

In Sync... In the Village

The biannual newsletter of Shepherd Village Inc.



The Lord is my shepherd; I shall not want. He makes me lie down in green pastures. He leads me beside still waters. He restores my soul. He leads me in paths of righteousness for his name's sake.

Psalms 23:1-3 (ESV)

Inside the newsletter

President/CEO Desk
Past Spotlights
Wellness
Marketing
Resident Spotlight
Upcoming Events

Spiritual Life
Fund Development
Communication
Get Involved
Inside the Village
Facility

Message from the President/CEO



I want to take a moment to reflect on our journey this past year and share my vision for the year ahead. 2024 has been a testament to our resilience, innovation, and unwavering commitment to excellence.

Together, we have navigated challenges, celebrated successes, and continued to push the boundaries of what is possible. I believe that 2025 will be a year full of promise and opportunity as we continue to prioritize our core values—Compassionate Care, Accountability, Respect and Excellence—while embracing new ways of thinking and problem-solving.

For 2025, in keeping with our vision, we will deepen our commitment to making Shepherd Village a thriving caring Christian community for residents, families, staff, volunteers, and other stakeholders.

We will explore new strategic partnerships with those favourable to the Christian standards of Shepherd Village, to unlock even greater potential. We will succeed at making Shepherd Village a dementia-friendly Campus of Care. We will prioritize the well-being of our employees whose health, happiness, and professional growth are paramount.

I am truly inspired by their hard work, passion, and commitment to Shepherd Village, an organization certified as 'A Great Place to Work' for the past two years, based on employee opinion. Together with our stakeholders, we will build on the strong foundation established over the last 67 years and set the stage for even greater accomplishments.

Let us embrace 2025 with optimism and determination for another remarkable year. Thank you for your dedication and continued commitment.

Here's to an exciting year ahead!

Warm Regards
Wendy Beckles



2025 Board Members

2025 Strategic Goals

2025 represents the final year of our current 5-year Strategic Plan (2021–2025). The 2025 Corporate Goals & Objectives are developed for Shepherd Village under four perspectives:

1. **Financial – Financial Stability:** Achieve overall occupancy of 97%, establish adequate capital reserves and maintain positive cash flow in keeping with the annual Board-approved budget.
2. **Customer – Residents & Families:** Maintain a Christian seniors' community where customer satisfaction exceeds 80% and establish key relationships with community partners to benefit Shepherd Village residents for research and development.
3. **Internal Process – Operational Systems:** Maintain a thriving Christian environment with effective communication and ensure compliance findings do not expose residents and the organization to significant risk.
4. **Learning & Growth – Staff & Volunteers:** Become an Employer of Choice, attracting, recruiting and retaining qualified and engaged, staff and volunteers.

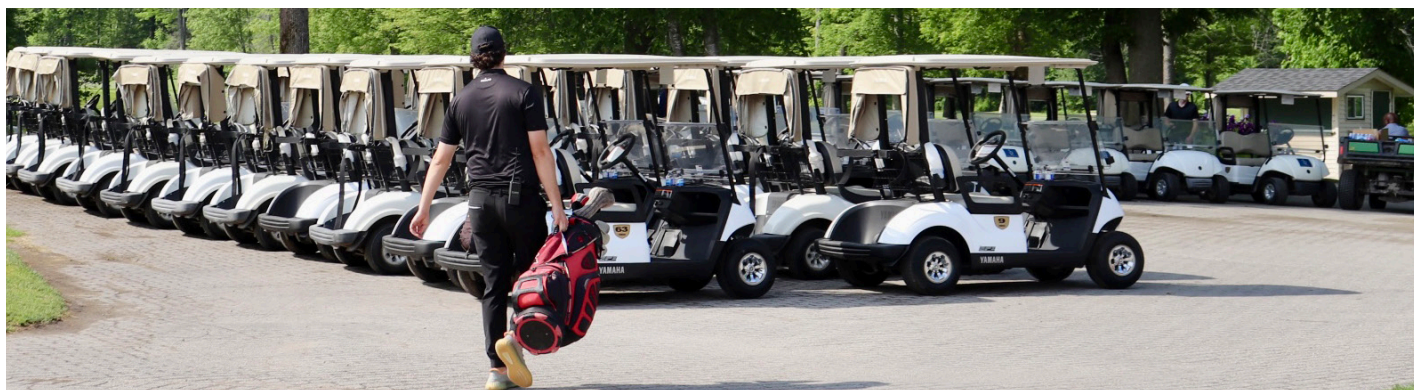
Our 6 Critical Success Factor

1. **Christian Culture** – To maintain a Christian community that highlights the message of Christ in our values.
2. **Stakeholder Relationships** – To recognize the value of those we serve (residents, families, Board of Directors, staff, community and external partners).
3. **Staff Competency** – To recruit and retain knowledgeable, dedicated and engaged staff
4. **Compliance** – To meet all government regulations.
5. **Financial Capacity** – To pay all operating, financing and capital cost obligations.
6. **Organizational Flexibility** - To efficiently and effectively prepare and address our changing environment.

29th Golf Tournament



Almost three decades of golfing and fundraising to support our seniors here at Shepherd Village. Our 29th golf tournament was a huge success, raising an incredible \$96,615, thanks to the support of our golfers, volunteers, and sponsors—Achieva Health Physiotherapy Services, Silver Fox Pharmacy, and Sodexo. A special thank you goes to the 50/50 draw winner, who generously donated his winnings back to the cause. Mark your calendar for our big 30th coming up in June 2025.





Senior Flicks Oscar

Senior Flicks, the YouTube channel created by seniors for seniors, has rolled out the red carpet with its first-ever Oscars celebration. This inspiring event honoured the remarkable stories and courageous voices that light up our screens. Senior Flicks continues to uplift and empower seniors everywhere by celebrating these extraordinary tales.

Walkathon

The sun was out, and so were we. Shepherd Village's first Walkathon was launched on Saturday, July 13, 2024. This fundraiser helped us stay fit and raise money to support and meet the needs of our seniors. The goal was to raise \$5,000, but we exceeded that amount by almost double.



National Seniors Day High Tea



Oct. 1, 2024, was a day to remember as seniors from churches around Scarborough came together for an elegant High Tea event in the Community Hall to celebrate National Seniors Day. Over 100 guests enjoyed heartfelt conversations and the inspiring gospel music of Vocal Legacy from Westport, Ontario, making the atmosphere nothing short of joyful. A special shoutout to Mosaic Home Care and Silver Fox Pharmacy for helping make it all happen!

Milestone Celebration



Families, friends, and community members came together in October 2024 to celebrate the birthdays of our remarkable seniors aged 95 and above. The event honoured 19 individuals aged 95–99, and 5 centenarians.

Bowling Tournament

2024 marked the conclusion of our bowling tournament fundraising event, raising over \$10,000 in support of our residents. As we reflect on its success over the years, we appreciate all who have participated and contributed to make it a success.



Yonge Street Mission Initiative

Last year, the Church in the Village (CITV) teamed up with the Church in Regent Park to spread love and kindness by serving food and drinks to over 300 people at the Yonge Street Mission Center. We came together during Thanksgiving and just before Christmas, sharing warmth and community with those in need.



Shepherd Lodge: Leading the Way to Excellence in Care; Journey Toward BPSO Designation



We are thrilled to announce Shepherd Lodge as a pre-designate for the Best Practice Spotlight Organization (BPSO) program. This prestigious initiative, led by the Registered Nurses' Association of Ontario (RNAO), recognizes health-care organizations committed to implementing and evaluating Best Practice Guidelines (BPGs). Though achieving full designation typically takes three years, Shepherd Lodge has already surpassed expectations halfway through Year 1.

With over 15 quality improvement projects, engaging staff, residents, and families across clinical and non-clinical programs, we are proud of our progress. Notably, our abstract on improving care transitions has been approved and presented at RNAO's Global Symposium in November 2024. Our BPG champions team is up by 15%, growing from 2 to 33 staff members, plus one resident and a family member. We have implemented components of BPGs for pressure injury prevention, care transitions, pain management, falls prevention, delirium screening, and resident-centered care.

RNAO's BPSO designation enriches professional practice, fosters retention and enhances the care experience for residents and families. Shepherd Lodge aims to achieve BPSO designation by 2026, meeting requirements including the implementation of three BPGs and training 20% of nursing staff as champions.

Join us this summer as we celebrate our pre-designate status and continue this exciting journey to excellence in care!

“Dad moved into the Lodge in April and I have to say I am absolutely in awe of all that the Village does. He is receiving excellent care and the activities are fantastic.”

Frequently Asked Questions (FAQs)

Why should I live at Shepherd Village?

We firmly believe that Shepherd Village is the best place to live for seniors in Ontario. We have a wide range of amenities including a pharmacy, Church, courtyard café, pool, gym, etc. We are a caring Christian community.

Which building should I live in?

We can help you determine the best building to suit your needs. We do this by taking into consideration your health and your lifestyle.

My family does not live in the Greater Toronto Area (GTA). Can they stay with me when they visit?

We have two guest suites that can be rented. We also offer guest meals and, of course, all our on-site services are made available to guests as well.

Must I be Pentecostal to live at Shepherd Village?

No. Shepherd Village respects all faiths and encourages the expression of your spirituality. We have a vibrant inter-denominational Church where everyone is welcome to worship. We offer Christian spiritual-life programs and services for those who are interested.

Refer A Friend or Family Member Program

Do you have a loved one that is struggling to live independently at home, or you would like them to have a little more socialization or interaction with their own peers? Look no further, Shepherd Village is the perfect place. There is something here for everyone. You will receive \$500 when you refer a friend or family member.

Please call Michelle 416-609-5700 Ext. 332 or Sharon 416-609-5700 Ext. 314 for more information.



\$500 will be received upon residents staying 3 months or longer.

Resident Spotlight: David Wise

Every Monday during Men's Fellowship, I catch sight of him—David Wise—seated with a group of men. His warm smile is quiet, but he has an unmistakable sense of joy.

David is the kind of person everyone needs in their corner. As the AV specialist for the Church in the Village (CITV), he's one of the unseen heroes behind the smooth Sunday services, ensuring that everything runs seamlessly for those present and viewers tuning in online. With years of experience at IBM, David has a unique mastery of technology. Whether it's troubleshooting a stubborn gadget or weighing in on the Mac vs. PC debate (he's firmly Team PC, by the way), his expertise is unmatched.



But David is much more than the “tech guy” living in the Terrace. He's the community's cornerstone, always finding ways to connect people and make them feel at home. Every Sunday at 10 a.m., you'll find him in his usual spot by the AV booth, quietly ensuring every detail is just right. Last Christmas, he coordinated a heartwarming sing-along, bringing residents, families, and staff together for an afternoon of joy and togetherness. It's moments like these that show how deeply David cares about the people around him.

His charisma is undeniable. He is always the first to smile when a camera appears, striking a pose and playfully asking, “Did you get my picture?” As one of the faces for Senior Flicks and a natural spokesperson for events, David brings energy and life to every role he takes on.

“It takes more than one to build a village. A village is not just a place—it is the people, the connections, and the shared responsibility we hold for one another. It is built on kindness, support, and the willingness to lift each other up. You and I, along with everyone around us, are the village. Together, we create, nurture, and sustain it.”

Upcoming Events



**MONTHLY EDUCATIONAL
PET VISITS**

Monthly visits from **Pawsitively
Pets** in the Lodge Resident Home
Areas throughout the year



Milestone Wedding Anniversaries!

Come Join Us
February 14, 2025

Community Hall
from 2-3 pm

Honouring couples who have been married for 60 years
or longer and have chosen to celebrate with the Village.



SENIOR FLICKS
it's your channel.

The Village COOKING SHOW

SEASON 3 LAUNCH PARTY

Thursday, March 13

\$5
Registration
fee
(More Details to
come)

Come and taste test some interesting
bite sized hors d'oeuvres our chefs
have put together



Good Friday Service

APRIL 18,
2025

Upcoming Events



*Service of
Remembrance and
Thanksgiving*

April 29, 2025
2 PM

Celebrating the lives of our dear Shepherd Village Residents
who have passed away from this life
between January 1, 2025 - March 31, 2025



SHEPHERD VILLAGE
A Caring Christian Seniors' Community

**END OF LIFE &
ESTATE PLANNING
SEMINAR**

PREPARE TODAY FOR A SECURE TOMORROW

FOR MORE INFORMATION
CONTACT
Teresa 416-609-5700 Ext. 336

SAVE THE DATE

MAY 05, 2025
Evening Seminar



JOIN US FOR

**Mother's
Day
Service**

SUNDAY, MAY 11
@10 AM

Celebrate the love of mothers on Sunday
live in Church in the Village



**SHEPHERD
GOLF 2025
30th
VILLAGE**

**30TH
Golf
TOURNAMENT**

TUESDAY, JUNE 03, 2025

Hosted by Cardinal Golf Club
2740 Davis Drive West
King, Ontario L7B 0G7

New Beginning



As we step into 2025 together, I want to draw your attention to a beautiful and life-changing truth: God specializes in new beginnings! No matter what lies ahead for you in this new year, be encouraged to know that He is the master artist who renews and restores. He sees beyond the wear and tear of life as it is, to the masterpiece He created in you. His desire is to bring fresh hope, new purpose, and vibrant life to each of us.

Because this is His specialty, He has done this before, and He continues to do so today. From fixing our broken and grieving hearts with His love, to flooding our anxious thoughts with hope, to filling us with peace in the midst of challenging times, His work of renewal is ongoing. And as we move through life's ups and downs, He reminds us of a future promise—a heavenly home, where all things will be made new forever. What an encouraging reality to consider!

Please know that our Spiritual Life Team is here for you! This year, let's walk forward with courage, trusting that the God who renews all things walks with us. Together, let's embrace His plan for renewal and cheer each other on as we witness His ongoing work in our lives. God is with us, Shepherd Village—let's move forward in faith!

Rich Janes

Director, Spiritual Life and
Strategic Partnerships

Do you need prayers?



Our Spiritual Life Team (SLT) is here to support you in prayer. If you have a personal need or you know of someone else in need, please reach out through email (prayer@shepherdvillage.org) or phone (416-609-5700 ext. 228). Further, if you'd like to drop in at one of our SLT offices during the day, we'd be honoured to pray with you in person.

Also, every Wednesday from 12 to 1 p.m., we meet in the Church in the Village for prayers. Feel free to drop in. You're welcome to come when you can and leave when you must.



If you're looking for a weekly Christian Church service to attend, you're always welcome to join us at Church in the Village on Sundays @ 10 am, in person or online on **YouTube**.

(Scan the QR Ccode to join the service)



**What you need to know about the
30th Annual Golf Tournament**

- Registration and sponsorship must be completed through the new golf website: bit.ly/SVGolfTournament
- Raffle prizes and contests to win!
- 3 Different courses to choose from:
 - RedCrest - Parkland Upscale Course.
 - East Wing - Standard Course.
 - Kettle Creek - Par 3 Course.

A logo featuring a large, stylized heart in shades of red and pink. To the right of the heart, the text 'Giving Heart To The Village' is written in a black, cursive script font.

*Giving Heart
To The Village*

**Want to give heart to the Village
through donations?**

SCAN ME

A QR code used for donations, enclosed in a teal-colored frame that resembles a smartphone screen. A small red circular button with the text 'DONATE NOW!' is overlaid on the QR code.

What's your name?



Have you ever stopped to think about how much your name defines you? It's more than just a label. It's how people recognize and remember you. For me, my name always felt simple, easy to say, and familiar. The only thing that set it apart was the missing 'u' in Favour each time people spelled it. While it didn't change the meaning, I realized something important: I like the "u" because it's a part of my name, a name that is uniquely mine. It's a part of my identity, and every day, I strive to ensure it lives up to what it stands for.

The same is true for Shepherd Village. Our name is more than words; it's the heart of who we are. But a name is only as powerful as the recognition it carries. If people don't know it, how can they connect with it? And if they don't connect with it, how can they see the vibrant community we represent?

Hi, my name is Favour Amaka Jonah, and I am the Coordinator, Communication and Community Engagement at Shepherd Village. My mission is to ensure our name—and all it stands for—is seen, recognized, and loved. Through storytelling and clear, impactful communication, I aim to show the world the spirit of Shepherd Village, painting a picture so vivid that it stays with everyone who encounters it.

Favour Amaka Jonah

Coordinator, Communication and
Community Engagement

**Stay up to date with what is
going on in the Village**



@Shepherd Village Inc.



@shepherdvillage



@Shepherd Village Inc.



@shepvillage



@shepherdvillageinc

Recognitions and Badges



Calling on volunteers!

Make a difference

Your time matters! Volunteer and support our Village today!

Contact us to get more information

Lydia Li
416-609-5700 Ext. 275



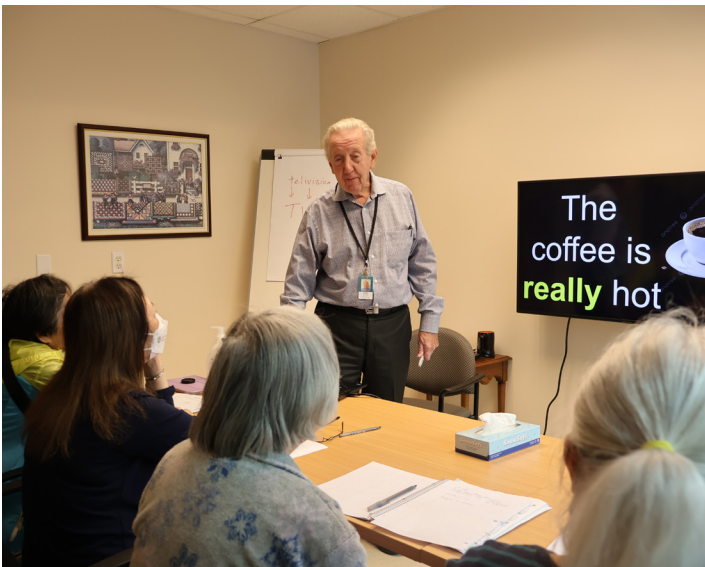
“I have worked there for over 3ish years now! And I can understand why people stay so long! Great people to work with, I feel well-respected and they are very accommodating! They are great at recognizing their employees.”

WE ARE HIRING!

SCAN HERE



What's in the Village?



ESL Classes

There are no limits to learning with the launch of our English as a Second Language (ESL) class, available to residents and the community. This class is open to seniors who want to improve their spoken and written English and learn how to communicate more effectively.

For more information
Contact Pastor Tony Baker
(416-609-5700 Ext. 227)



Onsite Pharmacy & Convenience Store

We offer convenient blister packaging for your regularly prescribed prescriptions and over the counter medications to ensure optimal safety.

- FREE & discreet delivery, right to your door!
- Convenience Store for all your shopping needs.
- 15% Senior discount every Wednesday.
- Medication reviews with our Pharmacist on-site or in the comfort of your home.
- Diabetes Consultation.
- Blood Pressure Monitoring Specialty Compounding.

Call 1-833-901-7369

Courtyard Café

Our Courtyard Café is a bright and comfortable restaurant located a few steps away from Shepherd Village's main lobby. We feature a daily set menu, as well as à la carte items, desserts and snacks.

We are open 7 days week for breakfast, lunch and dinner.



Village Club



“It’s a primarily Christian organization. Good Teamwork, happy people, very friendly and helpful. Good work life balance.”

We are a 65+ Seniors Day Program located on the Lower Level of the Shepherd Terrace Retirement Home here at Shepherd Village. Our open-concept room with panoramic views of our beautiful gardens (which are now dusted in snow, which is beautiful, too) is one of the best locations, in our opinion.

We help caregivers, who provide daily care, take a well-deserved break, knowing their loved ones are in a safe, fun, and supportive environment. “A home away from home.”

Here at the Village Club, we provide social, recreational, and therapeutic activities that specialize in dementia care in a group setting.

For more information contact

Nicole McGale
(416-609-5700 Ext. 406)

Open Monday to Friday
9:00 a.m. – 4:00 p.m.
Full day and half day options available.

Hair and Beauty Salon



- Hairstyling for Women
- Men’s Haircut
- Waxing Services
- Nail Services
- Facial Services
- Party Hair and Makeup

Tuesday - Saturday
(9:00 a.m. - 6:00 p.m.)
Sunday - Monday
(CLOSED)

416-609-5700 Ext 240

Safety Tips: Fraud Alert



Suspects are asking victims to “PRAY” with them

Protect Yourself

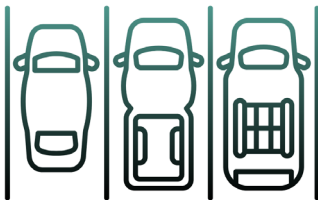
- Keep your distance.
 - Avoid flashy displays of jewelry.
 - Be vigilant anywhere that is busy.
 - Be alert and aware of your surroundings.
 - If someone is following you, draw attention to yourself by yelling “Stop following me” or “Leave me alone.”
- DO NOT LET THEM TOUCH YOU**

Fitness Centre



Monthly Fee

- \$20/month for Shepherd Village Staff.
- \$25/month for Shepherd Village Residents.
- \$35/month for Community Members.



Visitor Parking

Planning to visit Shepherd Village?
Enjoy affordable and convenient parking with our simplified online registration:

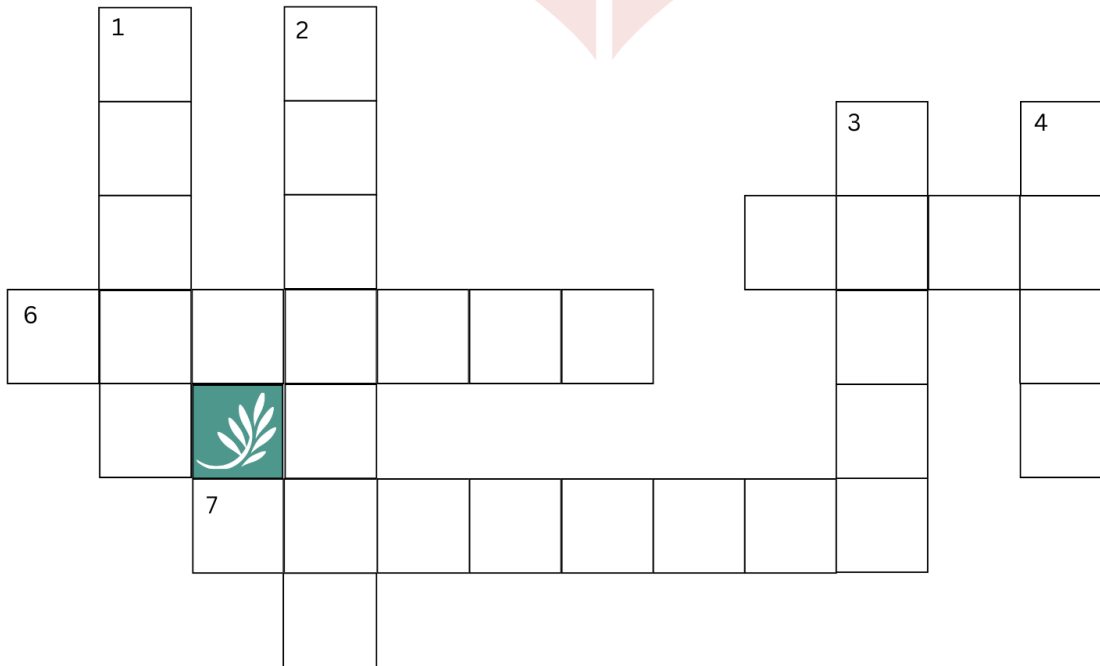
- **Daily Pass: \$5/day**
- **Monthly Pass: \$20/month**

Register online, submit payment, and bring your confirmation receipt to the Reception Desk to collect your parking pass.

Visit: www.shepherdvillage.org/visitor-parking/

The Manifestation of God's Love

(1 John 4)



Down

1.
Beloved, if God so _____ us, we ought also to love one another.
2.
Beloved, let us love one _____: for love is of God; and every one that loveth is born of God, and knoweth God.
3.
They are of the world: therefore speak they of the _____, and the world heareth them.
4.
Herein is love, not that we loved God, but that he loved us, and _____ his Son to be the propitiation for our sins.

Across

5.
In this was manifested the _____ of God toward us, because that God sent his only begotten Son into the world, that we might live through him.
6.
And we have seen and do _____ that the Father sent the Son to be the Saviour of the world.
7.
And we have known and _____ the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.

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FOX
PHARMACY**

