

Luisa
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February 2025

RHA 2 Recreation Calendar



Calendar may be adapted to fit the needs of our residents.

All calendars are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><u>Locations Legend</u></p> <p>TV Lounge North (TLN) TV south/north (TVsn) Varied (VARI) Community Hall (CH) Activity Den South (ADS) Activity Den North (ADN)</p>						<p>STAFF OFF</p> <p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)</p>	<p>1</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 3 10:15 STRIKE ZONE (ADN) 2:00 CHINESE CHOIR (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 4 10:30 PHYSIO EXERCISE (TLN) 11:00 BALLER TOSS (TLN) 2:00 BABY NURSERY (ADS) 6:00 SENSORY SOUND THERAPY (RHA3)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 5 10:30 MUSIC THERAPY (ADN) 10:45 CUBII EXERCISE (VARI) 2:00 HYMN SING & SERVICE (TLN) 3:00 DOWN MEMORY LANE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 6 10:30 PHYSIO EXERCISE (TLN) 10:30 SUPERBOWL MOMENTS (CH) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 7 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 8 10:30 BEST IN DOG SHOW (CH) 1:45 MINDFUL ARTS (VARI) 2:30 ENTERTAINMENT -3FL (TLN) 3:15 WALKING CLUB (VARI)</p>	
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 9 10:00 VIRTUAL CHURCH SERVICE (TVns) 10:00 CHURCH SERVICE (CH) 2:30 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10 10:15 EXERCISES (ADN) 2:00 SHORT STORIES (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11 10:30 PHYSIO EXERCISE (TLN) 11:00 STRIKE ZONE (TLN) 2:00 BABY NURSERY (ADS) 6:00 COMMUNITY GAMES (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 12 10:30 MUSIC THERAPY (ADN) 10:45 CUBII EXERCISE (VARI) 2:00 HYMN SING & SERVICE (TLN) 3:00 GRAB A BAG (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 13 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (Martin Luther King Reflection) (TLN)</p>	<p>HAPPY VALENTINE'S DAY 14 10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:15 VALENTINE'S DAY SOCIAL (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 15 10:30 BOWLING (CH) 2:00 SPIRITUAL REFLECTION (CH)</p>	
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 16 10:00 CHURCH SERVICE (CH) 2:15 HYMN SING (TLN)</p>	<p>FAMILY DAY 17 10:00 HOT COCO TRAIN 10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2:00 MOVIE MATINEE (TVns)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 18 10:30 PHYSIO EXERCISE (TLN) 11:00 POOL NOODLE HOCKEY (TLN) 2:00 BABY NURSERY (ADS) 6:00 SENSORY SOUND THERAPY (RHA3)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 19 10:30 MUSIC THERAPY (ADN) 10:30 CUBII EXERCISE (VARI) 2:00 HYMN SING & SERVICE (TLN) 3:00 DOWN MEMORY LANE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 20 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 21 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (PL)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 22 10:15 ACTIVE GAMES (TLN) 1:45 MINDFUL ARTS (VARI) 2:30 ENTERTAINMENT -3FL (TLN) 3:15 WALKING CLUB (VARI)</p>	
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 23 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:00 HYMN SING (TLN) 2:00 STROLLING ENTERTAINMENT 2/3</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 24 10:15 EXERCISES (ADN) 2:00 SHORT STORIES (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 25 10:30 PHYSIO EXERCISE (TLN) 11:00 STRIKE ZONE (TLN) 2:00 BABY NURSERY (ADS) 6:00 COMMUNITY GAME (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 26 10:00 PAWSITIVELY PETS (TLN) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 27 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 28 10:25 BALLOON VOLLEYBALL (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 MONTESSORI ACTIVITIES (PL)</p>		