

Europe

6:00 Evening Hymn Sing

4:00 Prayer Group in the Library

6:00 MOVIE NIGHT

February 2025

Shepherd Village Terrace

Join our exciting group programs, all hosted in the Terrace Music Room unless noted otherwise. Don't miss out on the fun!

All programs are subject to change.

ATKINS (PIANO)

6:00 MOVIE NIGHT

Wednesday **Thursday** Sunday **Monday Tuesday Friday Saturday** 10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game You shall love the Lord your God with all your heart (MR) and with all your soul and with all your mind. 2:00 BINGO! 3:30 Scrable Club in the Game This is the great and first commandment. Room And the second is like it: 6:00 Evening Hymn Sing You shall love your neighbour as yourself. Matthew 22:37-39 9:30 PHYSIO Strengthening 10:00 GROUP EXERCISE 9:30 PHYSIO Strengthening 10:00 GROUP EXERCISE 9:30 PHYSIO Strengthening 7 10:00 GROUP EXERCISE and Balance Focus. 10:00 1:1 Pet Visits with Benii and Balance Focus. 10:30 1:1 Pet Visits with Cloe and Balance Focus. 11:00 Brain Fitness- Word 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 11:00 Brain Fitness- Trivia 11:00 Brain Fitness- Trivia Game (MR) Relaxation Focus. Relaxation Focus. 2:00 RESIDENTS' COUNCIL 2:00 SPIRITUAL LIFE / Bible Relaxation Focus. 1:30 CURLING 11:00 Brain Fitness- Word Game **MEETING** 11:00 This is Jeopardy! study with Nancy 11:00 Brain Fitness- Word 3:30 Scrable Club in the Game 2:00 SPIRITUAL LIFE / Hymn 2:00 BINGO! 3:30 Manicure 1:1 in the Game 3:30 Scrable Club in the Game Game Room Room 3:30 It's your choice TV show Room 2:00 Live Performance! Bruce 6:00 Evening Hymn Sing 3:30 Computer class (1-1) /Library 6:00 Evening Hymn Sing 4:00 Prayer Group in the Library 6:00 Evening Hymn Sing Tournay 6:00 MOVIE NIGHT 6:00 Evening Hymn Sing 6:00 MOVIE NIGHT 9:30 PHYSIO Strengthening 10 9:30 PHYSIO Strengthening 12 9:30 PHYSIO Strengthening 14 10:00 Church in the Village 10:00 GROUP EXERCISE 10:00 GROUP EXERCISE 10:00 GROUP EXERCISE 15 and Balance Focus. 10:00 1:1 Pet Visits with Benii and Balance Focus. 10:30 1:1 Pet Visits with Cloe and Balance Focus. 11:00 Brain Fitness- Word 6:00 Evening Hymn Sing 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 11:00 Brain Fitness- Trivia 11:00 Brain Fitness- Trivia Game (MR) Relaxation Focus. Relaxation Focus. Relaxation Focus. 2:00 Travelouge to the city of love-2:00 Visit with Students from North 2:00 SPIRITUAL LIFE / Bible 11:00 Brain Fitness- Word Game 11:00 Brain Fitness- Word Game 11:00 This is Jeopardy! PARIS!! Toronto Christian School study with Nancy 2:00 SPIRITUAL LIFE / Hymn 2:00 Sing-Along Love Songs 2:00 Milestone Wedding 3:30 Scrable Club in the Game 4:00 Prayer Group in the Library 3:30 Our Planet | Fresh Water | Anniversary Celebration/ 6:00 MOVIE NIGHT 3:30 Scrable Club in the Game FULL EPISODE | Netflix Room 3:30 Documentary/ Rick Steves Room 3:30 Scrable Club in the Game Community Hall 6:00 Evening Hymn Sing 6:00 Valentine's Day Party with Europe 6:00 Evening Hymn Sing Room Shannon Graham 6:00 Evening Hymn Sing 6:00 Evening Hymn Sing 9:30 PHYSIO Strengthening and 17 9:30 PHYSIO Strengthening 19 9:30 PHYSIO Strengthening 21 10:00 GROUP EXERCISE 22 10:00 Church in the Village 10:00 GROUP EXERCISE 18 10:00 GROUP EXERCISE Balance Focus. 6:00 Evening Hymn Sing 10:00 1:1 Pet Visits with Benii and Balance Focus. 10:30 1:1 Pet Visits with Cloe and Balance Focus. 10:00 Tech Café in the 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 11:00 Brain Fitness- Trivia 11:00 Brain Fitness- Trivia Community Hall Relaxation Focus. Relaxation Focus. Relaxation Focus. 2:00 Celebrating Black History 2:00 SPIRITUAL LIFE / Bible 11:00 Brain Fitness- Word 11:00 Brain Fitness- Word Game 11:00 This is Jeopardy! 11:00 Brain Fitness- Word Game Month study with Nancy Game (MR) 2:00 SPIRITUAL LIFE / Hymn singing 2:00 BINGO! 2:00 Live Performance with Filipa 3:30 Manicure 1:1 in the Game 3:30 Scrable Club in the Game 1:30 CURLING 3:30 Computer class (1-1) /Library Room 3:30 Music Appreciation (Andre Room Sousa 3:30 Scrable Club in the Game 3:30 Travelogue/ Our Planet | Jungles Rieu) 6:00 MOVIE NIGHT 4:00 Prayer Group in the Library 6:00 Evening Hymn Sing | FULL EPISODE | Netflix Room 6:00 MOVIE NIGHT 6:00 Evening Hymn Sing 6:00 Evening Hymn Sing 6:00 Evening Hymn Sing 9:30 PHYSIO Strengthening and **24** 9:30 PHYSIO Strengthening **26** 9:30 PHYSIO Strengthening and 28 10:00 Church in the Village 10:00 GROUP EXERCISE 10:00 GROUP EXERCISE Balance Focus. Balance Focus. 10:00 1:1 Pet Visits with Benii and Balance Focus. 6:00 Evening Hymn Sing 10:30 1:1 Pet Visits with Cloe 10:15 PHYSIO Stretching and 10:15 PHYSIO Stretching and 11:00 Brain Fitness- Trivia 10:15 PHYSIO Stretching and 11:00 Brain Fitness- Trivia Relaxation Focus. Relaxation Focus. Relaxation Focus. 2:00 Education Hour/ Fall 2:00 SPIRITUAL LIFE / Bible 11:00 Brain Fitness- Word Game 11:00 Brain Fitness- Word Game 11:00 This is Jeopardy! Prevention study with Nancy 2:00 SPIRITUAL LIFE / Hymn singing 2:00 LIVE PERFORMANCE IN THE 2:00 BINGO! 3:30 Manicure 1:1 in the Game 3:30 Cirque de Solei Show COMMUNITY HALL/DUANE 3:30 Documentary/ Rick Steves 3:30 Scrable Club in the Game Room 3:30 Scrable Club in the Game

Room

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