



February 2026

Resident Home Area 6

Catherine
Recreation Assistant
(416) 609-5700 ext. 223
All Programs are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Locations Legends

Piano Lounge (PL)
Community Hall (CH)
Varied (VARI)
TV Lounge South (TLS)

Resident's Room (RSR)
South Den (SD)
Outing (Out)
Outdoors (ODS/Balcony)

Courtyard (COUR)
North Den (ND)
TV Lounge North (TLN)
TV Lounge North/South (TVNS)



10:00 Virtual Church
2:00 Cultures on Screen (TVNS)

1

9:30 Physio Exercise (PL)
10:30 Chats & Chapters (Vari)
2:00 Cultures on Screen (TVNS)
2:00 Reading Club (SD)
2:00 Food Committee
3:15 Volunteer Care Connect (Vari)

2

9:45 Wake & Wiggle (PL)
10:30 Mad Lib Word Play (PL)
11:00 Lobby Walk
2:00 Shuffle Club (SD)
2:00 Boomer's Club
3:00 Volunteer Care Connect
3:30 Tales & Turns (Vari)

3

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Wednesday Bingo (PL)
2:00 Tai Chi (CH)
2:00 Busy Bee
3:15 Volunteer Care Connect

4

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:00 Pet Therapy (PL)
10:30 Chats & Chapters (Vari)
10:30 Art Therapy on RHA 5
2:00 Spiritual Hymn Sing on RHA 7
3:15 Mahjong & Mingle (ND)
3:15 Puzzle Corner (ND)

5

9:30 Physio Exercise (PL)
10:30 Chats & Chapters (Vari)
2:00 Friday Fellowship
2:00 Olympic Opening Games
3:30 Mahjong & Mingle (ND)
6:00 Friday Night Social on RHA 4

6

10:00 Christian Music
11:00 Active Games
2:00 Cultures on Screen (TVNS)
2:30 Saturday Entertainment (PL)



7

10:00 Church Service
10:00 Virtual Church
2:00 Cultures on Screen (TVNS)
2:00 Sing-a-long on RHA 5

8

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Chats & Chapters (Vari)
10:30 Aroma Relaxation (SD)
2:00 Reading Club (SD)
2:00 Olympic Games
3:15 Volunteer Care Connect (Vari)
3:30 Lobby Walk

9

9:30 Physio Exercise (PL)
10:00 Mandarin/Cantonese
Support Group (6fl)
11:00 Lobby Walk
2:00 Shuffle Club (SD)
2:00 Resident's Council - 5fl (PL)
2:00 Olympic Games
3:00 Volunteer Care Connect

10

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Wednesday Bingo (PL)
2:00 Tai Chi (CH)
2:00 Busy Bee
3:15 Volunteer Care Connect

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9:30 Physio Exercise (PL)
10:30 Audible Bible Studies
(CH)
10:30 Art Therapy on RHA 5
2:00 Cultures on Screen (TVNS)
2:00 Spiritual Hymn Sing on RHA 7
3:15 Comedy Hour (TVNS)

12

9:30 Physio Exercise (PL)
10:30 Lobby Walk
2:00 Milestone Wedding
Anniversary (CH)
3:30 Mahjong & Mingle (ND)
6:00 Friday Night Social on RHA 5

13

9:45 Wake & Wiggle (PL)
10:00 Christian Music
10:00 Valentine's Art Escape
2:00 Cultures on Screen (TVNS)
2:00 Valentine's Day Entertainer (CH)
3:15 Movies On Demand
4:00 Puzzle Corner (ADN)

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10:00 Church Service
10:00 Virtual Church
2:00 Cultures on Screen (TVNS)
2:00 Bingo on RHA 5
3:30 Tales & Turns

15

FAMILY DAY
2:00 Cultures on Screen
(TVNS)
2:00 Reading Club (SD)
3:15

16



nect (Vari)

LUNAR NEW YEAR
9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Word Search (PL)
11:00 Lobby Walk
2:00 Shuffle Club (SD)
3:00 Volunteer Care Connect

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9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Wednesday Bingo (PL)
2:00 Busy Bee
2:00 Fan Dancers & Chinese
Singers (CH)
2:00 Tai Chi on RHA 6
3:15 Volunteer Care Connect

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9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Chats & Chapters (Vari)
10:30 Art Therapy on RHA 5
2:00 Spiritual Hymn Sing on RHA 7
2:00 Winter Olympics Games
3:15 Mahjong & Mingle (ND)
3:15 Puzzle Corner (ND)

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9:30 Physio Exercise (PL)
10:30 Pawsitively Pets
2:00 Friday Fellowship
3:30 Mahjong & Mingle (ND)
6:00 Friday Night Social on RHA 6

20

10:00 Christian Music
11:00 Active Games
2:00 Cultures on Screen (TVNS)
2:30 Saturday Entertainment (PL)

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10:00 Church Service
10:00 Virtual Church
2:00 Cultures on Screen (TVNS)
2:00 Sing-a-long on RHA 5
8:00 Olympics Closing
Ceremonies

22

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Chats & Chapters (Vari)
10:30 Aroma Relaxation (SD)
2:00 Reading Club (SD)
2:00 Bowling (CH)
3:15 Volunteer Care Connect (Vari)
3:30 Lobby Walk

23

9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Act It Out Tuesdays (PL)
11:00 Lobby Walk
2:00 Shuffle Club (SD)
2:00 Circle of Care (7fl)
3:00 Volunteer Care Connect

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9:30 Physio Exercise (PL)
9:45 Wake & Wiggle (PL)
10:30 Wednesday Bingo (PL)
2:00 Tai Chi (CH)
2:00 Busy Bee
2:00 Ulster Accordion Band (CH)
3:15 Volunteer Care Connect

25

9:30 Physio Exercise (PL)
10:30 Chats & Chapters (Vari)
10:30 Art Therapy on RHA 5
2:00 Cultures on Screen (TVNS)
2:00 Spiritual Hymn Sing on RHA 7
3:15 Comedy Hour (TVNS)

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9:30 Physio Exercise (PL)
10:30 Chats & Chapters (Vari)
2:00 Friday Fellowship
3:30 Mahjong & Mingle (ND)
6:00 Friday Night Social on RHA 7

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9:45 Wake & Wiggle (PL)
10:00 Christian Music
10:00 Weekend Brain Boost
2:00 Cultures on Screen (TVNS)
2:30 Saturday Entertainment on
RHA 5
3:15 Movies On Demand
4:00 Puzzle Corner (ADN)

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