



February 2026

Resident Home Area 5

Jeannette
Recreation Assistant
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All Programs are
Subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Facilitators Legend</u> Recreation Assistant 5 Recreation Assistant 6 Volunteer Recreation Assistant (Float) Family Member Spiritual Life Recreation Float Recreation Assistant 7 Recreation Assistant 3 Food & Nutrition Manager Social Worker Physiotherapy Dept Pet Therapy						10:00 Church Service (CH) 1 10:00 Virtual Service (TVns) 2:00 Bingo on RHA 5 (PL) 2:30 Bingo! (5TH) 3:00 Country Cooking (TLS) 4:00 Staff friendly visit (Vari)
9:15 1-1 Calendar Distribution (RSR) 2 10:00 Video Call (VARI) 10:30 Spiritual Hymn Sing (PL) 1:45 Video Call (VARI) 2:00 Food Committee (PL) 6:00 Sing-along (PL)	10:00 Fun & Fitness (PL) 3 10:40 Word Games (PL) 1:15 Men's Fellowship-7fl (ND) 2:00 Boomer's Club- 7fl (ND) 3:30 Busy Hands (ND)	9:30 Physio Exercises (PL) 4 10:00 Country Cooking (TLS) 2:00 Tai Chi (CH) 3:30 Travelogue (TLS) 3:30 Active Game (PL)	9:30 Physio Exercises (PL) 5 10:00 Country Cooking (TLS) 11:00 Discussion Group (PL) 2:00 Travelogue (TLS) 2:00 Chinese News Club (5TH) 3:00 Active Games (PL)	10:00 Fun & Fitness (PL) 6 10:45 Trivia (PL) 2:00 Olympic Opening Games (TVns) 2:30 Montessori Activities (VARI) 6:00 Friday Social Hour -4fl (PL)	9:30 Travelogue (TLS) 7 10:00 Active Games (PL) 11:00 Active Game-6Fl (TLN) 2:00 Entertainer - 6fl (PL) 3:00 Country Cooking (TLS)	10:00 Church Service (CH) 8 10:00 Virtual Service (TVns) 11:00 Travelogue 11:30 Video Call (VARI) 2:00 Sing-a-long (VARI) 3:00 Quiddler Grp (ND)
9:45 Journey Time (VARI) 9 10:00 Video Call (VARI) 10:30 Spiritual Hymn Sing (PL) 1:45 Video Call (VARI) 2:00 Olympic TV Event (TVns) 6:00 Sing-along (PL)	10:00 Cantonese Grp with Iris - 7fl (PL) 10 10:00 Country Cooking (TLS) 1:15 Men's Fellowship-7fl (ND) 2:00 Resident's Council (PL) 3:15 Music Concert -tv (TLS)	9:30 Physio Exercises (PL) 11 1:45 Video Call (RSR) 2:00 Tai Chi (CH) 2:00 Shuffleboard (SD) 3:45 Montessori Activities (VARI) 6:15 Readings & Songs (PL)	9:30 Physio Exercises (PL) 12 10:30 Bible Trivia With Becca (CH) 11:15 Lunch Outing (Out) 3:00 Montessori Activities (VARI) 4:00 Journey Time (HALL)	9:30 Country Cooking (TLS) 13 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 11:00 Journey Time (HALL) 2:00 Milestone Wedding Anniversary 6:00 Friday Social Hour -5fl (PL)	Happy Valentine's Day 14 9:30 Travelogue (TLS) 10:30 Wake & Wiggle -5fl (PL) 2:00 Valentine's Day Concert (CH) 3:00 Country Cooking (TLS) 3:15 Movies On Demand (PL)	10:00 Church Service (CH) 15 10:00 Virtual Service (TVns) 2:00 Bingo on RHA 5 (PL) 3:00 Country Cooking (TLS)
FAMILY DAY 16 10:30 Travel Tales-4fl (TLS) 2:00 Cupcake Train (VARI)	Lunar New Year 17 10:00 Fun & Fitness (PL) 1:15 Men's Fellowship-7fl (ND) 2:00 Boomer's Club- 7fl (ND) 3:30 Busy Hands (ND)	9:30 Physio Exercises (PL) 18 1:45 Video Call (RSR) 2:00 Fan Dancer & Chinese Singers (CH) 2:00 Tai Chi-6fl (PL) 3:30 Listen to the Rhythm (VARI) 6:15 Readings & Songs (PL)	9:30 Physio Exercises (PL) 19 10:00 Country Cooking (TLS) 11:00 Discussion Group (PL) 2:00 Olympic TV Event - Canada's Women Hockey (TLS) 2:00 Chinese News Club (5TH) 3:00 Travelogue (TLS)	9:30 Country Cooking (TLS) 20 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 2:00 Shuffleboard (SD) 3:30 Travelogue (TLS) 6:00 Friday Social Hour -6fl (PL)	9:30 Travelogue (TLS) 21 10:00 Active Games (PL) 11:00 Active Game-6Fl (TLN) 2:00 Entertainer - 6fl (PL) 3:00 Country Cooking (TLS)	10:00 Church Service (CH) 22 10:00 Virtual Service (TVns) 11:30 Video Call (VARI) 2:00 Sing-a-long (VARI) 3:00 Quiddler Grp (ND) 7:00 Closing Ceremonies (PL)
9:45 Journey Time (VARI) 23 10:00 Video Call (VARI) 10:30 Spiritual Hymn Sing (PL) 1:45 Video Call (VARI) 2:00 Bowling (CH) 6:00 Sing-along (PL)	10:00 Country Cooking (TLS) 24 1:15 Men's Fellowship-7fl (ND) 2:00 Nursing Meeting -7Fl (PL) 3:15 Music Concert -tv (TLS)	9:30 Physio Exercises (PL) 25 1:45 Video Call (RSR) 2:00 Ulster Accordion Band (CH) 2:00 Tai Chi-6fl (PL) 3:30 Strike Zone (PL) 6:15 Readings & Songs (PL)	9:30 Physio Exercises (PL) 26 9:40 Journey Time (HALL) 10:00 Pet Therapy (PL) 10:45 Ring Toss (PL) 2:00 Montessori Activities (VARI)	9:30 Country Cooking (TLS) 27 10:00 Fun & Fitness (PL) 10:45 Trivia (PL) 2:00 St. Michael's Choir (CH) 3:30 Travelogue (TLS) 6:00 Friday Social Hour -7fl (PL)	9:30 Travelogue (TLS) 28 10:30 Wake & Wiggle -5fl (PL) 2:30 Entertainer - 5fl (PL) 3:00 Country Cooking (TLS) 3:15 Movies On Demand (PL)	 BLACK HISTORY MONTH