



February 2026

Shepherd Village Lodge

Neha
Recreation Assistant RHA 3
Shepherd Lodge
416-609-5700 ext. 225
Please note: programs are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Facilitators Legend</u> Recreation Assistant 3 Recreation Assistant (Float) PHYSIOTHERAPY ASSISTANT Recreation Assistant 2 Spiritual Life Recreation Assistant 6 Music Therapist Recreation Float Volunteer Social Worker						10:00 Virtual Church 1 10:00 Church Service (CH) 2:30 Hymn Sing on RHA 2 (TLN) 3:30 Small Acts of Kindness (Vari)
1:15 1:1 Friendly visits (Vari) 2 1:30 Physio Group (ADS) 2:00 Drum Fit (CH) 4:00 Word Ladders (ADS) 6:15 Karaoke w/ staff & residents (TLN) 7:15 Relax & Restore (NSN)	10:30 Music Therapy (ADS) 3 1:30 Physio Group (ADS) 1:30 Crafty Corner (TLN) 3:15 Games & Puzzles (ADS) 6:00 Cozy Reads (ADN)	10:30 Walking Club (Vari) 4 11:00 Sensory Circle (NSN) 2:00 Tai Chi (CH) 2:00 Valentine's Bake (DRS) 3:30 Spiritual Hymn Sing (TLN) 4:00 Self-Directed Activities (Vari) 4:00 Recreationist in Meeting	10:30 Pool Noodle Hockey (ADS) 5 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:45 Scented Hand Care (Vari)	10:30 Chair Exercise: Climb Every Mountain (TLN) 6 11:15 Active Games on RHA 2 (TLN) 2:00 Olympic Opening Ceremonies (TBD) (TVNS) 2:00 Friday Fellowship: Champions of Faith video (CH) 3:45 Baby Doll Therapy (ADS) 6:00 Friday Night Social (Vari)	10:00 Sensory Videos/Music/TV 7 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:30 Afternoon Entertainment (TLN)	10:00 Sunday Church Service (CH) 8 10:00 Virtual Church 2:00 Hymn Sing (TLS)
1:15 1:1 Friendly visits (Vari) 9 1:30 Physio Group (ADS) 2:30 Montessori Activities (ADN) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN) 7:15 Relax & Restore (SR)	10:30 Active Games (ADS) 10 10:30 Chinese Support Group (7FLR) 10:30 Music Therapy (ADS) 1:00 Hole-in-One (TLN) 1:30 Physio Group (ADS) 2:30 Fibre Arts (ADS) 6:00 Cozy Reads (ADN)	10:00 Pawsitively Pets (PL) 11 11:20 Valentine's Trivia (TLN) 2:00 Tai Chi (CH) 2:00 Love Potion Mocktail-Making (ADS) 3:30 Spiritual Hymn Sing (TLN) 4:00 Self-Directed Activities (Vari) 4:00 Recreationist in Meeting	10:30 Bible trivia w/ Rebecca (CH) 12 11:10 Football Toss (TLN) 1:30 Physio Group (ADS) 2:15 Bingo! (PL) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2	10:00 Sensory Videos 13 1:30 Music & Ribbon Motion (ADS) 2:00 Afternoon Movie 2:00 Milestone Wedding Anniversary (CH) 3:30 Grocery Ad Scavenger Hunt (ADS) 6:00 Friday Night Social (Vari)	Happy Valentine's Day! 14 10:15 Love Olympics (TLN) 11:00 Active Games on RHA 2 (TLN) 2:00 Valentine's Day Concert (CH) 3:30 1:1 Programming 4:00 Brain Games (TLN)	10:00 Church Service (CH) 15 10:00 Virtual Church 2:30 Hymn Sing on RHA 2 (TLN) 3:30 Small Acts of Kindness (Vari)
Family Day 16 1:15 1:1 Friendly visits (Vari) 10:30 Travel Tales on RHA 4 (PL) 2:00 Cupcake train (Vari)	Chinese New Year Begins 17 10:30 Music Therapy (ADS) 1:30 Physio Group (ADS) 1:30 Crafty Corner (TLN) 3:00 Games & Puzzles (ADS) 6:00 Cozy Reads (ADN)	9:30 Care Conferences 18 11:00 Balloon Badminton (TLN) 2:00 Chinese Fan Dancer and Singer (CH) 3:30 Spiritual Hymn Sing (TLN) 4:00 Self-Directed Activities (Vari) 4:00 Recreationist in Meeting	10:30 Pet Therapy (Vari) 19 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:00 Winter Olympic Games (CH) 2:15 Bingo! (PL) 3:45 Scented Hand Care (Vari) 6:00 Music & Brain Games RHA 2	10:30 Olympic Rings Toss 20 11:15 Active Games on RHA 2 (TLN) 2:00 Birthday Celebration (PL) 2:00 Friday Fellowship: Soul Prosperity w/ Pastor Ben (CH) 4:00 Guess the Olympic Sport (TLN) 6:00 Friday Night Social (Vari)	10:00 Sensory Videos/Music/TV 21 11:00 Active Games with Luisa (TLN) 2:00 Movies/Music 2:30 Afternoon Entertainment (TLN)	10:00 Sunday Church Service (CH) 22 10:00 Virtual Church 2:00 Strolling Music (Vari) 2:30 Olympics Closing Ceremonies (TBD) (TVNS) 3:00 Hymn Sing (TLS)
1:15 1:1 Friendly visits (Vari) 23 1:30 Physio Group (ADS) 2:30 Montessori Activities (ADN) 4:00 Word Ladders (ADS) 6:15 Sing-a-Long (TLN) 7:15 Relax & Restore (SR)	10:30 Active Games (ADS) 24 10:30 Music Therapy (ADS) 11:10 Active Games (TLN) 1:30 Physio Group (ADS) 2:30 Fibre Arts (ADS) 6:00 Cozy Reads (ADN)	9:30 Care conferences 25 10:45 Walking Club (MF) 2:00 Ulster Accordion Band (CH) 2:00 Tai Chi (RHA) 3:30 Spiritual Hymn Sing (TLN) 4:00 Self-Directed Activities (Vari)	1:30 Physio Group (ADS) 26 2:00 Bingo! (PL) 2:00 Sensory Videos/TV Program/Music (TVNS) 3:30 Sensory & Relaxation (Vari) 6:00 Music & Brain Games RHA 2	10:00 Sensory Videos 27 2:00 Afternoon Movie 2:00 Friday Fellowship: St. Michael's Choir (CH) 6:00 Friday Night Social (Vari)	10:15 Active Games (TLN) 28 11:00 Active Games on RHA 2 (TLN) 11:00 Sensory Circle (NSN) 3:30 1:1 Programming 4:00 Brain Games (TLN)	