








Roxcene
7th Floor Rec Assistant
416 609 5700 ext 235

Shepherd Village Lodge

All programs are subject to change.

****Happy Seniors Month****

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (4FL) 	10:00 Chair Exercise (PL) 10:00 Self Directed Activities (VARI) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)	12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 7th RHA (ADN) 2:00 Bird-Watching (weather-dependent) (ODR) 3:30 Brain Games (PL) 6:00 Sensory Sound Therapy (3RD)	10:00 Pawsitively Pets (PL) 12:30 Mindful Music (TLS) 2:00 Bingo (PL) 3:30 Brain Games (PL) 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)	10:15 Morning Exercise (PL) 11:15 Games & Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:00 Ice Cream Afternoon 3:30 Card Games (ODR)	10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 2:00 Friday Fellowship (CH) 6:00 Friday Social Hour (Vari)	10:15 Morning Exercises (PL) 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 2:00 Family Feud (PL) 3:00 Musical Entertainer on RHA 4
10:00 Spiritual Life Church Service (CH) 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 2:30 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	10:00 Move it Cubii Exercise (PL) 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 2:00 Drumfit (CH)	10:00 Mandarin/ Cantonese Support Group (7FLR) 12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 7th RHA (ADN) 2:00 Resident's Council (VARI) 3:30 Brain Games (PL) 6:15 Paint Night (7FLR)	11:00 Farm Animals (CH) 12:30 Mindful Music (TLS) 2:00 Bingo (PL) 3:30 Brain Games (PL) 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL)	10:00 Bluffers Park Outing (Out) 10:15 Morning Exercise (PL) 10:30 Audible Bible Study (CH) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI) 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN) 6:00 Friday Social Hour (Vari)	10:00 Cubii Exercises with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)
Happy Father's Day 10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (4FL) 	10:00 Chair Exercise (PL) 10:00 Self Directed Activities (VARI) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)	12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 7th RHA (ADN) 2:00 Mahjong Club (PL) 3:30 Brain Games (PL) 6:00 Sensory Sound Therapy (ADS)	10:00 Crossword Puzzles Group (ADN) 11:00 Barbecue Lunch (CH) 12:30 Mindful Music (TLS) 2:00 Bingo (PL) 3:30 Brain Games (PL) 6:00 5th RHA Quiddler (ADN)	9:30 Rec Staff in Care Conference 10:00 Self-Directed Activities (Vari) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	10:00 Cubii Exercises with Andrea (PL) 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 2:00 Friday Fellowship (CH) 6:00 Friday Social Hour (Vari)	10:15 Morning Exercises (PL) 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 2:00 Bowling (CH) 3:00 Musical Entertainer on RHA 4 
10:00 Spiritual Life Church Service (CH) 10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 2:30 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	10:00 Move it Cubii Exercise (PL) 11:00 Self-Directed Activities (Vari) 11:00 Pop Up Program! (PL) 2:00 Drumfit (CH) 3:30 Dominoes (PL)	12:30 Mindful Music (TLS) 1:15 Men's Fellowship Hour - 7th RHA (ADN) 2:00 Baking (DRN) 3:30 Brain Games (PL) 6:15 Big Games Night (7FLR)	10:00 Lifelong Learning and Discussion (PL) 11:15 Fun & Fitness (PL) 12:30 Mindful Music (TLS) 2:00 Strawberry Social (CH) 6:00 5th RHA Quiddler (ADN) 6:00 4th RHA Hymn sing (PL) 	10:15 Morning Exercise (PL) 11:15 Games & Puzzles (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (ODR)	10:00 Self-Directed Activities throughout the day (VARI) 10:15 Chair Exercises (PL) 11:00 Word games on 4th RHA 2:00 Friday Fellowship (CH) 3:30 Dominoes (ADN) 6:00 Friday Social Hour (Vari)	10:00 Cubii Exercises with Andrea (PL) 12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)
10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (4FL)	10:00 Chair Exercise (PL) 10:00 Self Directed Activities (VARI) 11:00 Morning Puzzles/Word Games on 4th floor (ADN) 2:00 Boomers Club (7FLR) 3:30 Dominoes (PL)				<u>Locations Legend</u> Piano Lounge (PL) TV Lounge South (TLS) Activity Den North (ADN) Community Hall (CH) Tv lounge North & South (TVNS) Varied (VARI) 7th Floor (7FLR) Varied (Vari) Outdoors (ODR) Sanctuary/ On TV (SOT) 4th Floor (4FL) 3RD FLOOR (3RD) Outing (Out) Activity Den South (ADS) Dining Room North (DRN)	