







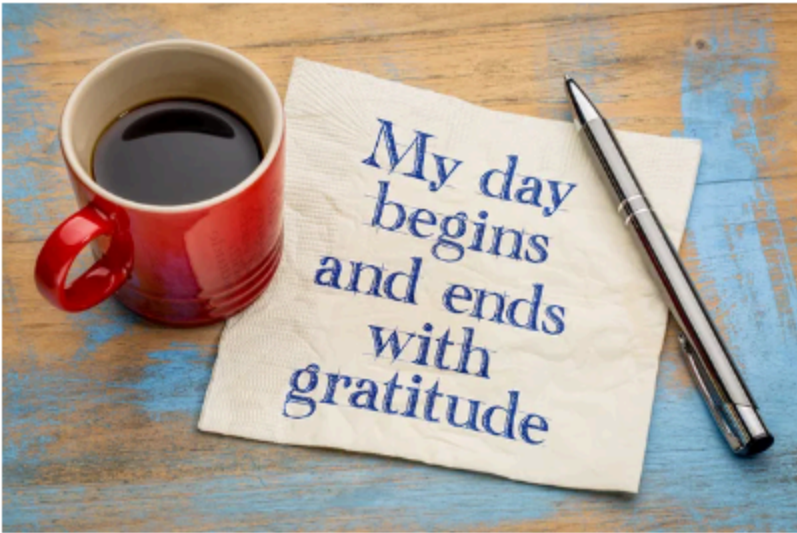
July 2025

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>THE EARTH IS THE LORD'S AND ALL THAT IS IN IT, THE WORLD, AND THOSE WHO LIVE IN IT. PSALM 24:1</p>	<p>10:00 GROUP EXERCISE 1</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 CANADA DAY SOCIAL (MR)</p> <p>3:15 Manicure 1:1 in the Game Room</p> <p>6:00 MOVIE NIGHT</p> 	<p>9:30 PHYSIO Strengthening and Balance Focus. 2</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 This is Jeopardy!</p> <p>2:00 BINGO!</p> <p>3:15 EUCHER/BID EUGER GAME IN THE GAME ROOM</p> <p>3:30 Music appreciation- The Lawrance Welk Show</p> <p>6:00 Evening Hymn Sing</p>	<p>10:00 GROUP EXERCISE 3</p> <p>10:30 1:1 Pet Visits with Cloe</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 SPIRITUAL LIFE / Bible study with Nancy</p> <p>3:30 Documentary/ David Attenborough Presents: Hummingbirds - Jewelled Messengers</p> <p>6:00 Evening Hymn Sing</p>	<p>9:30 PHYSIO Strengthening and Balance Focus. 4</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 Brain Fitness- Word Game</p> <p>2:00 Ministry at Shepherd Village/ The Next Generation Ministry from Scarborough Baptist Church</p> <p>6:00 MOVIE NIGHT</p>	<p>10:00 GROUP EXERCISE 5</p> <p>11:00 Brain Fitness- Word Game (MR)</p> <p>1:00 Games with Gill in the Game Room</p> <p>2:00 CURLING</p> <p>3:00 Play Whist with Bruno in the Game Room</p> <p>3:30 Ice Cream on the Patio!!!</p> <p>6:00 Evening Hymn Sing</p>
<p>10:00 Church in the Village 6</p> <p>1:00 Games with Gil in the Game Room</p> <p>6:00 Evening Hymn Sing</p> 	<p>9:30 PHYSIO Strengthening and Balance Focus. 7</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 Brain Fitness- Word Game</p> <p>2:00 SPIRITUAL LIFE / Hymn singing</p> <p>3:00 Games with Gill in the Game Room</p> <p>3:00 Manicure 1:1 in the Game Room</p> <p>6:00 Evening Hymn Sing</p>	<p>10:00 GROUP EXERCISE 8</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 Music & Icecream on the 2F Patio!!</p> <p>3:15 Manicure 1:1 in the Game Room</p> <p>4:00 Prayer Group in the Library</p> <p>6:00 MOVIE NIGHT</p>	<p>9:30 PHYSIO Strengthening and Balance Focus. 9</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 This is Jeopardy!</p> <p>2:00 BINGO!</p> <p>3:15 EUCHER/BID EUGER GAME IN THE GAME ROOM</p> <p>3:30 Music Appreciation!! Andrea Bocelli</p> <p>6:00 Evening Hymn Sing</p>	<p>10:00 GROUP EXERCISE 10</p> <p>10:30 1:1 Pet Visits with Cloe</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 SPIRITUAL LIFE / Bible study with Nancy</p> <p>3:30 Documentary/ Wonders of Thailand</p> <p>6:00 Evening Hymn Sing</p>	<p>9:30 PHYSIO Strengthening and Balance Focus. 11</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 Brain Fitness- Word Game</p> <p>2:00 Live Performance with Andy Philips /Steelpan in the Garden</p> <p>6:00 MOVIE NIGHT</p>	<p>10:00 GROUP EXERCISE 12</p> <p>11:00 Brain Fitness- Word Game (MR)</p> <p>1:00 Games with Gill in the Game Room</p> <p>1:30 Bowling</p> <p>3:00 Play Whist with Bruno in the Game Room</p> <p>6:00 Evening Hymn Sing</p>
<p>10:00 Church in the Village 13</p> <p>1:00 Games with Gil in the Game Room</p> <p>6:00 Evening Hymn Sing</p> 	<p>9:30 PHYSIO Strengthening and Balance Focus. 14</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 Brain Fitness- Word Game</p> <p>2:00 SPIRITUAL LIFE / Hymn singing</p> <p>3:00 Games with Gill in the Game Room</p> <p>6:00 Evening Hymn Sing</p>	<p>10:00 GROUP EXERCISE 15</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 Arts & Crafts Club/ Making Paper Angels</p> <p>3:15 Manicure 1:1 in the Game Room</p> <p>4:00 Prayer Group in the Library</p> <p>6:00 MOVIE NIGHT</p>	<p>9:30 PHYSIO Strengthening and Balance Focus. 16</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 This is Jeopardy!</p> <p>2:00 BINGO!</p> <p>3:15 EUCHER/BID EUGER GAME IN THE GAME ROOM</p> <p>3:30 Comedy Hour (Dean Martin Show)</p> <p>6:00 Evening Concert with EchoHorizons</p>	<p>10:00 GROUP EXERCISE 17</p> <p>10:30 1:1 Pet Visits with Cloe</p> <p>11:00 Brain Fitness- Trivia</p> <p>2:00 SPIRITUAL LIFE / Bible study with Nancy</p> <p>3:30 Documentary/ The Pope's mysterious army</p> <p>6:00 Evening Hymn Sing</p>	<p>9:30 PHYSIO Strengthening and Balance Focus. 18</p> <p>10:15 PHYSIO Stretching and Relaxation Focus.</p> <p>11:00 Brain Fitness- Word Game</p> <p>2:00 Live Performance with Leo Zhang /Cello</p> <p>6:00 MOVIE NIGHT</p>	<p>10:00 GROUP EXERCISE 19</p> <p>11:00 Brain Fitness- Word Game (MR)</p> <p>1:00 Games with Gill in the Game Room</p> <p>2:00 CURLING</p> <p>3:00 Play Whist with Bruno in the Game Room</p> <p>3:30 Ice Cream on the Patio!!</p> <p>6:00 Evening Hymn Sing</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 Church in the Village 20</div> <div>1:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO 21</div> <div>Strengthening and Balance Focus.</div> <div>10:15 PHYSIO Stretching and Relaxation Focus.</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 SPIRITUAL LIFE / Hymn singing</div> <div>3:00 Games with Gill in the Game Room</div> <div>3:00 Manicure 1:1 in the Game Room</div> <div>6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE 22</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 Learn how to dance Bollywood with Dhvani & Maitri</div> <div>3:15 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO 23</div> <div>Strengthening and Balance Focus.</div> <div>10:15 PHYSIO Stretching and Relaxation Focus.</div> <div>11:00 This is Jeopardy!</div> <div>2:00 BINGO!</div> <div>3:15 EUCHER/BID EUGER GAME IN THE GAME ROOM</div> <div>3:30 Music Appreciation!! Michael Bubble</div> <div>6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE 24</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 SPIRITUAL LIFE / Bible study with Nancy</div> <div>3:30 Documentary/ Rick Steves' Andalucia: The Best of Southern Spain</div> <div>6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO 25</div> <div>Strengthening and Balance Focus.</div> <div>10:15 PHYSIO Stretching and Relaxation Focus.</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 Live Performance with Bruce Tournay</div> <div>6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE 26</div> <div>11:00 Brain Fitness- Word Game (MR)</div> <div>1:00 Games with Gill in the Game Room</div> <div>1:30 Bowling</div> <div>3:00 Play Whist with Bruno in the Game Room</div> <div>6:00 Evening Hymn Sing</div>
<div>10:00 Church in the Village 27</div> <div>1:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO 28</div> <div>Strengthening and Balance Focus.</div> <div>10:15 PHYSIO Stretching and Relaxation Focus.</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 SPIRITUAL LIFE / Hymn singing</div> <div>3:00 Games with Gill in the Game Room</div> <div>6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE 29</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 Service of Remembrance in the Community Hall</div> <div>3:30 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO 30</div> <div>Strengthening and Balance Focus.</div> <div>10:15 PHYSIO Stretching and Relaxation Focus.</div> <div>11:00 This is Jeopardy!</div> <div>2:00 FOOD MEETING</div> <div>2:30 BINGO!</div> <div>3:15 EUCHER/BID EUGER GAME IN THE GAME ROOM</div> <div>3:30 Music appreciation/Engelbert Humperdinck</div>	<div>10:00 GROUP EXERCISE 31</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 SPIRITUAL LIFE / Bible study with Nancy</div> <div>3:30 Documentary/ David Attenborough Presents: Tasmania - Weird & Wonderful</div> <div>6:00 Evening Hymn Sing</div>	<div>Exercise class</div> <div>Monday-Wednesday-Friday 9:30 AM</div> <div>Tuesday-Thursday-Saturday 10:00 AM</div>	



For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities —all things were created through him and for him.

Colossians 1:16 ESV