







March 2025

Shepherd Village Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><u>Locations Legend</u></p> <p>Piano Lounge TV Lounge South Activity Den North Community Hall Tv lounge North & South 7th Floor</p>							<p>10:15 Morning Exercises 1 11:15 Word games on 4th RHA 12:30 Mindful Music 3:00 Musical Entertainer on RHA 4 3:45 Family Feud</p>
<p>10:00 Spiritual Life Church Service 2 10:00 Virtual Church Service 12:30 Mindful Music 2:00 Bible Trivia 3:00 Movie Afternoon 3:15 Bible Trivia on 4th RHA</p>	<p>Game Shows in the Morning 3 10:00 Move it Cubii Exercise 10:00 Morning Music and News 2:00 Drumfit</p>	<p>12:30 Mindful Music 4 1:15 Men's Fellowship Hour - 4th RHA 3:30 Brain Games 6:15 Big Games Night</p>	<p>10:00 Lifelong Learning and Discussion 5 11:15 Fun & Fitness 12:30 Mindful Music 1:30 Bingo 6:00 5th RHA Quiddler 6:00 4th RHA Hymn sing</p>	<p>10:00 Out of India Event 6 10:00 Pawsitively Pets 11:15 Games & Puzzles 12:30 Mindful Music 2:00 Hymn Sing Service 3:30 Dice Games</p>	<p>10:00 Self-Directed Activities throughout the day 7 10:15 Chair Exercises 11:00 Word games on 4th RHA 2:00 Friday Fellowship 3:30 Dominoes </p>	<p>10:00 Cubii Exercises with Andrea 8 12:30 Sensory & Relaxation 2:00 Sit & Fit 3:00 Musical Entertainer 3:30 Movie Afternoon</p>	
<p>10:00 Spiritual Life Church Service 9 10:00 Virtual Church Service 2:00 Movie Afternoon 2:00 Hymn Sing </p>	<p>10:00 Self Directed Activities throughout the day 10 10:00 Chair Exercise 11:00 Morning Puzzles/Word Games on 4th floor 2:00 Boomers Club (By invite only) 3:30 Dominoes</p>	<p>10:00 Mandarin/ Cantonese Support Group 11 12:30 Mindful Music 1:15 Men's Fellowship Hour - 4th RHA 2:00 Resident's Council 3:30 Brain Games 6:15 Big Games Night</p>	<p>10:30 Walking Club 12 11:15 Fun & Fitness 12:30 Mindful Music 1:30 Bingo 6:00 5th RHA Quiddler 6:00 4th RHA Hymn sing</p>	<p>10:30 Audible Bible Study 13 11:15 Games & Puzzles 12:30 Mindful Music 2:00 Spiritual Life Reflection 2:00 Hymn Sing Service 3:30 Card Games</p>	<p>Game Shows in the Morning 14 10:00 Cubii Exercises with Andrea 10:00 Morning Music and News 2:00 Friday Fellowship</p>	<p>10:00 Bowling 15 11:15 Word games on 4th RHA 12:30 Mindful Music 2:00 Spiritual Reflection 3:45 Family Feud</p>	
<p>10:00 Spiritual Life Church Service 16 10:00 Virtual Church Service 12:30 Mindful Music 2:00 Bible Trivia 3:00 Movie Afternoon 3:15 Bible Trivia on 4th RHA</p>	<p>Game Shows in the Morning 17 10:00 Move it Cubii Exercise 10:00 Morning Music and News 2:00 St Patricks Day Event </p>	<p>12:30 Mindful Music 18 1:15 Men's Fellowship Hour - 4th RHA 2:00 Mahjong Club 3:30 Brain Games 6:00 Sound Therapy</p>	<p>10:00 Lifelong Learning and Discussion 19 11:15 Fun & Fitness 12:30 Mindful Music 1:30 Bingo 6:00 5th RHA Quiddler 6:00 4th RHA Hymn sing</p>	<p>10:00 Dog Therapy 20 11:15 Games & Puzzles 12:30 Mindful Music 2:00 Hymn Sing Service 3:30 Dice Games</p>	<p>10:00 Self-Directed Activities throughout the day 21 10:15 Chair Exercises 11:00 Word games on 4th RHA 2:00 Friday Fellowship 3:30 Dominoes</p>	<p>10:15 Morning Exercises 22 12:30 Sensory & Relaxation 3:00 Musical Entertainer 3:30 Movie Afternoon </p>	
<p>10:00 Spiritual Life Church Service 23 10:00 Virtual Church Service 2:00 Movie Afternoon 2:00 Hymn Sing</p>	<p>10:00 Self Directed Activities throughout the day 24 10:00 Chair Exercise 11:00 Morning Puzzles/Word Games on 4th floor 2:00 Boomers Club (By invite only) 3:30 Dominoes</p>	<p>12:30 Mindful Music 25 1:15 Men's Fellowship Hour - 4th RHA 3:30 Brain Games 6:15 Big Games Night</p>	<p>10:00 Crossword Puzzles Group 26 11:15 Fun & Fitness 12:30 Mindful Music 1:30 Bingo 6:00 5th RHA Quiddler 6:00 4th RHA Hymn sing</p>	<p>10:15 Morning Exercise 27 11:15 Games & Puzzles 12:30 Mindful Music 2:00 Hymn Sing Service 3:30 Card Games</p>	<p>Game Shows in the Morning 28 10:00 Cubii Exercises with Andrea 10:00 Morning Music and News 10:30 Intergenerational Program 2:00 Friday Fellowship</p>	<p>10:15 Morning Exercises 29 11:15 Word games on 4th RHA 12:30 Mindful Music 3:00 Musical Entertainer on RHA 4 3:45 Family Feud</p>	
<p>10:00 Spiritual Life Church Service 30 10:00 Virtual Church Service 12:30 Mindful Music 2:00 Bible Trivia 3:00 Movie Afternoon 3:15 Bible Trivia on 4th RHA</p>	<p>Game Shows in the Morning 31 10:00 Move it Cubii Exercise 10:00 Morning Music and News 2:00 Drumfit</p>	