

November 2025

Resident Home Area 3

Neha
Recreation Assistant, RHA 3
Shepherd Lodge
416 609-5700 ext. 225
Please note: all programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Sensory Videos/Music/TV 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:30 Afternoon Entertainment (TLN)	
10:00 Sunday Church Service (CH) 10:00 Virtual Church 2:00 Hymn Sing (TLN)	11:00 Exercise and Games (TLN) 1:30 Physio Group (ADS) 4:00 Short stories (ADS)	10:15 Active Games (ADS) 10:30 Music Therapy (ADS) 1:30 Physio Group (ADS) 2:00 Service of Remembrance (CH) 4:00 Wrestling Tales (ADN) 6:15 Big Games Night (7FLR)	11:00 Sensory Circle (NSN) 2:00 Tai Chi (CH) 3:30 Spiritual Hymn Sing (TLN)	10:15 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL)	10:00 Sensory Videos 2:00 Afternoon Movie 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (4FL)	Self-directed activities 10:00 Sensory Videos/Music/TV 2:00 Afternoon Concert (CH)
10:00 Church Service (CH) 10:00 Virtual Church 2:00 Afternoon Movie	10:30 Winged Majesty: Angels in Literature (GR) 1:30 Physio Group (ADS) 2:00 Drum Fit (CH) 4:00 Mini Golf (TLN)	10:00 Remembrance Day Service (CH) 10:30 Chinese Support Group (7FLR) 10:30 Music Therapy (ADS) 1:30 Physio Group (ADS) 2:00 Karaoke (TLN) 6:15 Big Games Night (7FLR)	10:00 Pawsitively Pets (ADS) 2:00 Tai Chi (6TH) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Hymn Sing (TLN) 6:00 Sound Therapy (SDen)	11:00 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	10:15 Active Games (TLN) 11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship (CH) 3:45 Montessori dementia-based program (ADS) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Bowling (CH)
10:00 Sunday Church Service (CH) 10:00 Virtual Church 2:00 Hymn Sing (TLN)	1:30 Physio Group (ADS) 1:30 Pool Noodle Hockey (TLN) 2:30 Sensory Circle (SR) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN)	10:30 Active Games (ADS) 10:30 Music Therapy (ADS) 11:00 Sensory Circle (NSN) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:15 Cubii Challenge (TVNS) 11:00 Sensory Circle (ADN) 2:00 Tai Chi (CH) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Hymn Sing (TLN) 6:30 Santa & Snowflakes Choir (CH)	10:30 Tabletop Ball Scoop (ADS) 11:10 Active Games (TLN) 12:00 Pet Therapy (Vari) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2	10:00 Sensory Videos 2:00 Afternoon Movie 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (4FL)	10:15 Active Games (TLN) 11:00 Active Games on RHA 2 (TLN) 2:00 Entertainer on RHA 2 (2ND) 3:30 1:1 Programming 4:00 Brain Games (TLN)
10:00 Church Service (CH) 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:15 Hymn Sing w/Trivia (TLS)	1:00 1-1 friendly visits 1:30 Physio Group (ADS) 2:00 Drum Fit (CH) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN)	10:30 Music Therapy (ADS) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:15 Cubii Challenge (TVNS) 11:00 Sensory Circle (NSN) 2:00 Tai Chi (CH) 2:15 Games & Puzzles (ADN) 3:30 Spiritual Hymn Sing (TLN) 6:00 Sound Therapy (ADS)	10:15 Move to the Story (ADS) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship (CH) 3:45 Baby Nursery (ADS) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Shine Home Kids Group (CH)
10:00 Sunday Church Service (CH) 10:00 Virtual Church 11:10 Active Games (TLN) 2:00 Hymn Sing (TLN)				Locations Legend TV Lounge North (TLN) Activity Den South (ADS) Community Hall (CH) Activity Den North (ADN) 7th Floor (7FLR) Piano Lounge (PL) 4th Floor (4FL) Varied (Vari) Nursing Station North (NSN) Tv lounge North & South (TVNS) Gardenview Room (GR) 6th Floor (6TH) South Den (SDen) Sensory Room (SR) 2nd Floor (2ND) TV Lounge South (TLS)		