



February 2026

Resident Home Area 7

Roxcene
Recreation Assistant
(416) 609-5700 ext. 235
All Programs are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Locations Legend

Piano Lounge (PL)
Varied (VARI)
TV Lounge South (TLS)
Community Hall (CH)
Sanctuary/ On TV (SOT)

Activity Den North (ADN)
Varied (Vari)
7th Floor (7FLR)
Tv lounge North & South (TVNS)
Main Floor (MF)

4th Floor (4FL)
TV Lounge North (TLN)
Nursing Station North (NSN)
Dining Room North (DRN)



10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Spiritual Life Church Service (CH)
10:00 Spiritual Life Virtual (SOT)
12:30 Mindful Music (TLS)
2:00 Calender Distribution
3:45 Bible Trivia on 4th RHA (PL)
4:15 1-1 Staff Visits (Vari)

10:00 Move it Cubii Exercise (PL)
10:00 Game Shows in the Morning
10:00 Visits w/ family, friends, caregiver (VARI)
2:00 Drumfit (CH)
2:00 Food Committee (7FLR)
3:00 Travelogue

2 10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Boomers Club (7FLR)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

3 10:00 Crossword Puzzle (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Boomers Club (7FLR)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

4 10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Rec Staff doing Gym Orientation
11:00 Village Cruise (MF)
12:00 CITV Noontime Prayer (SOT)
12:30 Mindful Music (TLS)
2:00 Tai-Chi (CH)
2:30 Games and Puzzles (PL)
3:30 Jeopardy! (PL)
6:00 4th RHA Hymn sing (PL)

5 10:00 Self-Directed Activities (VARI)
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Word Game (PL)
11:00 Word games on 4th RHA
12:30 Mindful Music (TLS)
2:00 Hymn Sing Service (PL)
3:30 Dice Games (PL)

6 10:00 Cubii Exercises with Andrea (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Sensory & Relaxation (TVNS)
3:00 Musical Entertainer (PL)
3:30 Movie Afternoon (TVNS)
6:00 Dominoes (PL)



10:00 Spiritual Life Church Service (SOT)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Spiritual Life Virtual (SOT)
2:00 Hymn Sing (4FL)
2:00 Strolling Musican

10:00 Self Directed Activities (VARI)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Physio Exercise (PL)
10:30 Wacky Word Play (PL)
11:00 Morning Puzzles/Word Games on 4th floor (ADN)
2:00 Mahjong Club (PL)
2:00 Mindful Colouring (NSN)
3:30 Dominoes (PL)

9 10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Resident's Council (VARI)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

10 10:00 Crossword Puzzle (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Resident's Council (VARI)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

11 10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Pet Therapy (Vari)
11:00 Moments That Changed History (PL)
12:00 CITV Noontime Prayer (SOT)
12:30 Mindful Music (TLS)
2:00 Tai-Chi (CH)
2:30 Games and Puzzles (PL)
3:30 Jeopardy! (PL)
6:00 4th RHA Hymn sing (PL)

12 10:00 Cubii Exercises with Andrea (PL)
10:00 Morning Music and News (TLS)
10:15 Fun & Fitness (PL)
10:30 Audible Bible Study (CH)
12:30 Mindful Music (TLS)
2:00 Hymn Sing Service (PL)
3:30 Card Games (PL)

13 10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Morning Exercises (PL)
11:15 Exercise Trivia on 4th RHA
12:30 Mindful Music (TLS)
2:00 Valentines Day Concert (CH)
3:00 Musical Entertainer on RHA 4
4:00 Cubii Exercise (TLN)



10:00 Spiritual Life Church Service (CH)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Spiritual Life Virtual (SOT)
12:30 Mindful Music (TLS)
2:00 Baking (DRN)
3:45 Bible Trivia on 4th RHA (PL)
4:15 1-1 Staff Visits (Vari)

10:00 Move it Cubii Exercise (PL)
10:00 Game Shows in the Morning
10:00 Visits w/ family, friends, caregiver (VARI)
2:00 Drumfit (CH)
3:00 Travelogue



16 10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Boomers Club (7FLR)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

17 10:00 Crossword Puzzle (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Boomers Club (7FLR)
3:30 Wheel of Trivia (PL)
6:15 Big Games Night (7FLR)

18 9:30 Rec Staff in Care Conference
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Fun & Fitness (PL)
11:00 The Price is Right (PL)
12:30 Mindful Music (TLS)
2:00 Chinese Fan Dancers (CH)
3:30 Jeopardy! (PL)
6:00 4th RHA Hymn sing (PL)

19 10:00 Self-Directed Activities (VARI)
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Word Games (PL)
11:00 Word games on 4th RHA
12:30 Mindful Music (TLS)
2:00 Friday Fellowship (CH)
2:00 Shuffleboard (ADN)
3:30 Dominoes (PL)
6:00 Friday Social Hour (Vari)

20 10:00 Cubii Exercises with Andrea (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Word Games (PL)
11:00 Word games on 4th RHA
12:30 Mindful Music (TLS)
2:00 Friday Fellowship (CH)
2:00 Shuffleboard (ADN)
3:30 Dominoes (PL)
6:00 Friday Social Hour (Vari)

10:00 Spiritual Life Church Service (SOT)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Spiritual Life Virtual (SOT)
2:00 Hymn Sing (4FL)

10:00 Self Directed Activities (VARI)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Wacky Word Play (PL)
11:00 Morning Puzzles/Word Games on 4th floor (ADN)
2:00 Mahjong Club (PL)
2:00 Bowling (CH)
3:30 Dominoes (PL)

23 10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Circle of Care (ADN)
3:30 Wheel of Trivia (PL)
6:15 Movie Night (7FLR)

24 10:00 Crossword Puzzle (PL)
10:00 Visits w/ family, friends, caregiver (VARI)
12:30 Mindful Music (TLS)
1:15 Men's Fellowship (ADN)
2:00 Circle of Care (ADN)
3:30 Wheel of Trivia (PL)
6:15 Movie Night (7FLR)

25 9:30 Rec Staff in Care Conference
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Fun & Fitness (PL)
11:00 Village Cruise (MF)
12:00 CITV Noontime Prayer (SOT)
12:30 Mindful Music (TLS)
2:00 Ulster Accordion Band (CH)
3:30 Jeopardy! (PL)
6:00 4th RHA Hymn sing (PL)

26 10:00 Cubii Exercises with Andrea (PL)
10:00 Morning Music and News (TLS)
10:00 Game Shows in the Morning
10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Fun & Fitness (PL)
11:00 The Price is Right (PL)
12:30 Mindful Music (TLS)
2:00 Hymn Sing Service (PL)
3:30 Card Games (PL)

27 10:00 Visits w/ family, friends, caregiver (VARI)
10:15 Morning Exercises (PL)
11:15 Exercise Trivia on 4th RHA
12:30 Mindful Music (TLS)
2:00 Bingo (PL)
3:00 Musical Entertainer on RHA 4
4:00 Cubii Exercise (TLN)

10:00 Spiritual Life Church Service (SOT)
10:00 Visits w/ family, friends, caregiver (VARI)
10:00 Spiritual Life Virtual (SOT)
2:00 Hymn Sing (4FL)



BLACK HISTORY MONTH