

## **May 2025**

## Shepherd Village Terrace

All programs are subject to change

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Many daughters have done virtuously, But thou excellest them all. Favour is deceitful, and beauty is vain: But a woman that feareth the LORD, she shall be praised. Give her of the fruit of her hands; And let her own works praise her in the gates. Proverbs 31:28-31 King James Version (KJV)				10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:30 Documentary/ Rick Steves Europe/The Best of Sicily 6:00 Evening Hymn Sing	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game  2:00 Live Performance with Kelly Davis  6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 1:30 CURLING (MR) 3:30 Scrabble Club in the Game Room 6:00 Evening Hymn Sing
10:00 Church in the Village 6:00 Evening Hymn Sing  WORSHIP  Together	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Computer class (1-1) /Library 3:00 Scrabble Club 6:00 Evening Hymn Sing	10:00 1:1 Pet Visits with Benji 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 1:30 Arts & Crafts Club 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 This is Jeopardy!  2:00 BINGO!  3:30 Music appreciation/Anne Murray  6:00 Evening Hymn Sing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:30 Documentary/ Rick Steves Europe/Turkey 6:00 Evening Hymn Sing	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game  2:00 Celebrating Mothers /Live Performance with John Kim  6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 2:00 Target Games on the Patio!!! 3:30 Scrabble Club in the Game Room 6:00 Evening Hymn Sing
10:00 Church in the Village 6:00 Evening Hymn Sing  Mother's Day  Brunch  Output  Day	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Terrace Town Hall Meeting 3:30 Outdoor Walks in the Garden 6:00 Evening Hymn Sing	10:00 1:1 Pet Visits with Benji 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 On Mother's Day and Everyday - Honoring Mothers Social 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 This is Jeopardy!  2:00 BINGO!  3:30 Music Appreciation!! Andre Rieu 6:00 Evening Hymn Sing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:30 Documentary/ Rick Steves Europe/Sicily 6:00 Evening Hymn Sing	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game  2:00 Live Performance with Filipa Sousa  6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 1:30 Bowling (MR) 3:30 Scrabble Club in the Game Room 6:00 Evening Hymn Sing
10:00 Church in the Village 6:00 Evening Hymn Sing  18  Volume 18  Together	6:00 Evening Hymn Sing  VICTORIA  DAY	10:00 1:1 Pet Visits with Benji 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 1:30 Knitting, Crochet & Music (Social) 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 This is Jeopardy!  2:00 BINGO!  3:30 EDUCATION HOUR /What every Canadian should know about: Fraud and scams (MR)  6:00 Evening Hymn Sing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:30 Documentary/ Our Planet   One Planet / Netflix 6:00 Evening Hymn Sing	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game  2:00 Live Performance with John Lettieri	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 6:00 Evening Hymn Sing
10:00 Church in the Village 6:00 Evening Hymn Sing  25  VORSHIP  Together	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Scrabble Club 3:00 Outdoor Walks in the Garden 6:00 Evening Hymn Sing	10:00 1:1 Pet Visits with Benji 10:00 GROUP EXERCISE 11:00 Brain Fitness- Trivia 2:00 TERRACE FOOD MEETING 2:30 Gardening on the Patio 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 This is Jeopardy!  2:00 BINGO!  3:30 Comedy Hour (Dean Martin Show)  6:00 Evening Hymn Sing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study with Nancy 3:30 Documentary/ Egypt's Lost Wonders (Full Episode)   Drain the Oceans 6:00 Evening Hymn Sing	9:30 PHYSIO Strengthening and Balance Focus.  10:15 PHYSIO Stretching and Relaxation Focus.  11:00 Brain Fitness- Word Game  2:00 Live Performance! North Toronto Christian School Choir in the Community Hall	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 6:00 Evening Hymn Sing