



October 2025

Shepherd Lodge - RHA 6

Catherine
Recreation Assistant
(416) 609-5700 ext. 223
All Programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legends Piano Lounge (PL) Resident's Room (RSR) Courtyard (COUR) Community Hall (CH) South Den (SD) North Den (ND) Varied (VARI) Outing (Out) TV Lounge North (TLN) TV Lounge South (TLS) Outdoors (ODS/Balcony) TV Lounge North/South (TVNS)			9:00 Christian Music (TVNS) 1 9:00 Calendar Distribution 9:45 Wake & Wiggle 11:15 Chats & Chapters (VARI) 1:30 National Senior's Day 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect 6:00 Sound Therapy on RHA 7	9:00 Christian Music (TVNS) 2 9:45 Wake & Wiggle 10:00 RHA 5 Pet Therapy 11:15 Tales & Turns (VARI) 2:00 Disney/Tamil/Turkish Movies 2:00 Thursday Fellowship 3:30 Spiritual Hymn Sing -5fl (PL)	9:00 Christian Music (TVNS) 3 9:00 Chats & Chapters 9:45 Wake & Wiggle 2:00 Disney/Tamil/Turkish Movies 2:00 Grateful Discussion & Creation 6:00 RHA 4 Friday Night Social	9:00 Christian Music (TVNS) 4 11:00 Active Game - 6RHA 2:00 Disney/Tamil/Turkish Movies 2:30 Saturday Entertainment 7:00 Jays Game Day
9:00 Christian Music (TVNS) 5 10:00 Virtual Church 10:00 Church Service 1:30 Jays Game Day 2:00 Singalong -5 RHA	9:00 Christian Music (TVNS) 6 9:45 Wake & Wiggle 10:00 Bingo Bonanza 10:30 Chats & Chapters 2:00 Volunteer Care Connect (Vari) 2:00 Disney/Tamil/Turkish Movies	9:00 Christian Music (TVNS) 7 9:45 Wake & Wiggle (PL) 10:30 RHA 5 Art Therapy 11:00 Lobby Walk 2:00 Disney/Tamil/Turkish Movies 2:15 Colouring, Word & Card Games 7:00 Jays Game Day	9:00 Christian Music (TVNS) 8 9:45 Wake & Wiggle 10:00 Pawsitively Pets 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect 2:00 Fall Art Escape 3:15 Tales & Turns 7:00 Jays Game Day	9:00 Christian Music (TVNS) 9 9:45 Wake & Wiggle 10:30 Audible Bible 2:00 Disney/Tamil/Turkish Movies 2:15 Card Games (ND) 3:30 Spiritual Hymn Sing -5fl (PL)	9:00 Christian Music (TVNS) 10 9:45 Wake & Wiggle 10:30 Chats & Chapters 2:00 Disney/Tamil/Turkish Movies 2:00 Friday Fellowship 6:00 RHA 5 Friday Night Social 7:00 Jays Game Day	9:00 Christian Music (TVNS) 11 9:00 1:1 Staff Friendly Visits 9:30 Wake & Wiggle (PL) 10:30 AromaSpa Session (ADS) 2:00 Disney/Tamil/Turkish Movies 2:00 Bowl - A - Rama 
9:00 Christian Music (TVNS) 12 10:00 Virtual Church 10:00 Church Service 2:00 Disney/Tamil/Turkish Movies 2:00 Strolling Musician on RHA 5 3:15 Gratitude Circle	Happy Thanksgiving 13 9:00 Christian Music (TVNS) 2:00 Disney/Tamil/Turkish Movies 	9:00 Christian Music (TVNS) 14 9:45 Wake & Wiggle (PL) 10:00 Pawsitively Pets 10:00 Mandarin/Cantonese Support Group 10:30 RHA 5 Art Therapy 2:00 Disney/Tamil/Turkish Movies 2:00 Resident's Council - 4fl (PL)	9:00 Christian Music (TVNS) 15 9:45 Wake & Wiggle 10:30 Garden Walk (COUR) 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect 2:00 Milestone Event 2:15 Card/Board Games/Colouring	9:00 Christian Music (TVNS) 16 9:45 Wake & Wiggle 10:00 Pet Therapy 11:15 Tales & Turns (VARI) 1:30 Musselman Lake Outing 2:00 Disney/Tamil/Turkish Movies 2:15 Card Games (ND) 3:30 Spiritual Hymn Sing -5fl (PL)	9:00 Christian Music (TVNS) 17 9:45 Wake & Wiggle 10:30 Chats & Chapters 2:00 Disney/Tamil/Turkish Movies 2:00 Friday Fellowship 6:00 RHA 6 Friday Night Social	9:00 Christian Music (TVNS) 18 11:00 Active Games 2:00 Disney/Tamil/Turkish Movies 2:30 Saturday Entertainment
9:00 Christian Music (TVNS) 19 10:00 Virtual Church 10:00 Church Service 2:00 Disney/Tamil/Turkish Movies 2:00 Singalong -5RHA	9:00 Christian Music (TVNS) 20 9:45 Wake & Wiggle 10:00 Bingo Bonanza (PL) 11:15 Chats & Chapters 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect (Vari) 2:30 Drum Fit	9:00 Christian Music (TVNS) 21 9:45 Wake & Wiggle (PL) 10:30 RHA 5 Art Therapy 11:00 Lobby Walk 2:00 Disney/Tamil/Turkish Movies 2:30 Tales & Turns (VARI) 3:00 Volunteer Care Connect	9:00 Christian Music (TVNS) 22 9:45 Wake & Wiggle 11:15 Chats & Chapters (VARI) 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect 2:00 Lobby Walk 2:00 Mystery Party	Recreation Consultant & Education Day 23 9:00 Christian Music (TVNS) 2:00 Disney/Tamil/Turkish Movies 2:15 Card Games (ND) 3:30 Spiritual Hymn Sing -5fl (PL)	9:00 Christian Music (TVNS) 24 9:00 1:1 Staff Friendly Visits (Vari) 9:45 Wake & Wiggle 10:30 Chats & Chapters 2:00 Disney/Tamil/Turkish Movies 2:00 Friday Fellowship 6:00 RHA 7 Friday Night Social	9:00 Christian Music (TVNS) 25 9:00 Chats & Chapters 9:30 Wake & Wiggle (PL) 10:30 AromaSpa Session (ADS) 2:00 Disney/Tamil/Turkish Movies 2:30 Saturday Entertainment
9:00 Christian Music (TVNS) 26 10:00 Virtual Church 10:00 Church Service 2:00 Disney/Tamil/Turkish Movies 2:30 Strolling Musician 3:15 Gratitude Circle	9:00 Christian Music (TVNS) 27 9:45 Wake & Wiggle 11:15 Chats & Chapters 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect (Vari) 2:30 Baking	9:00 Christian Music (TVNS) 28 9:45 Wake & Wiggle 10:30 RHA 5 Art Therapy 10:30 Pirates & Blunders by Liann Harris 2:00 Disney/Tamil/Turkish Movies 3:00 Volunteer Care Connect 3:00 Lobby Walk	9:00 Christian Music (TVNS) 29 9:45 Wake & Wiggle 11:15 Chats & Chapters (VARI) 2:00 Disney/Tamil/Turkish Movies 2:00 Volunteer Care Connect 2:00 Pumpkins & Potions Party	9:00 Christian Music (TVNS) 30 9:45 Wake & Wiggle 10:00 Dice & Do (PL) 11:15 Tales & Turns (VARI) 2:00 Disney/Tamil/Turkish Movies 2:15 Card Games (ND) 3:30 Spiritual Hymn Sing -5fl (PL)	9:00 Christian Music (TVNS) 31 9:45 Wake & Wiggle 10:30 Garden Walk 11:15 Tales & Turns (VARI) 2:00 Disney/Tamil/Turkish Movies 2:00 Friday Fellowship 6:00 RHA 7 Friday Night Social	