

January 2025

RHA 2 Recreation Calendar

All activities are adapted to meet the changing need of our residents.

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><u>Locations Legend</u></p> <p>TV Lounge North (TLN) TV south/north (TVsn) Varied (VARI) Activity Den North (ADN) Activity Den South (ADS)</p> 	<p>Community Hall (CH) Piano Lounge (PL) RHA 3 (RHA3) Tv lounge North & South (TVNS) Gardenview Room (GR)</p>		<p>HAPPY NEW YEAR! 1 10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11:00 CUBII EXERCISE (VARI) 2:15 NEW YEAR'S DAY CELEBRATION (TLN)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 3 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 MONTESSORI ACTIVITIES (ADN) 6:00 FRIDAY NIGHT SOCIAL WITH WAYNE - RHA 6 (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 4 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)</p>
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<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 5 10:00 CHURCH SERVICE (CH) 2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 6 10:15 ACTIVE GAMES (ADN) 2:00 DRUM FIT (CH) 3:15 MONTESSORI ACTIVITIES (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 7 10:30 PHYSIO EXERCISE (TLN) 11:00 ACTIVE GAMES (TLN) 2:00 BABY NURSERY (ADS) 6:00 SENSORY SOUND THERAPY (RHA3)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 8 10:30 MUSIC THERAPY (ADN) 10:30 PAWSITIVELY CHURCH (TLN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 9 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 6:00 FRIDAY NIGHT SOCIAL WITH ENID - RHA 6 (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11 10:15 CHAIR EXERCISE & GAMES (VARI) 2:00 MINDFUL ART (VARI) 3:30 1-1 FRIENDLY VISIT (VARI)</p>
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<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 12 10:00 CHURCH SERVICE (CH) 2:30 HYMN SING (TLN) 3:30 1-1 VISIT (VARI)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 13 10:30 BALLOON GAMES (ADN) 2:00 SHORT STORIES (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 14 10:30 PHYSIO EXERCISE (TLN) 11:00 RING TOSS GAMES (TVsn) 2:00 BABY NURSERY (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 15 10:15 CUBII EXERCISE (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 16 10:30 PHYSIO EXERCISE (TLN) 10:30 AUDIBLE BIBLE STUDY (CH) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 17 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 MONTESSORI ACTIVITIES (ADN)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 18 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)</p>
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<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 19 10:00 VIRTUAL CHURCH SERVICE (TVsn) 2:30 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 20 10:15 CHAIR EXERCISE & GAMES (TLN) 2:00 DRUMFIT (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 21 10:30 PHYSIO EXERCISE (TLN) 11:00 STRIKE ZONE (TVsn) 2:00 BABY NURSERY (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 22 10:15 CUBII EXERCISE (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 2:00 RUTH ONLY SPECIAL (CH) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 23 10:30 PHYSIO EXERCISE (TLN) 10:30 PET THERAPY (VARI) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 24 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 25 10:15 ACTIVE GAMES (VARI) 2:00 MINDFUL ART (VARI) 3:30 1-1 FRIENDLY VISIT (VARI)</p>
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<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 26 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (TVNS) 2:30 HYMN SING (TLN) 3:00 1-1 VISIT (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 27 10:15 EXERCISES (ADN) 2:00 SHORT STORIES (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 28 10:30 PHYSIO EXERCISE (TLN) 10:30 CHINESE NEW YEAR (GR) 2:00 BABY NURSERY (ADS)</p> 	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 29 10:15 CUBII EXERCISE (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 2:00 WINTER WONDERLAND (CH) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 30 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 31 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH) 2:00 MONTESSORI ACTIVITIES (ADN)</p> 	
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