

Luisa
Recreation Assistant
(416) 609-5700 Ext. 233

Calendar may be adapted to fit the needs of our residents.

All activities are subject to change.

May 2025

RHA 2 Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend TV Lounge North (TLN) TV south/north (TVsn) Varied (VARI) Activity Den South (ADS) Community Hall (CH) Activity Den North (ADN) 3RD FLOOR (3RD) Tv lounge North & South (TVNS) Varied (Vari) Gardenview Room (GR) TV Lounge N/S (TVns) Piano Lounge (PL) 7th Floor (7FLR) 2nd Floor (2ND) TV Lounge North/South (TVns)				10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 1 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 2 10:30 TAM O' SHANTER SCHOOL INTERGENERATIONAL PROGRAM (GR) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 3 2:00 CLASSIC MOVIES (TVNS) 2:00 WEEKEND CONCERT (TLN)
9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 4 10:00 VIRTUAL CHURCH SERVICE (TVNS) 2:00 MOVIE/MUSIC CONCERT (TVNS)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 5 10:15 EXERCISES (ADN) 2:00 SHORT STORIES (ADN) 6:00 SING-A-LONG (3RD)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 6 10:15 STRIKE ZONE 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 6:00 SENSORY SOUND THERAPY (3RD)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 7 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 8 10:30 PHYSIO EXERCISE (TLN) 10:30 PET THERAPY (Vari) 2:00 HERB PLANTING PROGRAM (PL) 6:00 MUSIC & BRAIN GAMES (TLN)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 9 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 MOTHER'S DAY SOCIAL (TLN) 	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10 11:00 ACTIVE GAMES (TLN) 2:00 MOTHER'S DAY CONCERT (CH) 
HAPPY MOTHER'S DAY 11 9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:15 MOTHER'S DAY FLOWER TRAIN 	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 12 10:15 STRIKE ZONE (ADN) 2:00 WELCOME TEA (7FLR) 3:30 MONTESSORI ACTIVITIES (VARI) 6:00 SING-A-LONG (3RD)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 13 10:30 PHYSIO EXERCISE (TLN) 11:00 BALLOON BADMINTON (TLN) 2:00 BABY NURSERY (ADS)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 14 10:15 CUBII EXERCISE (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 15 10:30 PHYSIO EXERCISE (TLN) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 16 11:00 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOSHIP - (CH)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 17 10:15 ACTIVE GAMES (VARI) 2:00 BOWLING (CH) 3:30 WALKING CLUB (VARI) 
9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 18 10:00 CHURCH SERVICE (CH) 10:00 VIRTUAL CHURCH SERVICE (2ND) 2:30 HYMN SING (TLN) 3:00 WALKING CLUB (VARI)	VICTORIA DAY 19 10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 10:00 ICE CREAM TRAIN 	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 20 10:15 STRIKE ZONE 10:30 PHYSIO EXERCISE (TLN) 2:00 SHORT STORY (ADS) 2:00 CLASSIC MOVIE (TVns) 6:00 SENSORY SOUND THERAPY (3RD)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 21 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 5:00 GREEKFEST - (Limited Space) (GR)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 22 10:30 PHYSIO EXERCISE (TLN) 11:00 ACTIVE GAMES (TLN) 2:00 BABY NURSERY (ADS) 3:00 SPA TREATMENT/HAND MASSAGE (VARI)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 23 10:30 ACTIVE GAMES (TLN) 1:30 PHYSIO EXERCISE (TLN) 2:00 SHAPE AND COLOR (ADS)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 24 11:00 ACTIVE GAMES (TLN) 2:00 WEEKEND CONCERT (TLN)
9:15 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 25 10:00 VIRTUAL CHURCH SERVICE (TVns) 2:15 HYMN SING (TLN)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 26 10:15 BAG TOSS GAME (ADN) 2:00 DRUM FIT (CH) 2:15 MONTESSORI ACTIVITIES (ADS) 6:00 SING-A-LONG (3RD)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 27 10:30 PHYSIO EXERCISE (TLN) 11:00 POOL NOODLE HOCKEY (TLN) 2:00 BABY NURSERY (ADS)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 28 10:15 CUBII EXERCISE (VARI) 10:30 MUSIC THERAPY (ADN) 2:00 HYMN SING & SERVICE (TLN) 3:30 RECREATION MEETING	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 29 10:30 PHYSIO EXERCISE (TLN) 10:30 PET THERAPY (Vari) 2:00 BABY NURSERY (ADS) 3:00 AROMA/ HAND MASSAGE (VARI) 6:00 MUSIC & BRAIN GAMES (TLN)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 30 10:30 TAM O' SHANTER SCHOOL INTERGERATIONAL PROGRAM (CH) 1:30 PHYSIO EXERCISE (TLN) 2:00 FRIDAY FELLOWSHIP (CH)	10:00 SENSORY VIDEO & MUSIC RELAXATION (TVsn) 31 10:15 ACTIVE GAMES (VARI) 2:00 BOWLING (CH) 3:30 WALKING CLUB (VARI)