

# February 2025

## Shepherd Village Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Piano Lounge (PL) TV Lounge South (TLS) Activity Den North (ADN) Community Hall (CH) Tv lounge North &amp; South (TVNS)</p>						<p>10:15 Morning Exercises (PL) <b>1</b> 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 1:45 Family Feud (PL) 3:00 Musical Entertainer on RHA 4</p>
<p>10:00 Spiritual Life Church Service (CH) <b>2</b> 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 3:00 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)</p>	<p>Game Shows in the Morning <b>3</b> 10:00 Move it Cubii Exercise (PL) 10:00 Morning Music and News (TLS) 2:00 Cantonese Choir (CH) 3:00 Movie Afternoon (TVNS)</p>	<p>10:00 Chair Exercise (PL) <b>4</b> 12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:00 Food Committe (PL) 3:30 Brain Games (PL) 6:00 Sensory Sound Therapy RHA 3 (ADN)</p>	<p>10:00 Lifelong Learning and Discussion (PL) <b>5</b> 10:30 Walking Club (VARI) 12:30 Mindful Music (TLS) 2:00 Bingo (ADN) 6:00 5th RHA Quiddler (ADN)</p>	<p>10:00 Morning Exercise (PL) <b>6</b> 10:30 Super Bowles of the Past (CH) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities throughout the day (VARI) <b>7</b> 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN) 6:00 Movie Night (PL)</p>	<p>10:00 Best in Show (CH) <b>8</b> 12:30 Sensory &amp; Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) <b>9</b> 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (CH) 5:00 Superbowl Sunday (PL)</p>	<p>10:00 Self Directed Activities throughout the day (VARI) <b>10</b> 10:00 Chair Exercise (PL) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)</p>	<p>10:00 Cantonese Support Group <b>11</b> 10:00 Active Game (PL) 12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour (4FL) 2:00 Resident's Council (VARI) 3:30 Brain Games (PL) 6:15 Big Games Night (7FLR)</p>	<p>10:00 Crossword Puzzles Group (ADN) <b>12</b> 11:15 Fun &amp; Fitness (PL) 12:30 Mindful Music (TLS) 2:00 Valentine Duo (CH) 6:00 5th RHA Quiddler (ADN)</p>	<p>10:30 Audible Bible Study (CH) <b>13</b> 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)</p>	<p>Game Shows in the Morning <b>14</b> 10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 2:00 Friday Fellowship (CH) 2:00 Milestone Anniversary (CH)</p>	<p>10:15 Bowling (PL) <b>15</b> 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 2:00 Spiritual Reflection (CH) 3:45 Family Feud (PL)</p>
<p>10:00 Spiritual Life Church Service (CH) <b>16</b> 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 3:00 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)</p>	<p>Game Shows in the Morning <b>17</b> 2:00 Hot Chocolate Train (PL)</p>	<p>12:30 Mindful Music (TLS) <b>18</b> 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:00 Mahjong Club (PL) 3:30 Brain Games (PL) 6:15 Men's Club (7FLR)</p>	<p>10:00 Pawsitively Pets (PL) <b>19</b> 11:15 Fun &amp; Fitness (PL) 12:30 Mindful Music (TLS) 1:30 Bingo (PL) 4:00 Rec Staff in Huddle 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)</p>	<p>10:30 Walking Club (VARI) <b>20</b> 11:15 Games &amp; Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Spiritual Life Reflection (PL) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities throughout the day (VARI) <b>21</b> 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN) 6:00 Movie Night (PL)</p>	<p>10:00 Cubii Exercises with Andrea (PL) <b>22</b> 12:30 Sensory &amp; Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) <b>23</b> 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (CH) 2:00 Strolling Entertainer</p>	<p>10:00 Self Directed Activities throughout the day (VARI) <b>24</b> 10:00 Chair Exercise (PL) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)</p>	<p>12:30 Mindful Music (TLS) <b>25</b> 1:15 Men's Fellowship Hour - 4th RHA (ADN) 2:30 Baking (DRN) 3:30 Brain Games (PL) 6:15 Big Games Night (7FLR)</p>	<p>10:00 Crossword Puzzles Group (ADN) <b>26</b> 11:15 Fun &amp; Fitness (PL) 12:30 Mindful Music (TLS) 1:30 Bingo (PL) 4:00 Rec Staff in Huddle 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)</p>	<p>10:15 Morning Exercise (PL) <b>27</b> 11:15 Games &amp; Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)</p>	<p>Game Shows in the Morning <b>28</b> 10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 10:30 Walking Club (VARI) 2:00 Friday Fellowship (CH) 6:00 Movie Night (PL)</p>	