March 2026

Resident Home Area 4

Andrea
Recreation Assistant
Contact: 416-609-5700 Ext: 258
Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Mindful Music (PL) 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 3:45 Jeopardy (PL)	**2** 10:00 Cubii Exercise 7RHA (PL) 10:00 Cubii Fitness with Visual Imagery (PL) 2:00 Bowl -A- Rama (CH) 4:30 Tim Janis Reflections (PL)	**3** 10:00 Cubii Fitness with Visual Imagery (PL) 10:00 Friendly, Family & Caregiver Visits (Vari) 10:30 Walking Club (MF) 1:15 Men's Fellowship (ADN) 2:00 Puzzle Quest (PL) 3:30 Physio Exercise Group (PL)	**4** 10:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Staff - Tech Training (CH) 2:00 Tai Chi (CH) 6:00 Hymns & Bible Reading With 7RHA (PL)	**5** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Fun & Fitness (CH) 10:30 Balloon Game (PL) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**6** 11:15 Word Games (PL) 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL) 6:00 Friday Social Hour - RHA6th. (PL)	**7** 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 11:00 Cubii Fitness with Visual Imagery (PL) 2:00 Cover The Dot (PL) 3:00 Afternoon Concert (PL) 3:30 Comedy Hour (TLS)
8 9:00 Gospel Music Listing (NSN) 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Music of Other Cultures (PL) 2:00 Strolling Musician RHA7 (7FLR)	**9** 9:30 Self-Directed Activities (VARI) 11:00 Word Games (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	**10** 10:00 Cubii Fitness with Visual Imagery (PL) 10:00 Friendly, Family & Caregiver Visits (Vari) 10:30 Walking Club (MF) 1:15 Men's Fellowship (ADN) 2:00 Resident's Council Mtg. (PL) 2:00 1-1 Montessori Activities (RSR) 3:30 Physio Exercise Group (PL)	**11** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Golden Pen Writers (ADN) 2:00 Dream Makers Event (CH) 6:00 Sound Therapy - RHA 2 (SD)	**12** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Fun & Fitness (CH) 10:30 Pet Therapy - Visit with Coco (PL) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**13** 11:00 Cubii Fitness with Visual Imagery (PL) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard Game RHA 7 (ND) 3:30 General Knowledge Trivia (PL) 6:00 Friday Social Hour - RHA6th. (PL)	**14** 10:00 Mindful Music (PL) 11:15 Exercise Trivia (ADN) 2:00 Afternoon Concert (CH) 3:30 Beautiful Destinations (PL)
15 9:30 Mindful Music (PL) 10:00 Church Service (TLS) 10:00 Virtual Church Service (PL) 3:45 Jeopardy (PL)	**16** 10:00 Cubii Exercise 7RHA (PL) 10:00 Cubii Fitness with Visual Imagery (PL) 10:30 St. Patty's Day Concert (CH) 4:30 Tim Janis Reflections (PL)	**17** 10:00 Cubii Fitness with Visual Imagery (PL) 10:00 Friendly, Family & Caregiver Visits (Vari) 10:30 Walking Club (MF) 1:15 Men's Fellowship (ADN) 2:00 Boomers Club 7th. RHA (CH) 2:00 1-1 Montessori Activities (RSR) 3:30 Physio Exercise Group (PL)	**18** 10:00 Friendly, Family & Caregiver Visits (Vari) 2:00 Irish Dancer (CH) 3:30 General Knowledge Quiz (PL) 6:00 Hymns & Bible Reading With 7RHA (PL)	**19** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Fun & Fitness (CH) 10:30 Balloon Game (PL) 2:00 Cover The Dot (DRN) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**20** 2:00 Friday Fellowship (CH) 3:30 Dominoes Game - 7RHA (PL) 6:00 Friday Social Hour - RHA6th. (PL)	**21** 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 10:00 Cubii Fitness with Visual Imagery (PL) 11:45 Canine Circus Show Outing (OUT) 2:00 Dog Show Outing (OUT) 3:30 Comedy Hour (TLS)
22 9:00 Gospel Music Listing (NSN) 10:00 1-1 Friendly, Caregiver & Family visits (VARI) 10:00 Virtual Church Service (PL) 10:00 Church Service (CH) 2:00 Hymn Singing (PL) 2:00 Strolling Musician RHA7 (7FLR)	**23** 9:30 Self-Directed Activities (VARI) 11:00 Word Games (PL) 3:30 Travel Documentary (PL) 3:30 Dominoes RHA 7 (PL)	**24** 10:00 Cubii Fitness with Visual Imagery (PL) 10:00 Friendly, Family & Caregiver Visits (Vari) 10:30 Walking Club (MF) 1:15 Men's Fellowship (ADN) 2:00 1-1 Montessori Activities (RSR) 3:30 Physio Exercise Group (PL)	**25** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Golden Pen Writers (ADN) 2:00 Tai Chi (CH) 2:00 Floral Arranging (PL) 6:00 Sound Therapy - RHA 3 (SD) 6:00 Hymns & Bible Reading With 7RHA (PL)	**26** 10:00 Friendly, Family & Caregiver Visits (Vari) 10:00 Pawisitively Pets (PL) 2:00 Brain Teasers (PL) 3:00 Physio Exercises (PL) 3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)	**27** 11:00 Cubii Fitness with Visual Imagery (PL) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard Game RHA 7 (ND) 3:30 General Knowledge Trivia (PL) 6:00 Friday Social Hour - RHA6th. (PL)	**28** 10:00 Mindful Music (PL) 11:15 Exercise Trivia (ADN) 3:00 Afternoon Concert (PL) 3:30 Beautiful Destinations (PL)
29 9:30 Mindful Music (PL) 10:00 Church Service - Palm Sunday Service (TLS) 10:00 Virtual Church Service (PL) 3:45 Jeopardy (PL)	**30** 10:00 Cubii Exercise 7RHA (PL) 10:00 The Chosen Series (CH) 2:00 Drum Fit (CH) 4:30 Tim Janis Reflections (PL)	**31** 10:00 Cubii Fitness with Visual Imagery (PL) 10:00 Friendly, Family & Caregiver Visits (Vari) 10:30 Walking Club (MF) 1:15 Men's Fellowship (ADN) 2:00 Church Service - Gratitude (CH) 3:30 Physio Exercise Group (PL)				

Locations Legend

TV Lounge South (TLS)
Varied (VARI)
Main Floor (MF)
Resident's room (RSR)
Nursing Station North (NSN)
7th Floor (7FLR)
South Den (SD)
North Den (ND)
Outing (OUT)
Dining Room North (DRN)