









September 2025

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>10:00 GROUP EXERCISE (MR) <b>1</b> 11:00 Brain Fitness- Trivia (MR) 2:00 Hymn singing with Pastor Upton. 3:00 Games with Gil in the Game Room 3:30 Manicure 1:1 in the Game Room 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>2</b> 11:00 Brain Fitness- Trivia 2:00 Travelogue to Sweden- V�lkommen 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>3</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>4</b> 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/ Rick Steves Europe 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>5</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Lorna Langit-Blennerhassett 6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE <b>6</b> 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 1:30 Bowling 3:00 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing</div>
<div>10:00 Church in the Village <b>7</b> 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>8</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>9</b> 11:00 Brain Fitness- Trivia 2:00 RESIDENTS' COUNCIL MEETING 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>10</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 Ulster Accordion Band at Shepherd Village in the Community Hall 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>11</b> 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Wildlife - Just Penguins 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>12</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Dave Murphy 6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE <b>13</b> 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 2:00 BINGO! 3:00 Play Whist with Bruno in the Game Room 3:30 Ice Cream on the Patio!! 6:00 Evening Hymn Sing</div>
<div>10:00 Church in the Village <b>14</b> 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>15</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>16</b> 11:00 Brain Fitness- Trivia 2:00 Happy Grandparents Day!!!! (Social) 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>17</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Movie Night</div> <div></div>	<div>10:00 GROUP EXERCISE <b>18</b> 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Rick Steves' Europe 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>19</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Shannon Graham 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>20</b> 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 1:30 Bowling 3:00 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing</div>
<div>10:00 Church in the Village <b>21</b> 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>22</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>23</b> 11:00 Brain Fitness- Trivia 2:00 FOOD COUNCIL MEETING 2:30 The Price is Right Game/Back to School 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>24</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Movie Night</div>	<div>10:00 GROUP EXERCISE <b>25</b> 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Wild Brazil – The Heart of the Amazon Rainforest 6:00 Evening Hymn Sing</div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>26</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Susan Ryman with accompanist Susan Stevens in the Community Hall 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>27</b> 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 2:00 CURLING 3:00 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing</div>
<div>10:00 Church in the Village <b>28</b> 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div> <div></div>	<div>9:30 PHYSIO Strengthening and Balance Focus. <b>29</b> 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing</div>	<div>10:00 GROUP EXERCISE <b>30</b> 11:00 Brain Fitness- Trivia 2:00 Octoberfest Celebration Social -Alle sind willkommen!!! 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT</div>	<div></div>			<div><div></div><div>"Rent the Chicken" will be coming to Terrace from September 17 to October 22.</div></div>