







February 2026

Shepherd Village Terrace

All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>10:00 Church in the Village</div> <div>3:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div> <div></div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 SPIRITUAL LIFE / Hymn singing</div> <div>3:20 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:00 1:1 Pet Visits with Benji</div> <div>11:00 Brain Fitness- Trivia</div> <div>1:30 Arts & Crafts Club and Music with John</div> <div>3:30 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 This is Jeopardy!</div> <div>2:00 BINGO!</div> <div>3:20 Games with Gil in the Game Room</div> <div>3:30 Music Appreciation!!</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>1:00 Scrabble Club in the Game Room</div> <div>2:00 SPIRITUAL LIFE / Bible study</div> <div>3:20 Educational Hour /Introduction to Artificial Intelligence</div> <div>6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 Live Performance with Carla Gonzalez</div> <div>6:00 Evening Hymn Singing</div> <div></div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>1:00 Games with Gil in the Game Room</div> <div>2:00 Singalong (Love Songs)</div> <div>3:15 Play Whist with Bruno in the Game Room</div> <div>6:00 Evening Hymn Singing</div>
<div>10:00 Church in the Village</div> <div>3:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div> <div></div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus 10:15 AM Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 SPIRITUAL LIFE / Hymn singing</div> <div>3:20 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:00 1:1 Pet Visits with Benji</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 TRAVELOGUE TO CHINA</div> <div>3:30 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 This is Jeopardy!</div> <div>2:00 BINGO!</div> <div>3:20 Games with Gil in the Game Room</div> <div>3:30 Music Appreciation!!</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>1:00 Scrabble Club in the Game Room</div> <div>2:00 SPIRITUAL LIFE / Bible study</div> <div>3:15 Documentary/Wild Borneo – A Spectacular Journey into The Oldest Tropical Rainforest</div> <div>6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 Milestone Wedding Anniversary Celebration/ Community Hall</div> <div>3:30 Scrabble Club in the Game Room</div> <div>6:00 Evening Hymn Singing</div> <div></div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>1:00 Games with Gil in the Game Room</div> <div>2:00 Celebrating Valentine's Day with Mina Lin . ♥</div> <div>3:15 Play Whist with Bruno in the Game Room</div> <div>6:00 Evening Hymn Singing</div>
<div>10:00 Church in the Village</div> <div>3:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div> <div></div>	<div>9:30 GROUP EXERCISE</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 FAMILY MOVIE MATINEE WITH POPCORN & DRINKS</div> <div>3:20 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:00 1:1 Pet Visits with Benji</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 Celebrating Black History Month</div> <div>3:30 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 This is Jeopardy!</div> <div>2:00 BINGO!</div> <div>3:20 Games with Gil in the Game Room</div> <div>3:30 Music Appreciation!!</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>1:00 Scrabble Club in the Game Room</div> <div>2:00 SPIRITUAL LIFE / Bible study</div> <div>3:20 Comedy TV Show</div> <div>6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 Live Performance with Andre Anthony</div> <div>6:00 Evening Hymn Singing</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>1:00 Games with Gil in the Game Room</div> <div>2:00 Travalogue to Singapore</div> <div>3:15 Play Whist with Bruno in the Game Room</div> <div>6:00 Evening Hymn Singing</div>
<div>10:00 Church in the Village</div> <div>3:00 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div> <div></div> <div>Closing Ceremony</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 SPIRITUAL LIFE / Hymn singing</div> <div>3:20 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:00 1:1 Pet Visits with Benji</div> <div>11:00 Brain Fitness- Trivia</div> <div>2:00 Vitamins in a Cup/Mango Smoothie Social/Bring your knitting tools.</div> <div>3:30 Manicure 1:1 in the Game Room</div> <div>4:00 Prayer Group in the Library</div> <div>6:00 MOVIE NIGHT</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 This is Jeopardy!</div> <div>2:00 ULSTER ACCORDION BAND SHOW IN THE COMMUNITY HALL</div> <div>3:20 Games with Gil in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>10:00 GROUP EXERCISE</div> <div>10:30 1:1 Pet Visits with Cloe</div> <div>11:00 Brain Fitness- Trivia</div> <div>1:00 Scrabble Club in the Game Room</div> <div>2:00 SPIRITUAL LIFE / Bible study</div> <div>3:15 Documentary/Wonders of India The Most Amazing Places in India</div> <div>6:00 MOVIE NIGHT</div>	<div>10:00 GROUP EXERCISE</div> <div>11:00 Brain Fitness- Word Game</div> <div>2:00 St. Michael's Choir in the Community Hall</div> <div>3:30 Scrabble Club in the Game Room</div> <div>6:00 Evening Hymn Singing</div>	<div>9:30 PHYSIO PROGRAM</div> <div>Strengthening and Balance Focus / Stretching and Relaxation Focus</div> <div>11:00 Brain Fitness- Word Game</div> <div>1:00 Games with Gil in the Game Room</div> <div>2:00 BINGO!</div> <div>3:15 Play Whist with Bruno in the Game Room</div> <div>6:00 Evening Hymn Singing</div>