

October 2025

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 5 	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 6	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 1:30 Arts & Crafts Club 2:30 Knitting & Crochet Club 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT 7	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 1:30 National Seniors Day Event in the Community Hall 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing 1	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 Spiritual Life Program with Marilyn and Gary Skinner in the Community Hall 3:30 Documentary/Rick Steves' Europe 6:00 Evening Hymn Sing 2	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Tony! 6:00 MOVIE NIGHT 3	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 1:30 Target Games!! 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing 4
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 12 	3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 13 	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 BINGO! 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT 14	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 Milestone Birthday Celebration/Community Hall 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing 15	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Rick Steves' Europe 6:00 Evening Hymn Sing 16	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Andre Anthony 6:00 MOVIE NIGHT 17	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 2:00 CURLING 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing 18
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 19 	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 20	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 Bus Trip Fall Leaves Country Side 2:00 Travelogue to Oxford 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT 21 	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing 22	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:20 Documentary/Wild Wales - Fantastic Creatures of the Celtic Lands 6:00 Evening Hymn Sing 23	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 HISTORY HOUR WITH LIANNE 6:00 MOVIE NIGHT 24	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game (MR) 1:00 Games with Gil in the Game Room 2:00 Sing Along Oldies 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Sing 25
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 26 	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:00 Manicure 1:1 in the Game Room 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Sing 27	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 Goodbye Maitri ! Social 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT 28	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Sing 29	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Rick Steves' Europe 6:00 Evening Hymn Sing 30	9:30 PHYSIO Strengthening and Balance Focus. 10:15 PHYSIO Stretching and Relaxation Focus. 11:00 Brain Fitness- Word Game 2:00 Live Performance with Ruth Ann Onley in the Community Hall 6:00 MOVIE NIGHT 31	