



January 2026

Shepherd Village Lodge

Neha
Recreation Assistant RHA 3
Shepherd Lodge
416-609-5700 ext. 225

Please note: all programs subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend TV Lounge North (TLN) Activity Den South (ADS) Community Hall (CH) Varied (Vari) 7th Floor (7FLR) Piano Lounge (PL) Activity Den North (ADN) Tv lounge North & South (TVNS) TV Lounge South (TLS) Nursing Station North (NSN) 4th Floor (4FL) Outing (OUT) North Den (ND) 2nd Floor (2ND) Conference Room (Conf) 6th Floor (6TH) Gardenview Room (GR)  10:00 Music/TV/Sensory Videos 1 2:00 New Year's Celebration (CH) 3:30 Self-Directed Activities  10:00 Sensory Videos 2 11:00 Pylon Cone Game (TLN) 2:00 Afternoon Movie 2:30 Reading Program (ND) 6:00 Jay One Man Band (7FLR) 10:15 Active Games (TLN) 3 11:00 Active Games on RHA 2 (TLN) 1:30 Supporting afternoon entertainment on RHA 2 (2ND) 3:30 1:1 Programming 4:00 Sensory Kit for the Love of Pets (NSN)						
10:00 Church Service (CH) 4 10:00 Virtual Church 1:45 Hover Soccer (ADS) 2:15 Hymn Sing on RHA 2 (TLN) 3:15 Hymn Sing (TLS)	1:00 1:1 Friendly visits (Vari) 5 1:30 Physio Group (ADS) 2:00 Drum Fit (CH) 4:00 Word Ladders (ADS) 6:15 Karaoke w/ staff and residents (TLN)	10:30 Music Therapy (ADS) 6 11:00 Sensory Circle (NSN) 1:30 Physio Group (ADS) 6:15 Big Games Night (7FLR)	10:15 Walking Club (Vari) 7 11:00 Cubii Challenge (TVNS) 11:30 Recreation Holiday Lunch 3:30 Spiritual Hymn Sing (TLN)	Elvis Presley's Birthday 8 10:30 Bible trivia w/ Rebecca (CH) 11:00 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	10:15 Active Games (TLN) 9 11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship: Hymn Sing w/ Eileen Goodman (CH) 6:00 Friday Night Social (4FL)	10:00 Sensory Videos/Music/TV 10 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:00 Afternoon Entertainer (CH)
10:00 Sunday Church Service (CH) 11 10:00 Virtual Church 2:00 Hymn Sing (TLN) 2:00 Sunday Strolls (Vari)	1:15 Montessori Activities (ADN) 12 1:30 Physio Group (ADS) 2:30 Move to the Story (ADS) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN)	10:30 Active Games (ADS) 13 10:30 Chinese Support Group (7FLR) 10:30 Music Therapy (ADS) 11:10 Cornhole (TLN) 1:30 Physio Group (ADS) 2:30 Fibre Arts (ADS) 6:15 Big Games Night (7FLR)	10:15 Walking Club (Vari) 14 11:00 Sensory Circle (ADN) 11:10 Cubii Challenge (TVNS) 2:00 Recreation Yearly Planning Meeting (Conf) 3:30 Spiritual Hymn Sing (TLN)	10:30 Pawsitively Pets (PL) 15 1:30 Physio Group (ADS) 1:30 Historical Town Newmarket Outing (OUT) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2 6:00 Cozy Reads (ADN)	10:00 Sensory Videos 16 2:00 Afternoon Movie 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (6TH)	10:15 Active Games (TLN) 17 11:00 Active Games on RHA 2 (TLN) 2:00 Bowling (CH) 3:30 1:1 Programming 4:00 Brain Games (TLN)
10:00 Church Service (CH) 18 10:00 Virtual Church 2:15 Hymn Sing on RHA 2 (TLN) 3:15 Hymn Sing (TLS)	Martin Luther King Day 19 1:00 1:1 Friendly visits (Vari) 1:30 Physio Group (ADS) 2:00 Drum Fit (PL) 4:00 I Have a Dream (ADS) 6:15 Karaoke w/ staff & residents (TLN)	10:30 Music Therapy (ADS) 20 1:30 Physio Group (ADS) 2:00 Tech programs 6:15 Big Games Night (7FLR)	9:30 Care conferences 21 11:00 Cubii Challenge (TVNS) 2:00 Tai Chi (CH) 2:00 Winter Wonderland (CH) 3:30 Spiritual Hymn Sing (TLN) 3:30 Hover Ball (TLS)	10:30 Balloon Bowling (ADS) 22 10:30 Walking Club (Vari) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:45 Aroma Touch (Vari) 6:00 Music & Brain Games RHA 2	10:15 Active Games (TLN) 23 10:30 Liann Harris (GR) 11:00 Active Games on RHA 2 (TLN) 2:00 Friday Fellowship (CH) 6:00 Friday Night Social (7FLR)	10:00 Sensory Videos/Music/TV 24 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:30 Afternoon Entertainer (TLN)
Robbie Burns Day 25 10:00 Sunday Church Service (CH) 10:00 Virtual Church 2:00 Hymn Sing (TLN)	11:00 Activity Professionals Week 26 1:00 1:1 Friendly visits (Vari) 1:15 Montessori Activities (ADN) 1:30 Physio Group (ADS) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN)	10:30 Active Games (ADS) 27 10:30 Music Therapy (ADS) 11:10 Noodle Hockey (TLN) 1:30 Physio Group (ADS) 2:00 Tech programs 2:30 Fibre Arts (ADS) 6:15 Big Games Night (7FLR)	New Tech Activity Pro week 28 9:30 Care conferences 11:00 Cubii Challenge (TVNS) 12:00 Recreation Huddle 2:00 Tai Chi (CH) 2:00 Tea Time (ADS) 3:30 Spiritual Hymn Sing (TLN) 6:00 Sound Therapy (ADS)	10:30 Walking Club (Vari) 29 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 1:30 Unionville Outing (OUT) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2 6:00 Cozy Reads (ADN)	10:00 Sensory Videos 30 11:00 Activity Professionals Week 2:00 Afternoon Movie 2:00 Friday Fellowship: Praise & Worship vocalist Zora Eda (CH) 6:00 Friday Night Social (4FL)	10:15 Active Games (TLN) 31 11:00 Active Games on RHA 2 (TLN) 2:00 Bowling (CH) 3:30 1:1 Programming 4:00 Brain Games (TLN)