

We Focus First and Foremost on You

Whether your needs are companionship or help in your day to day, more support in your personal care or intensive around the clock care, we focus first and foremost on you. Your personal preferences, your social and emotional needs, your physical and mental abilities are our focus. This continues along the cycle of care, from the active living, through the palliative, and to the end of life.

As a professional provider of home care support services, we also need to be knowledgeable and sensitive to medical conditions and how they impact your life experience. This is the case whether you are living with dementia, Parkinson's, stroke, diabetes, heart conditions, depression or any manner of physical or mental health concern.



Call
Mosaic Home Care

Home Care Support and
Lifestyle Companionship

416.322.7002

Quality, Person-Centered Care for all your Home Care Needs!

PERSON-CENTERED HOME CARE

- Our complete Home Care Package + our Lifestyle Services to include the integration of our "The Meaning of Me" model for the person under our care.

The Meaning of Me® – Person-Centered Care has been around for ages but it is the model that Mosaic has created that makes us different from other private home care companies.

- Client services monitor care and are available after hours and weekends
- Caregivers are personally introduced and we regularly perform home visits
- Caregivers trained for complex care needs

NURSING

- Medication, pain and symptom management
- Monitoring, charting and care plans
- Complex care needs (palliative, dementia, Parkinson's etc)

COMMUNITY RESOURCE CENTRE

- Resources for families with care needs
- Regular fun, educational and social events
- Mosaic's Memory Cafés/Mosaic Community Table Talks

MOSAIC'S ELDER CARE PLUS®

- Care Management integrated with home care
- Expert advice provided by registered Social Workers



Mosaic Home Care Services & Community Resource Centre

105 Wilson Avenue, Second Floor, Toronto, ON M5M 2Z9

Tel 416.322.7002

www.mosaichomecare.com | info@mosaichomecare.com

Close to public transit | Free parking



MOSAIC

Home Care Services & Community Resource Centre

at

SHEPHERD VILLAGE

A Caring Christian Seniors' Community



If you would like to enquire about starting services or to book an assessment contact us at our offices at 416.322.7002 and speak to one of our client services representatives.



Newsletter
SPRING & SUMMER 2026



Proudly Canadian

About Mosaic, Our Community Resource Centre, and our Newsletter

We are an internationally recognized provider of person-centered community integrated home care. Our model addresses the wider social and emotional needs of the person and their families both in their homes and in their communities. We are **not a franchise, not American-owned, and not owned by private equity firms. Mosaic stands apart as a truly Canadian company committed to the well-being of our clients and caregivers.**

We operate a resource centre and pop-up events around the Toronto (GTA) and York Region. These provide a wide range of events to the community as well as information on community resources. Our events are mostly free and include social, educational,

physical, cognitive, historical, festive and many other monthly activities. All our programs are all-inclusive and memory friendly. We provide Community Cafés, Growing Wellness Cafe and knitting programs.

This newsletter provides information on our many events as well as our wider community outreach and speaking events. People of all ages are welcomed and respected as persons of meaning, being and community.

What a difference we make!



An Update from the Principal Owners of Mosaic Home Care Services & Community Resource Centre

Jane and Nathalie

Our Mosaic team welcomes you to our Spring, Summer 2026 Newsletter. Bring on Spring and the warmer weather that will encourage more people to be outside again.



Team building exercise program at Mosaic with some of our team, to include a luncheon together.

What plans can you make for outings, walking, picnics in parks and get-aways in Ontario? Take a walk along the lakeshore, through the Don Valley Brickworks, the trail system that goes from John Street North of Steeles all the way down to the lake-

shore, the trails and walks that go east and west, the many parks, streets and communities of our great GTA and beyond! For those of you that are new to our Mosaic culture, we are Canadian owned and operated, we are not a franchise and not American owned, nor are we owned by private equity vehicles. Our focus is you, the person, your family and "our" communities.

At Mosaic, and just like you, we are more than a blank canvas quickly filled. We believe in the need for a strong and vital vision of the future of home care for the person and community, to allow for creative expression and thought, fresh direction and openness in pushing the boundaries of person, community and home care interaction.

Mosaic's approach to home care is multi-faceted reflecting the complex character of the person and their relationship with care needs and the communities we serve. There are five distinct components:

- We have our unique integrated multi-disciplined client services oversight team with its social work, nursing, care coordination, navigation and psychosocial skill sets – take a look at our team profiles on our website.
- We have our social and emotional components reflected in our community outreach and social programs.
- We have our caregivers and our processes and the interaction we have with our caregivers in shaping, delivering and overseeing care.
- We have our community its assets and its relationships through which we look to build connection and engagement for the person and in so doing a stronger vital community.
- Finally, we have the person we care for, their capacities and their vision, their families and their friends, their social capital, life meaning and interests.

These five dimensions come together to shape the person-centred care services we deliver and our vision of home care in the community.

Feedback from Western Whirl Event by Suzanne Park

The evening's temperature hovered around -10 chilly degrees. The falling snow added to the sizeable snowbanks soaring skyward. Yet, within moments of entering Mosaic's homebase, the Armour Heights Church, the warm welcoming smiles, Western themed decorations, and 'Howdy Pardner' messages had everyone happy they'd dressed in their best western outfits, 'saddled-up' and braved the elements.



Like we hardy Canadian cow-gals and cow-guys do!

As we entered, Jane Teasdale and Priya Hawkins enthusiastically guided us into the event space, pointing out table seating, the coat-check and of course where to tie-up your horse!

Volunteers were also on hand answering questions for any cowhands wandering about.

The room was impressive and active. A three-piece band called Sugar Rush was warming up, at the front. Beside them was a life-sized 'Wanted Poster' with the Sheriff- photographer encouraging guests to get their outlaw photo taken before the party gets rowdy!

Many tables were already full, others were welcoming friends both familiar and new to join them. Being a newbie, I felt very welcome and comfortable fitting in with a group of friends who were all familiar with and attend many of Mosaics' programs.

Stay tuned...

Mosaic is expanding into Richmond Hill and York Region areas including Thornhill and Vaughan for our home care services and social programs.

More pop-up events will be organized in Scarborough and you will be seeing more of Priya Hawkins our Community Outreach & Social Engagement Coordinator.

Pop up events at Richmond Hill Presbyterian Church *The History of Tea Luncheon* held on Friday June 19th, 2026 from 11:30 am to 1:30 pm. For more information email info@mosaichomecare.com or 416.322.7002.

A big thank you to our Mosaic Staff, front-line teams for the work you do each and everyday.

And to Armour Heights Presbyterian Church, staff and members in allowing Mosaic to call AH our home for our offices and hosting community events.

Jane Teasdale and Nathalie Anderson



Mosaic's Community Walks – Discovering Neighbourhoods One Step at a Time!

For a healthy lifestyle, start your morning with physical activity, mental and emotional wellbeing and social interactions! Join Mosaic in exploring the outdoors in the summer months with nature walks and exploring the City. Our community walks engage older adults in conversations, discussions while stay active and having fun. Explore the outdoors and experience new things!

July

Community Walk in Scarborough - Bluffers Park and Beach
(1 Brimley Rd. S, Scarborough, ON M1M 3H4)



Event Title: Mosaic's Community Walk in Scarborough

Date: Tuesday July 28th, 2026

Time: 10:00 a.m. – 2:00 p.m.

Cost: \$10 - Lunch at Dog Fish Pub Eatery

Walk the scenic trails and explore Scarborough Bluffs marina, beach and close-up views of the white Scarborough Bluffs cliffs.

Come enjoy the outdoors with your friends and make new ones.

August

Toronto Police Museum and Discovery Centre
(40 College St., Toronto, ON M5G 2J3)



Event Title: Mosaic's Community Walk Downtown

Date: Tuesday August 18th, 2026

Time: 10:00 a.m. – 2:00 p.m.

Cost: \$10 – Lunch at Fran's Restaurant

Explore the evolution of policing with vintage artifacts, interactive exhibits, true crime stories, see vintage police vehicles, history of police uniforms and honoring the dedication and service of officers.



To register for all programs call our offices at 416.322.7002 or info@mosaichomecare.com if you need more information.