

We Focus First and Foremost on You

Whether your needs are companionship or help in your day to day, more support in your personal care or intensive around the clock care, we focus first and foremost on you. Your personal preferences, your social and emotional needs, your physical and mental abilities are our focus. This continues along the cycle of care, from the active living, through the palliative, and to the end of life.

As a professional provider of home care support services, we also need to be knowledgeable and sensitive to medical conditions and how they impact your life experience. This is the case whether you are living with dementia, Parkinson's, stroke, diabetes, heart conditions, depression or any manner of physical or mental health concern.



Call
Mosaic Home Care

Home Care Support and
Lifestyle Companionship

416.322.7002



MOSAIC

Home Care Services & Community Resource Centre

at

SHEPHERD VILLAGE

A Caring Christian Seniors' Community



If you would like to enquire about starting services or to book an assessment contact us at our offices at 416.322.7002 and speak to one of our client services representatives.



WINTER 2025
Newsletter

Quality, Person-Centered Care for all your Home Care Needs!

PERSON-CENTERED HOME CARE

- Our complete Home Care Package + our Lifestyle Services to include the integration of our "The Meaning of Me" model for the person under our care.

The Meaning of Me® – Person-Centered Care has been around for ages but it is the model that Mosaic has created that makes us different from other private home care companies.

- Client services monitor care and are available after hours and weekends
- Caregivers are personally introduced and we regularly perform home visits
- Caregivers trained for complex care needs

NURSING

- Medication, pain and symptom management
- Monitoring, charting and care plans
- Complex care needs (palliative, dementia, Parkinson's etc)

COMMUNITY RESOURCE CENTRE

- Resources for families with care needs
- Regular fun, educational and social events
- Mosaic's Memory Cafés/Mosaic Community Table Talks

MOSAIC'S ELDER CARE PLUS®

- Care Management integrated with home care
- Expert advice provided by registered Social Workers



Mosaic Home Care Services & Community Resource Centre

105 Wilson Avenue, Second Floor, Toronto, ON M5M 2Z9

Tel 416.322.7002

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Close to public transit | Free parking

About Mosaic, Our Community Resource Centre, and our Newsletter

We are an internationally recognised provider of person centered community integrated home care. Our model addresses the wider social and emotional needs of the person and their families both in their homes and in their communities.

We operate a resource centre and pop-up events around the GTA. These provide a wide range of events to the community as well as information on community resources. Our events are mostly free and include social, educational, physical, cognitive, historical, festive and many other monthly

activities. We host Memory Cafés and Community Cafés and provide regular pole walking and knitting group activities.

This newsletter provides information on our many events as well as our wider community outreach and speaking events. People of all ages are welcomed and respected as persons of meaning, being and community.

What a difference we make!



Let Mosaic help you transition

(hospital, retirement, long-term care)

Working with and supporting the individual emotionally, socially, and physically, especially in the early days and weeks, is key to a successful transition. What can Mosaic provide?



One-on-one support for individuals, filling identified gaps in care, to ensure needs are safely met, maintaining familiarity, consistency, comfort, and emotional supports.



Our caregivers write daily reports of their visits which is accessible via our online portal, the "Family Room". This information is available at your fingertips. This is where family members can see updates, identify potential gaps in care and share communication.



We can help orient the new facility's care team to the client's intricacies of care and social and emotional needs while at the same time reinforcing a person centered care focus.



Support if needed by our Social Worker for the new resident or family. Additional support under our service Elder Care Plus® for family counselling and care navigation.



Help to acquaint the client with the new environment and to facilitate building meaningful relationships with the new community.



Timely high-quality feedback to the family on the person, the new home and the facility's care standards providing much more effective oversight of the person and care provision.

Communication is key: Our **multi-disciplined care team** will continue to work collaboratively with you and the new care teams.

Shepherd Village: A Place Where Seniors Thrive

Just as a fine dining experience transcends sustenance, quality senior care goes beyond basic needs. It's about the little touches—a warm smile, a timely refill, a genuine interest in your day. For over 60 years, Shepherd Village has been a home where each resident's unique story and needs shape how we care, creating a place that's never one-size-fits-all.

Our approach is genuinely person-centred, meaning we listen profoundly and tailor care around each resident's life story. When residents shared cherished family recipes, each meal transformed into a celebration of their past, honouring memories and experiences that define them. The difference still echoes through our dining room, where meals have become a way to connect.

Beyond meals, we foster an environment where every resident feels genuinely valued. Each day begins with warmth—from sharing stories over coffee to quiet moments in the Therapeutic Gardens. These routines strengthen bonds and create a culture we all love. A significant part of our culture is fundraising to enhance residents' quality-of-life experiences, such as Walk-a-Thons, golf tournaments, and concerts. Our donors give heart to the Village by generously

giving, helping us meet residents' needs where government funding doesn't.



The heart and soul of Shepherd Village are our residents' voices. Their input shapes decisions, whether through conversations or platforms like Senior Flicks, our YouTube channel for seniors. This digital space enables residents to connect and share their stories.

People often think life diminishes in senior communities; we believe it's where you thrive! Shepherd Village seniors are active year-round. An example is the National Senior Day High-Tea event, sponsored by Mosaic Home Care, where seniors from our Village and Scarborough Community came together to celebrate an often-overlooked day.

Activities like these build the social and spiritual networks that create community. Our residents fellowship through daily spiritual and recreational activities. Even seniors with mobility issues stay connected via our live-streamed YouTube events and church services.

At Shepherd Village, care is a commitment to honouring every story, fulfilling every need, and ensuring peace for all who call the Village home.

SHEPHERD VILLAGE

A Caring Christian Seniors' Community



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We see you. We hear you. And we're here to help family caregivers - The Ontario Caregiver Organization (OCO)

In Ontario there are almost 4 million caregivers, just like you, who provide physical or emotional support to a family member, partner, friend or neighbour.

Many people don't consider themselves a caregiver. Instead, they think of themselves as a family member or friend, just doing what needs to be done. While most caregivers say they are happy to be able to provide care, many share they are overwhelmed and find it difficult to get the information and support they need. Caregivers are investing more hours in their caregiving role and say they are experiencing increased levels of stress and signs of depression and burnout.

If you support someone in need and feel anxious and overwhelmed with your caregiving responsibilities, you're not alone. The Ontario Caregiver Organization (OCO) exists to support caregivers by offering free programs and services that include our **24/7 Caregiver Helpline (1-833-416-2273)**, educational resources, Peer Support program and more.



For more information, please visit our website ontariocaregiver.ca.



THE ONTARIO
caregiver
ORGANIZATION
ORGANISME DE SOUTIEN AUX
aidants naturels
DE L'ONTARIO