

2:00 Boomers Club (7FLR)

3:30 Dominoes (PL)

3:30 Showbiz Tuesdays (PL)

3 (ADS)

6:15 Sensory Sound Therapy-RHA

## **July 2025**

## Shepherd Village Lodge

Roxcene 7th Floor Rec Assistant 416 609 5700 ext 235

Courtyard (COUR)

Outing (Out)

Activity Den South (ADS)

Dining Room North (DRN)

Community Hall (CH)

Outdoors (ODR)

7th Floor (7FLR)

Varied (VARI)

All programs are subject to change.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CAN	ADA AL	HAPPY CANADA DAY  10:30 Canada Day Concert (ODR)  12:30 Mindful Music (TLS)  1:15 Men's Fellowship Hour - 7th RHA (ADN)	10:00 Whiteboard Word Wars (PL)  11:00 Fun & Fitness (PL)  12:30 Mindful Music (TLS)  2:00 "The Great Canadian Get- Together" (PL)  3:30 Wheel of Trivia (PL)  6:00 4th RHA Hymn sing (PL)	9:30 Bluffers Park Outing (OUT) 10:00 Games Shows in the Morning 10:15 Morning Exercise (PL) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	10:00 Cubii Exercises with Andrea (PL)  10:00 Morning Music and News (TLS)  10:00 Game Shows in the Morning 6:00 Friday Social Hour (Vari)	10:15 Morning Exercises (PL) 11:15 Word games on 4th RHA 12:30 Mindful Music (TLS) 2:00 Family Feud (PL) 3:00 Musical Entertainer on RHA 4 4:00 Spa Sanctuary (ADN)
10:00 Spiritual Life Church Service (CH)  10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 2:30 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	10:00 Move it Cubii Exercise (PL) <b>7</b> 10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 2:00 Drumfit (CH)	12:30 Mindful Music (TLS)  1:15 Men's Fellowship Hour - 7th RHA (ADN)  1:30 Crossword Puzzles Group (PL)  2:00 Resident's Council (VARI)  3:30 Showbiz Tuesdays (PL)  6:15 Big Games Night (7FLR)	10:00 Lifelong Learning and Discussion (PL)  11:00 Fun & Fitness (PL)  12:30 Mindful Music (TLS)  2:00 Bingo (PL)  3:30 Wheel of Trivia (PL)  6:00 4th RHA Hymn sing (PL)	10:30 Audible Bible Study (CH) 10 11:00 Spa Sanctuary (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI) 10:15 Outdoor Concert (ODR) 11:00 Word games on 4th RHA 2:00 Baking (DRN) 3:30 Dominoes (ADN) 6:00 Friday Social Hour (Vari)	10:00 Cubii Exercises with Andrea (PL)  12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)
10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (4FL)	(VARI)	12:30 Mindful Music (TLS)  1:15 Men's Fellowship Hour - 7th RHA (ADN)  1:30 Crossword Puzzles Group (PL)  2:00 Mahjong Club (PL)  3:30 Showbiz Tuesdays (PL)  6:15 Sensory Sound Therapy-RHA3  (ADS)	10:00 Whiteboard Word Wars (PL) 11:00 Fun & Fitness (PL) 12:30 Mindful Music (TLS) 2:00 Bingo (PL) 3:30 Wheel of Trivia (PL)	10:30 Outdoor Concert (ODR) 11:00 Spa Sanctuary (ADN) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	10:00 Cubii Exercises with Andrea (PL)  10:00 Morning Music and News (TLS)  10:00 Game Shows in the Morning 2:00 Outside Kitchen (ODR) 6:00 Friday Social Hour (Vari)	10:30 Bowling (CH) 12:30 Mindful Music (TLS) 2:00 Family Feud (PL) 3:00 Musical Entertainer on RHA 4 4:00 Spa Sanctuary (ADN)
10:00 Spiritual Life Church Service (CH)  10:00 Virtual Church Service (TVNS) 12:30 Mindful Music (TLS) 2:00 Bible Trivia (PL) 2:30 Movie Afternoon (TLS) 3:15 Bible Trivia on 4th RHA (PL)	10:00 Move it Cubii Exercise (PL)  10:00 Morning Music and News (TLS)  10:00 Game Shows in the Morning 2:00 Drumfit (CH)	12:30 Mindful Music (TLS)  1:15 Men's Fellowship Hour - 7th RHA (ADN)  1:15 Crossword Puzzles Group (PL)  2:00 Toronto Mandarin Bible Camp (CH)  3:30 Showbiz Tuesdays (PL)  6:15 Big Games Night (7FLR)	10:00 Lifelong Learning and Discussion (PL)  11:00 Fun & Fitness (PL)  12:00 KFC Picnic (COUR)  12:30 Mindful Music (TLS)  2:00 Bingo (PL)  3:30 Wheel of Trivia (PL)  6:00 4th RHA Hymn sing (PL)	9:30 Rec Staff in Care Conference 9:30 Windreach Farm Outing (OUT) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)	10:00 Self-Directed Activities throughout the day (VARI)  10:15 Fiesta Fridays (PL)  11:00 Word games on 4th RHA  2:00 Outside Kitchen (ODR)  3:30 Dominoes (ADN)  6:00 Friday Social Hour (Vari)	10:00 Cubii Exercises with Andrea (PL)  12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)
10:00 Spiritual Life Church Service (SOT) 10:00 Virtual Church Service (TVNS) 2:00 Movie Afternoon (TVNS) 2:00 Hymn Sing (4FL)	(VARI)	12:30 Mindful Music (TLS)  1:15 Men's Fellowship Hour - 7th RHA (ADN)  1:15 Crossword Puzzles Group (PL)  2:00 Circle of Care (7FLR)	9:00 Rosetta Mclean Gardens (Out) 10:00 Whiteboard Word Wars (PL) 11:00 Fun & Fitness (PL) 12:30 Mindful Music (TLS)	9:30 Rec Staff in Care Conference 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)	Location Piano Lounge (PL) TV Lounge South (TLS) Activity Den North (ADN) Tv lounge North & South (TVNS)	s Legend  Varied (Vari) Outing (OUT) Sanctuary/ On TV (SOT) 4th Floor (4FL)

2:00 Bingo (PL)

3:30 Wheel of Trivia (PL)

6:00 5th RHA Quiddler (ADN)