



March 2026

Resident Home Area 7

Julia
 Recreation Assistant
 (416) 609-5700 ext. 235
 All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>10:00 Visits w/ family, friends, caregiver 1</p> <p>10:00 Spiritual Life Church Service</p> <p>10:00 Spiritual Life Virtual</p> <p>12:30 Mindful Music</p> <p>2:15 Bingo on RHA 6</p> <p>4:15 1-1 Staff Visits</p>	<p>10:00 Move it Cubii Exercise 2</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>2:00 Bowling</p>	<p>10:00 Visits w/ family, friends, caregiver 3</p> <p>12:30 Mindful Music</p> <p>1:15 Men's Fellowship</p> <p>2:00 Boomers Club</p> <p>2:30 Teaching Kitchen</p> <p>3:30 Wheel of Trivia</p> <p>6:15 Big Games Night</p>	<p>Rec Staff VR Training 4</p> <p>10:00 Crossword Puzzle</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>11:00 Village Cruise</p> <p>12:00 CITV Noontime Prayer</p> <p>12:30 Mindful Music</p> <p>2:00 Tai-Chi</p>	<p>10:00 Visits w/ family, friends, caregiver 5</p> <p>10:00 Pet Therapy</p> <p>11:00 The Price is Right</p> <p>12:30 Mindful Music</p> <p>2:00 Hymn Sing Service</p> <p>3:30 Dice Games</p>	<p>10:00 Self-Directed Activities 6</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:15 Word Games</p> <p>11:00 Word games on 4th RHA</p> <p>2:00 Friday Fellowship</p> <p>2:00 Shuffleboard</p> <p>3:30 Dominoes</p> <p>6:00 Friday Social Hour</p>	<p>10:00 Cubii Exercises with Andrea 7</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>12:30 Sensory & Relaxation</p> <p>3:00 Musical Entertainer</p> <p>3:30 Movie Afternoon</p>
<p>10:00 Spiritual Life Church Service 8</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:00 Spiritual Life Virtual</p> <p>2:00 Hymn Sing</p>	<p>10:00 Self Directed Activities 9</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:15 Wacky Word Play</p> <p>11:00 Morning Puzzles/Word Games on 4th floor</p> <p>2:00 Shuffleboard</p> <p>3:30 Dominoes</p>	<p>10:00 Visits w/ family, friends, caregiver 10</p> <p>10:00 Cantonese/Mandarin Group with Iris</p> <p>12:30 Mindful Music</p> <p>1:15 Men's Fellowship</p> <p>2:00 Resident's Council</p> <p>2:00 Mahjong Club</p> <p>3:30 Wheel of Trivia</p> <p>6:15 Big Games Night</p>	<p>10:00 Crossword Puzzle 11</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>11:00 Village Cruise</p> <p>12:00 CITV Noontime Prayer</p> <p>12:30 Mindful Music</p> <p>2:00 Tai-Chi</p> <p>2:00 Dream Makers Event</p> <p>3:30 Jeopardy!</p> <p>6:00 4th RHA Hymn sing</p>	<p>10:00 Visits w/ family, friends, caregiver 12</p> <p>11:00 The Price is Right</p> <p>12:30 Mindful Music</p> <p>2:00 Hymn Sing Service</p> <p>3:30 Card Games</p>	<p>10:00 Cubii Exercises with Andrea 13</p> <p>10:00 Morning Music and News</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>2:00 Friday Fellowship</p> <p>6:00 Friday Social Hour</p>	<p>10:00 Visits w/ family, friends, caregiver 14</p> <p>10:15 Morning Exercises</p> <p>11:15 Exercise Trivia on 4th RHA</p> <p>12:30 Mindful Music</p> <p>2:00 Afternoon Concert</p> <p>4:00 Cubii Exercise</p>
<p>10:00 Spiritual Life Church Service 15</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:00 Spiritual Life Virtual</p> <p>12:30 Mindful Music</p> <p>2:00 Baking</p> <p>3:45 Jeoprady on 4th RHA</p> <p>4:15 1-1 Staff Visits</p>	<p>10:00 Move it Cubii Exercise 16</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:30 St. Patty's Day Concert</p> <p>3:00 Dominoes</p>	<p>10:00 Visits w/ family, friends, caregiver 17</p> <p>12:30 Mindful Music</p> <p>1:15 Men's Fellowship</p> <p>2:00 Boomers Club</p> <p>3:30 Wheel of Trivia</p> <p>6:15 Big Games Night</p>	<p>10:00 Crossword Puzzle 18</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>11:00 Village Cruise</p> <p>12:00 CITV Noontime Prayer</p> <p>12:30 Mindful Music</p> <p>2:00 Tai-Chi</p> <p>2:30 Games and Puzzles</p> <p>3:30 Jeopardy!</p> <p>6:00 4th RHA Hymn sing</p>	<p>10:00 Visits w/ family, friends, caregiver 19</p> <p>10:15 Fun & Fitness</p> <p>10:30 Audible Bible Study</p> <p>11:00 The Price is Right</p> <p>12:30 Mindful Music</p> <p>2:00 Hymn Sing Service</p> <p>3:30 Dice Games</p>	<p>10:00 Self-Directed Activities 20</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:30 Lianne Harris Presentation</p> <p>2:00 Friday Fellowship</p> <p>2:00 Shuffleboard</p> <p>3:30 Dominoes</p> <p>6:00 Friday Social Hour</p>	<p>10:00 Cubii Exercises with Andrea 21</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>12:00 Dog Show Outing</p> <p>12:30 Sensory & Relaxation</p> <p>3:00 Musical Entertainer</p> <p>3:30 Movie Afternoon</p>
<p>10:00 Spiritual Life Church Service 22</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:00 Spiritual Life Virtual</p> <p>2:00 Hymn Sing</p>	<p>10:00 Self Directed Activities 23</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:15 Wacky Word Play</p> <p>11:00 Morning Puzzles/Word Games on 4th floor</p> <p>2:00 Shuffleboard</p> <p>3:30 Dominoes</p>	<p>10:00 Visits w/ family, friends, caregiver 24</p> <p>12:30 Mindful Music</p> <p>1:15 Men's Fellowship</p> <p>2:00 Mahjong Club</p> <p>3:30 Wheel of Trivia</p> <p>6:15 Big Games Night</p>	<p>10:00 Crossword Puzzle 25</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>11:00 Village Cruise</p> <p>12:00 CITV Noontime Prayer</p> <p>12:30 Mindful Music</p> <p>2:00 Tai-Chi</p> <p>2:30 Games and Puzzles</p> <p>3:30 Jeopardy!</p> <p>6:00 4th RHA Hymn sing</p>	<p>9:30 Rec Staff in Care Conference 26</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>10:15 Fun & Fitness</p> <p>11:00 The Price is Right</p> <p>12:30 Mindful Music</p> <p>2:00 Hymn Sing Service</p> <p>3:30 Card Games</p>	<p>10:00 Cubii Exercises with Andrea 27</p> <p>10:00 Morning Music and News</p> <p>10:00 Game Shows in the Morning</p> <p>10:00 Visits w/ family, friends, caregiver</p> <p>2:00 Friday Fellowship</p> <p>6:00 Friday Social Hour</p>	<p>10:00 Visits w/ family, friends, caregiver 28</p> <p>10:15 Morning Exercises</p> <p>11:15 Exercise Trivia on 4th RHA</p> <p>12:30 Mindful Music</p> <p>2:00 Bingo</p> <p>3:00 Musical Entertainer on RHA 4</p> <p>4:00 Cubii Exercise</p>



<p>Piano Lounge</p> <p>Varied</p> <p>TV Lounge South</p> <p>Community Hall</p> <p>Sanctuary/ On TV</p>	<p style="text-align:center;"><u>Locations Legend</u></p> <p>Activity Den North</p> <p>Varied</p> <p>7th Floor</p> <p>Main Floor</p> <p>Tv lounge North & South</p>	<p>4th Floor</p> <p>TV Lounge North</p> <p>Dining Room North</p> <p>Gardenview Room</p> <p>Outing</p>
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