

March 2025

RHA 2 Recreation Calendar

Calendar may be adapted to fit the needs of our residents.

All activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 3 2:00 SHORT STORIES (ADN) 2:00 DRUM FIT (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 4 10:30 PHYSIO EXERCISE (TLN) 2:00 MOVIE (CH) 6:00 SENSORY SOUND THERAPY (3RD)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 5 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO (TVns) 6 10:30 PET THERAPY (Vari) 2:00 MOVIE MATINEE (TVNS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 7 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 8 2:00 MOVIE MATINEE (TVNS) 2:00 SIT AND FIT EVENT (CH)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 9 10:00 CHURCH SERVICE (CH) 10:00 CHURCH SERVICE VIRTUAL (TVns) 2:00 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10 2:00 SHORT STORIES (ADN) 2:00 MOVIE MATINEE (TVns)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 11 10:30 PHYSIO EXERCISE (TLN) 3:00 MOVIE MATINEE (TVns)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 12 10:30 MUSIC THERAPY (ADN) 11:00 CUBII EXERCISE (VARI) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING 6:00 SENSORY SOUND THERAPY (3RD)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 13 10:30 PHYSIO EXERCISE (TLN) 10:30 AUDIBLE SPACE (CH) 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 14 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 SMELL AND TASTE (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 15 10:30 BIG BOWLING (CH) 2:00 SPIRITUAL REFLECTION (CH)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 16 10:00 VIRTUAL CHURCH SERVICE (TVns) 10:00 CHURCH SERVICE (CH) 2:15 HYMN SING (TLN)</p>	<p>ST PATRICK'S DAY 10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 17 10:30 ST. PATTY'S DAY (GR) 2:15 GREEN DAY SOCIAL (TLN) 3:30 MONTESSORI ACTIVITIES (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 18 10:30 PHYSIO EXERCISE (TLN) 11:00 POOL NOODLE HOCKEY (TLN) 2:00 BABY NURSERY (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 19 10:30 MUSIC THERAPY (ADN) 10:30 BAKING (DRN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 20 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 2:00 IRISH DANCERS (GR) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 21 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 22 10:15 ACTIVE GAMES (VARI) 1:45 MINDFUL ART (VAR) 2:00 WEEKEND ENTERTAINMENT (TLN) 3:15 WALKING CLUB (VARI)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 23 10:00 CHURCH SERVICE (CH) 2:00 HYMN SING (TLN) 3:00 1-1 VISIT (VARI)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 24 10:15 EXERCISES (ADN) 2:00 SHORT STORIES (ADN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 25 10:30 PHYSIO EXERCISE (TLN) 10:30 BAKING (DRN) 2:00 BABY NURSERY (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 26 10:00 PAWSITIVELY PETS (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 27 10:30 PHYSIO EXERCISE (TLN) 10:30 PET THERAPY (Vari) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 28 10:30 INTERGENERATIONAL PROGRAM (GR) 1:30 PHYSIO EXERCISE (TLN) 2:00 SMELL & TASTE (ADS)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 29 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)</p>
<p>9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 30 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:15 HYMN SING (TLN)</p>	<p>10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 31 10:15 STRIKE ZONE (ADN) 2:00 SHORT STORIES (ADN) 3:15 MONTESSORI ACTIVITIES (VARI)</p>				<p><u>Locations Legend</u></p> <p>TV Lounge North (TLN) TV south/north (TVsn) Community Hall (CH) Activity Den North (ADN) Varied (VARI) Activity Den South (ADS) TV Lounge N/S (TVns) Gardenview Room (GR)</p>	<p>3RD FLOOR (3RD) TV Lounge North/South (TVns) Varied (Vari) TV LOUNGE NORTH/SOUTH (TVNS) TV Lounge North/South (TVns) Dining Room North (DRN) VARIED (VAR)</p>