



October 2025

Shepherd Lodge RHA 3

Neha
Recreation Assistant, RHA 3
Shepherd Lodge
416 609-5700 ext. 225
Please note: all programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend TV Lounge North (TLN) Activity Den South (ADS) Community Hall (CH) Piano Lounge (PL) Varied (Vari) Nursing Station North (NSN) Tv lounge North & South (TVNS) 7th Floor (7FLR) 4th Floor (4FL) Activity Den North (ADN) TV Lounge South (TLS) courtyard (COUR) 5th Floor (5fl) Outing (OUT) Library (Lib) TV Lounge North/South (TVns) 2nd Floor (2ND) Gardenview Room (GR)			10:30 Calendar Distribution 1 1:30 Senior's Day w/musicians (CH) 3:30 Spiritual Life Hymn Sing (TLS) 4:00 1:1 visits (Vari) 6:00 Sound Therapy (ADS)	10:15 Move to the Story (ADS) 2 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:00 Missionary guests (CH) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	10:15 Active Games (TLN) 3 11:00 Active Games on RHA 2 (TLN) 2:30 Cookie decorating (ADS) 3:30 Outdoor Fun (COUR) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 4 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Afternoon Entertainment (TLN)
Oktoberfest ends 5 10:00 Sunday Church Service (CH) 10:00 Virtual Church 2:00 Hymn Sing (TLN)	1:30 Physio Group (ADS) 6 2:00 Drum Fit (PL) 3:30 Sensory Circle (NSN) 6:15 Sing-a-Long (TLN)	Blue Jays Days (TVNS) 7 10:30 Music Therapy (ADS) 10:30 Tabletop Ball Scoop (ADS) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:15 Cubii Challenge (TVNS) 8 11:00 Sensory Circle (NSN) 1:30 Count Your Chickens (PL) 2:30 Spiritual Hymn Sing (TLN) 3:00 Musical Entertainment (PL)	10:30 Balloon Games (ADS) 9 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2	10:00 Sensory Videos 10 2:00 Afternoon Movie 2:00 Friday Fellowship "Grace" (CH) 6:00 Friday Night Social (5fl)	10:15 Active Games (TLN) 11 11:00 Active Games on RHA 2 (TLN) 2:00 Bowling (CH) 4:00 Brain Games (TLN) 
10:00 Church Service (CH) 12 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:15 Tree of Thanks (PL)	Happy Thanksgiving 13 1:30 Thanksgiving treat train 2:00 Thanksgiving Movie (TVNS) 	10:30 Chinese Support Group (7FLR) 14 10:30 Music Therapy (ADS) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:30 Walking Club (Vari) 15 11:00 Sensory Circle (NSN) 2:00 Milestone Event (CH) 3:30 Spiritual Hymn Sing (TLN)	10:30 Carpet Bowl (TLN) 16 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 1:30 Musselman Lake bus tour (OUT) 6:00 Music & Brain Games RHA 2	10:15 Active Games (TLN) 17 11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship "Story in a Nutshell" video (CH) 3:45 Baby Doll Therapy (ADS) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 18 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Afternoon Entertainment (TLN)
10:00 Sunday Church Service (CH) 19 10:00 Virtual Church 2:00 Hymn Sing (TLN)	1:30 Physio Group (ADS) 20 2:00 Drum Fit (PL) 3:30 Bingo! (PL) 6:15 Sing-a-Long (TLN)	10:30 Music Therapy (ADS) 21 10:30 Mini Golf (ADS) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:30 Visit w/ baby chickens (Lib) 3:15 Montessori Activities (ADN) 6:15 Big Games Night (7FLR)	9:30 Recreationist in Care Conferences 22 2:00 Mystery Party (CH) 3:30 Spiritual Hymn Sing (TLN) 4:00 Mini birthday celebration (TLN)	Recreation Education Day 23 10:00 Mindful Music (TVns) 1:30 Physio Group (ADS) 2:00 Movie Afternoon (TVNS)	10:00 Sensory Videos 24 2:00 Afternoon Movie 2:00 Friday Fellowship hymn sing w/ Eileen Goodman (CH) 6:00 Friday Night Social (4FL)	10:15 Active Games (TLN) 25 11:00 Active Games on RHA 2 (TLN) 1:30 Supporting Entertainer (2ND) 3:30 1:1 Programming 4:00 Brain Games (TLN)
10:00 Church Service (CH) 26 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:15 Hymn Sing w/Trivia (TLS)	10:15 Hover Ball (TLN) 27 11:00 Sensory Circle (NSN) 1:30 Physio Group (ADS) 2:00 Karaoke (resident & staff) (TLN) 4:00 Wrestling Tales (ADN)	10:30 Music Therapy (ADS) 28 10:30 Liann Harris Historian: Pirates (GR) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:15 Cubii Challenge (TVNS) 29 11:00 Sensory Circle (NSN) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Hymn Sing (TLN)	10:00 Pet Therapy (Vari) 30 1:30 Physio Group (ADS) 2:00 Pumpkin Bowl (ADS) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	Happy Halloween! 31 11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship w/ Ruth Ann Onley (CH) 6:00 Friday Night Social (4FL)	