

August 2025

Shepherd Village Lodge

Neha
Recreation Assistant, RHA 3
Shepherd Lodge
416-609-5700 ext. 225
Note: All programs are subject to
change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Sensory Videos 1 2:00 Afternoon Movie 6:00 Friday Night Social (4FL)	1:1 Programming (Vari) 2
10:00 Church Service (CH) 3 10:00 Virtual Church 2:00 Movie Afternoon (TVNS) 3:00 Hymn Sing and Bible Trivia (ODR) 4:00 1:1 visits (VARI)	Civic Holiday 4 Ice cream train (time to be determined) (Vari) 2:00 Movie Afternoon (TVNS)	10:30 Music Therapy (ADN) 5 1:30 Physio Group (ADS) 6:00 Sound Therapy (SD)	10:30 Good Shepherd Daycare visits (VAR) 6 2:00 Music Therapy (ADS) 2:00 Carribana Day (COUR) 3:30 Spiritual Life Hymn Sing (TLN)	10:15 Pool Noodle Hockey (ADS) 7 12:00 BBQ (COUR) 1:30 Physio Group (ADS) 3:00 Bingo! (PL) 3:45 Aromatherapy hand spa (VARI)	10:15 Active Games (ADS) 8 11:00 Parachute (TLN) 2:30 Planting with Purpose (N/S) 3:45 Outdoor Strolls (COUR) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 9 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Afternoon Concert (TLN)
10:00 Sunday Church Service (CH) 10 10:00 Virtual Church 2:00 Hymn Sing (TLN)	10:30 Outdoor strolls (COUR) 11 1:30 Physio Group (ADS) 1:45 Painted Butterflies (ND) 2:30 Tai-Chi (6TH) 3:15 Putt putt golf (PL) 6:15 Sing-a-Long (TLN)	10:15 Hopscotch Exercise Game (ADS) 12 10:30 Music Therapy (ADN) 10:30 Chinese support group (7FLR) 1:30 Physio Group (ADS) 2:30 Active Games (TLN)	9:00 Windreach Farm (OUT) 13 10:15 Cubii Challenge (TLN) 2:00 Music Therapy (ADS) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Life Hymn Sing (TLN)	11:00 Active Games (TLN) 14 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Brain Games (2ND)	10:00 Sensory Videos 15 2:00 Afternoon Movie 6:00 Karaoke Social (4FL) 6:00 Outdoor Concert (COUR)	10:15 Active Games (TLN) 16 11:00 Active Games on RHA 2 (TLN) 2:00 Bowling (CH) 3:30 Brain Games (TLN) 4:00 1:1 Programming (Vari)
10:00 Church Service (CH) 17 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:00 Hymn Sing and Bible Trivia (TLS)	1:15 Planting with Purpose (N/S) 18 1:30 Physio Group (ADS) 2:30 Tai-Chi (6TH) 2:45 Balloon Badminton (ADN) 4:00 Whac-A-Mole (ADS) 6:15 Sing-a-Long (TLN)	10:30 Music Therapy (ADN) 19 1:30 Physio Group (ADS) 6:00 Sound Therapy (SD)	10:30 Cubii Exercise (TLN) 20 2:00 Music Therapy (ADS) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Life Hymn Sing (TLN) 5:00 Greek Fest (GR)	10:15 Ribbon Movements (ADS) 21 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:00 Outdoor Kitchen (COUR) 3:45 Aromatherapy hand massage (VARI)	10:15 Active Games (TLN) 22 11:00 Active Games on RHA 2 (TLN) 2:15 Birthday Celebration (PL) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 23 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Outdoor Concert (COUR)
10:00 Sunday Church Service (CH) 24 10:00 Virtual Church 2:00 Hymn Sing (TLN)	1:30 Physio Group (ADS) 25 2:00 Drum Fit (CH) 2:30 Tai-Chi (6TH) 3:45 Grocery Ad Scavenger Hunt (ADS) 6:15 Sing-a-Long (TLN)	10:30 Music Therapy (ADN) 26 10:30 Walking Club (Vari) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:00 Carnival (COUR) 3:45 Sensory Sorting Tray (ADS)	9:00 Toogood Pond outing (limited space) (OUT) 27 2:00 Music Therapy (ADS) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Life Hymn Sing (TLN)	11:00 Active Games (TLN) 28 1:30 Physio Group (ADS) 2:00 Outdoor Kitchen (COUR) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Brain Games (2ND)	10:00 Sensory Videos 29 2:00 Afternoon Movie 6:00 Karaoke Social (4FL)	10:15 Active Games (TLN) 30 11:00 Active Games on RHA 2 (TLN) 2:30 Cuban Dancing Dolls (ADS) 4:00 1:1 Programming (Vari) 4:00 Brain Games (TLN)
10:00 Church Service (CH) 31 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:00 Hymn Sing and Bible Trivia (TLS)			<u>Locations Legend</u> TV Lounge North (TLN) Activity Den South (ADS) Courtyard (COUR) Activity Den North (ADN) Varied (Vari) Community Hall (CH) 4th Floor (4FL) Piano Lounge (PL) 2nd Floor (2ND) Varied (VARI) 6th Floor (6TH) 7th Floor (7FLR) Tv lounge North & South (TVNS) South Den (SD) Balcony (N/S) Outing (OUT) TV Lounge South (TLS) Outdoors (ODR) VARIED (VAR) North Den (ND) Gardenview Room (GR)			