

February 2026

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Singing 	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 1:30 Arts & Crafts Club and Music with John 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Bible study 3:20 Educational Hour /Introduction to Artificial Intelligence 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game 2:00 Live Performance with Carla Gonzalez 6:00 Evening Hymn Singing 	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 1:00 Games with Gil in the Game Room 2:00 Singalong (Love Songs) 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Singing 	9:30 PHYSIO PROGRAM Strengthening and Balance Focus 10:15 AM Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 TRAVELOGUE TO CHINA 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Wild Borneo – A Spectacular Journey into The Oldest Tropical Rainforest 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game 2:00 Milestone Wedding Anniversary Celebration/ Community Hall 3:30 Scrabble Club in the Game Room 6:00 Evening Hymn Singing 	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 2:00 Celebrating Valentine's Day with Mina Lin . 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Singing 	9:30 GROUP EXERCISE 11:00 Brain Fitness- Word Game 2:00 FAMILY MOVIE MATINEE WITH POPCORN & DRINKS 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 Celebrating Black History Month 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 This is Jeopardy! 2:00 BINGO! 3:20 Games with Gil in the Game Room 3:30 Music Appreciation!! 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Bible study 3:20 Comedy TV Show 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game 2:00 Live Performance with Andre Anthony 6:00 Evening Hymn Singing	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 1:00 Games with Gil in the Game Room 2:00 Travalogue to Singapore 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing
10:00 Church in the Village 3:00 Games with Gil in the Game Room 6:00 Evening Hymn Singing 	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 2:00 SPIRITUAL LIFE / Hymn singing 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing Closing Ceremony	10:00 GROUP EXERCISE 10:00 1:1 Pet Visits with Benji 11:00 Brain Fitness- Trivia 2:00 Vitamins in a Cup/Mango Smoothie Social/Bring your knitting tools. 3:30 Manicure 1:1 in the Game Room 4:00 Prayer Group in the Library 6:00 MOVIE NIGHT	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 This is Jeopardy! 2:00 ULSTER ACCORDION BAND SHOW IN THE COMMUNITY HALL 3:20 Games with Gil in the Game Room 6:00 Evening Hymn Singing	10:00 GROUP EXERCISE 10:30 1:1 Pet Visits with Cloe 11:00 Brain Fitness- Trivia 1:00 Scrabble Club in the Game Room 2:00 SPIRITUAL LIFE / Bible study 3:15 Documentary/Wonders of India The Most Amazing Places in India 6:00 MOVIE NIGHT	10:00 GROUP EXERCISE 11:00 Brain Fitness- Word Game 2:00 St. Michael's Choir in the Community Hall 3:30 Scrabble Club in the Game Room 6:00 Evening Hymn Singing	9:30 PHYSIO PROGRAM Strengthening and Balance Focus / Stretching and Relaxation Focus 11:00 Brain Fitness- Word Game 1:00 Games with Gil in the Game Room 2:00 BINGO! 3:15 Play Whist with Bruno in the Game Room 6:00 Evening Hymn Singing