindful Music (TLS)

Conference (PL)

Game Shows in the Morning 31

10:00 Morning Music and News

10:00 Cubii Exercises with

10:30 Walking Club (7FLR)

2:00 Friday Fellowship (CH)

Andrea (PL)

(TLS)