



August 2025

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Hello August</div><div></div></div>					<div><div>9:30 PHYSIO Strengthening and Balance Focus. 1</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 Live Performance with Rosita Stone</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>10:00 GROUP EXERCISE 2</div><div>11:00 Brain Fitness- Word Game (MR)</div><div>1:00 Games with Gil in the Game Room</div><div>2:00 CURLING</div><div>3:00 Play Whist with Bruno in the Game Room</div><div>3:30 Ice Cream on the Patio!!</div><div>6:00 Evening Hymn Sing</div></div>
<div><div>10:00 Church in the Village 3</div><div>1:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 Games with Gil in the Game Room 4</div><div>6:00 Evening Hymn Sing</div><div></div></div>	<div><div>10:00 GROUP EXERCISE 5</div><div>11:00 Brain Fitness- Trivia</div><div>1:30 Arts & Crafts Club</div><div>3:15 Manicure 1:1 in the Game Room</div><div>4:00 Prayer Group in the Library</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 6</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 This is Jeopardy!</div><div>2:00 BINGO!</div><div>3:20 Games with Gil in the Game Room</div><div>3:30 Music Appreciation!!</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 7</div><div>10:30 1:1 Pet Visits with Cloe</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 SPIRITUAL LIFE / Bible study</div><div>3:15 Documentary/ Rick Steves' Best of the Alps</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 8</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 Live Performance with Carla Gonzales</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>10:00 GROUP EXERCISE 9</div><div>11:00 Brain Fitness- Word Game (MR)</div><div>1:00 Games with Gil in the Game Room</div><div>1:30 Bowling</div><div>3:00 Play Whist with Bruno in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>
<div><div>10:00 Church in the Village 10</div><div>1:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 11</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 SPIRITUAL LIFE / Hymn singing</div><div>3:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 12</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 Strawberry Smoothies on 2F Patio</div><div>3:30 Manicure 1:1 in the Game Room</div><div>4:00 Prayer Group in the Library</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 13</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 This is Jeopardy!</div><div>2:00 BINGO!</div><div>3:20 Games with Gil in the Game Room</div><div>3:30 Music Appreciation!!</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 14</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 SPIRITUAL LIFE / Bible study</div><div>3:15 Documentary/David Attenborough Presents: Whale Wisdom</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 15</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 Live Performance with Filipa Sousa on the 2F Patio</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>10:00 GROUP EXERCISE 16</div><div>11:00 Brain Fitness- Word Game (MR)</div><div>1:00 Games with Gil in the Game Room</div><div>2:00 CURLING</div><div>3:00 Play Whist with Bruno in the Game Room</div><div>3:30 Ice Cream on the Patio!!</div><div>6:00 Evening Hymn Sing</div></div>
<div><div>10:00 Church in the Village 17</div><div>1:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 18</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 SPIRITUAL LIFE / Hymn singing</div><div>3:00 Manicure 1:1 in the Game Room</div><div>3:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 19</div><div>10:30 BUS TRIP to BLUFFER'S PARK</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 Travelogue to New Zealand!!</div><div>3:30 Manicure 1:1 in the Game Room</div><div>4:00 Prayer Group in the Library</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 20</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 This is Jeopardy!</div><div>2:00 BINGO!</div><div>3:20 Games with Gil in the Game Room</div><div>3:30 Music Appreciation!!</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 21</div><div>10:30 1:1 Pet Visits with Cloe</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 SPIRITUAL LIFE / Bible study</div><div>3:15 Documentary/Wildlife - Kangaroos - Kings of the Outback</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 22</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 HISTORY HOUR WITH LIANNE</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>10:00 GROUP EXERCISE 23</div><div>11:00 Brain Fitness- Word Game (MR)</div><div>1:00 Games with Gil in the Game Room</div><div>1:30 Target Games!!</div><div>3:00 Play Whist with Bruno in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>
<div><div>10:00 Church in the Village 24</div><div>1:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 25</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 SPIRITUAL LIFE / Hymn singing</div><div>3:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 26</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 Music, Games and Ice-Cream on the 2F Patio</div><div>3:30 Manicure 1:1 in the Game Room</div><div>4:00 Prayer Group in the Library</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 27</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 This is Jeopardy!</div><div>2:00 BINGO!</div><div>3:20 Games with Gil in the Game Room</div><div>3:30 Music Appreciation!!</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>10:00 GROUP EXERCISE 28</div><div>10:30 1:1 Pet Visits with Cloe</div><div>11:00 Brain Fitness- Trivia</div><div>2:00 SPIRITUAL LIFE / Bible study</div><div>3:15 Documentary/ Rick Steves Europe</div><div>6:00 Evening Hymn Sing</div></div>	<div><div>9:30 PHYSIO Strengthening and Balance Focus. 29</div><div>10:15 PHYSIO Stretching and Relaxation Focus.</div><div>11:00 Brain Fitness- Word Game</div><div>2:00 Live Performance with Patricia Barlow</div><div>6:00 MOVIE NIGHT</div></div>	<div><div>10:00 GROUP EXERCISE 30</div><div>11:00 Brain Fitness- Word Game (MR)</div><div>1:00 Games with Gil in the Game Room</div><div>2:00 CURLING</div><div>3:00 Play Whist with Bruno in the Game Room</div><div>3:30 Ice Cream on the Patio!!</div><div>6:00 Evening Hymn Sing</div></div>
<div><div>10:00 Church in the Village 31</div><div>1:00 Games with Gil in the Game Room</div><div>6:00 Evening Hymn Sing</div></div>						