

Andrea
Recreation Assistant
Contact: 416-609-5700 Ext: 258
Programs are subject to change

June 2025

Senior's Month

Shepherd Lodge RHA4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Gospel Music Listing (RSR) 1 10:00 Church Service (CH) 10:00 Virtual Church Service (PL) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS) 3:30 Jazz Cafe Relaxing Music/Aromatherapy (TLN)	9:30 Self-Directed Activities (VARI) 2 11:00 Word Games (PL) 2:00 Boomers Club 7th. RHA (CH) 3:30 Travel Documentary (PL) 3:30 Physio Exercise Group (PL)	10:00 Staff Care Conference (ADS) 3 1:15 Men's Fellowship (ADN) 2:00 Puzzle Quest (ADN) 3:30 Physio Exercise Group (PL) 5:00 Hindi Movie Hour (TLS) 6:00 Sound Therapy RHA 3 (PL)	10:00 Music Memory Cafe (RSR) 4 2:00 Ice Cream Afternoon - Outdoors Games (COUR) 3:30 Travel Documentary (PL) 4:00 Recreation Staff Meeting 6:00 Hymns & Bible Reading With 7RHA (PL) 6:00 Hymns & Bible Reading - 4fl (4FL)	10:00 Flexion Exercise & Balloon Volley (PL) 5 2:00 Hymn Sing - RHA 7 (PL) 3:00 Brain Teasers (PL) 3:30 Azerbaijan Country Cooking Vlog (TLN)	10:00 Cubii Exercise - 7 RHA (PL) 6 10:30 Cubii Exercises (PL) 2:00 Friday Fellowship (CH) 3:30 Cover The Dot Game (PL) 6:00 Friday Social Hour - RHA6th. (PL)	9:30 Country Cooking in Azerbaijan (TLN) 7 10:00 Mindful Music (PL) 11:15 Word Games (ADN) 3:00 Afternoon Concert (PL) 3:30 Beautiful Destinations (PL)
9:30 Mindful Music (PL) 8 10:00 Virtual Church Service (PL) 10:00 Church Service (TLS) 2:00 Strolling Musician RHA7 (7FLR) 3:15 Bible Trivia & Hymns (PL)	10:00 Cubii Exercise 7RHA (PL) 9 11:00 Cubii Exercise (PL) 2:00 Bowling (CH) 3:30 1-1 Montessori Activity (RSR) 4:30 Tim Janis Reflections (PL) 5:00 Hindi Movie Hour (TLS)	10:00 Staff Care Conference (ADS) 10 10:00 Mandarin Cantonese Support Group RHA7 (PL) 1:15 Men's Fellowship (ADN) 2:00 Resident's Council Celebration (PL) 3:30 Physio Exercise Group (PL) 5:00 Hindi Movie Hour (TLS)	11:00 Farm Animals Visit (CH) 11 3:30 Travel Documentary (PL) 4:00 Recreation Staff Meeting 6:00 Hymns & Bible Reading With 7RHA (PL)	9:00 Bluffers Park Outing (Out) 12 9:30 Self-Directed Activity (VARI) 10:30 Audible Bible Study (CH) 2:00 Hymn Sing - RHA 7 (PL) 3:30 Azerbaijan Country Cooking Vlog (TLN) 3:30 Dice Game RHA 7th. (PL)	9:30 Self- Directed Activity (VARI) 13 11:00 Word Games (ADN) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL) 6:00 Friday Social Hour - RHA6th. (PL)	9:30 Country Cooking in Azerbaijan (TLN) 14 9:30 Self-Directed Activity (VARI) 3:00 Afternoon Concert (PL) 3:30 Comedy Hour (TLS)
9:00 Gospel Music Listing (RSR) 15 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Hymn Singing - RHA 5 (PL) 3:30 Gaither Gospel Concert (TLS) 	9:30 Self-Directed Activities (VARI) 16 10:00 Chair Exercise RHA 7th (PL) 11:00 Morning Puzzles/Word Games RHA 7th (PL) 2:00 Boomers Club 7th. RHA (CH) 3:30 Travel Documentary (PL)	10:00 Walking Club (COUR) 17 1:15 Men's Fellowship (ADN) 2:00 Brain Games - RHA 7th (ADN) 3:30 Physio Exercise Group (PL) 5:00 Hindi Movie Hour (TLS) 6:00 Sound Therapy RHA 3 (PL)	10:00 Cross Word Puzzle Group - RHA7 (PL) 18 2:00 Cover The Dot - RHA 7 (PL) 3:30 Travel Documentary (PL) 4:00 Recreation Staff Meeting 6:00 Hymns & Bible Reading - 4fl (4FL)	10:30 Outdoor Concert (COUR) 19 2:00 Hymn Sing - RHA 7 (PL) 3:30 Azerbaijan Country Cooking Vlog (TLN) 3:30 Card Games - RHA7 (PL)	9:30 Self-Directed Activities (Vari) 20 2:00 Friday Fellowship (CH) 2:00 Comedy Hour (PL) 6:00 Friday Social Hour - RHA6th. (PL)	9:30 Country Cooking in Azerbaijan (TLN) 21 10:00 Mindful Music (PL) 11:15 Word Games (ADN) 2:00 Bowling Hour (CH) 3:30 Beautiful Destinations (PL)
9:30 Mindful Music (PL) 22 10:00 Virtual Church Service (PL) 10:00 Church Service (TLS) 2:00 Strolling Musician RHA7 (7FLR) 3:15 Bible Trivia & Hymns (PL)	10:00 CUBII EXERCISE (PL) 23 10:00 Cubii Exercise 7RHA (PL) 2:00 Outdoor Games (COUR) 4:30 Tim Janis Reflections (PL) 5:00 Hindi Movie Hour (TLS)	10:00 Walking Club (COUR) 24 1:15 Men's Fellowship (ADN) 2:00 Strawberry Social Prep (GR) 3:30 Physio Exercise Group (PL) 	10:00 Pawsitively Pets (PL) 25 2:00 Strawberry Social (PL) 3:30 Travel Documentary (PL) 4:00 Recreation Staff Meeting 6:00 Hymns & Bible Reading With 7RHA (PL) 6:00 Hymns & Bible Reading - 4fl (4FL)	10:00 Outdoor Walks (PL) 26 10:30 Balloon Game & Fitness (PL) 2:00 Hymn Sing - RHA 7 (PL) 3:00 Brain Teasers (PL) 3:30 Azerbaijan Country Cooking Vlog (TLN)	11:00 Word Games (ADN) 27 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL) 6:00 Friday Social Hour - RHA6th. (PL)	9:30 Country Cooking in Azerbaijan (TLN) 28 10:00 Cubii Exercise 7th. Floor (PL) 11:00 Cubii Exercise (PL) 2:00 Outdoor Concert (COUR) 3:30 Comedy Hour (TLS)
9:00 Gospel Music Listing (RSR) 29 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Hymn Singing (PL) 3:30 Gaither Gospel Concert (TLS) 3:30 Jazz Cafe Relaxing Music/Aromatherapy (TLN)	10:30 Walking Club (COUR) 30 11:00 Word Games (PL) 2:00 Boomers Club 7th. RHA (CH) 3:30 Travel Documentary (PL) 3:30 Balcony Visits (N/S)	HAPPY SENIOR'S MONTH 			<u>Locations Legend</u> <div>Courtyard (COUR) Resident's room (RSR) Varied (VARI) 4th Floor (4FL) Activity Den South (ADS)</div> <div>7th Floor (7FLR) Outing (Out) Varied (Vari) Gardenview Room (GR) Balcony (N/S)</div>	