



May 2026

Resident Home Area 3

Neha
 Recreation asisstant
 (416) 609-5700 ext. 225
 All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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10:30 Chair Exercise: Climb Every Mountain (TLN) **1**
 10:30 Pawsitively Pets (ADS)
 2:00 Friday Fellowship: North Toronto Christian School Choir (CH)
 3:45 Watercolour Art Reveal (ADS)

10:00 Sensory Videos/Music/TV **2**
 2:00 Movies/Music
 2:30 Afternoon Entertainment with Davis (TLN)

10:00 Sunday Church Service (CH) **3**
 10:00 Virtual Church
 2:00 Hymn Sing (TLS)

1:15 1:1 Friendly visits (Vari) **4**
 1:30 Physio Group (ADS)
 1:30 Maestro Music (NSS)
 2:30 Drum Fit (PL)
 6:15 Sing-a-Long (TLN)
 7:15 Relax & Restore (SR)

10:30 Music Therapy (ADS) **5**
 11:15 Target Golf (TLN)
 1:30 Physio Group (ADS)
 2:00 Cozy Reads (ADN)
 3:30 Crafty Corner for Mom (ADS)

10:30 Parachute Play (ADS) **6**
 11:00 Sensory Circle (NSN)
 2:00 Tai Chi (6TH)
 2:00 Lady's Tea (ADN)
 3:30 Spiritual Hymn Sing (TLN)
 4:00 Self-Directed Activities (Vari)
 6:00 Sound Therapy (ADS)

1:30 Physio Group (ADS) **7**
 6:00 Music & Brain Games RHA 2

10:00 Sensory Videos **8**
 10:30 Adelpha Christian Academy (GR)
 2:00 Afternoon Movie
 2:00 Friday Fellowship: Vocalist Spring & Broadway (CH)
 6:00 Friday Night Social (4FL)

10:15 Active Games (TLN) **9**
 11:00 Active Games on RHA 2 (TLN)
 2:00 Mother's Day Concert (CH)
 3:30 1:1 Programming

10:00 Church Service (CH) **10**
 10:00 Virtual Church
 1:30 Walking Club (MF)
 2:00 Flower Distribution (Vari)

1:15 1:1 Friendly visits (Vari) **11**
 1:30 Physio Group (ADS)
 2:00 Armchair Detectives (ADS)
 3:30 Maestro Music (ADN)
 6:15 Karaoke w/ staff & residents (TLN)
 7:15 Relax & Restore (NSN)

Self-Directed Activities **12**
 10:30 Chinese Support Group (7FLR)
 10:30 Music Therapy (ADS)
 1:30 Physio Group (ADS)
 2:00 Movie Afternoon (TVNS)

10:30 Pawsitively Pets (ADS) **13**
 2:00 Tai Chi (6TH)
 2:30 Family Feud (ADN)
 3:30 Spiritual Hymn Sing (TLN)
 4:00 Self-Directed Activities (Vari)

10:30 Bible trivia w/ Rebecca (CH) **14**
 10:30 Ring Toss (ADS)
 1:30 Physio Group (ADS)
 2:15 Bingo! (PL)
 3:45 Scented Hand Care (Vari)
 6:00 Music & Brain Games RHA 2

10:30 Bucket Ball Challenge (TLN) **15**
 2:30 Outdoor Strolls (weather-dependent) (COUR)
 3:45 Taste & Texture (ADN)
 6:00 Friday Night Social w/ Jay One-Man-Band (5fl)

10:00 Sensory Videos/Music/TV **16**
 11:00 Active Games with Luisa (TLN)
 2:00 Movies/Music

10:00 Sunday Church Service (CH) **17**
 10:00 Virtual Church
 2:00 Hymn Sing (TLS)

11:00 Cupcake Train (Vari) **18**

10:30 Active Games (ADS) **19**
 10:30 Music Therapy (ADS)
 11:10 Football Toss (TLN)
 1:30 Physio Group (ADS)
 2:30 Outdoor Fun (weather-dependent) (COUR)
 4:00 Cozy Reads (ADN)

11:00 Cubii Challenge (TVNS) **20**
 1:30 Walking Club (MF)
 2:00 Tai Chi (6TH)
 2:00 Robot Reveal Party (CH)
 3:30 Spiritual Hymn Sing (TLN)
 4:00 Self-Directed Activities (Vari)
 6:00 Sound Therapy (ADS)

1:30 Physio Group (ADS) **21**
 2:15 Bingo! (PL)
 3:30 Sensory & Relaxation (Vari)
 6:00 Music & Brain Games RHA 2

10:00 Sensory Videos **22**
 11:00 Active Games w/ Luisa (TLN)
 2:00 Afternoon Movie
 2:00 Friday Fellowship (CH)
 6:00 Friday Night Social (Vari)

10:15 Active Games (TLN) **23**
 11:00 Active Games on RHA 2 (TLN)
 2:00 Cubii Challenge (TVNS)
 3:00 Shine Christian Homeschool (CH)

10:00 Church Service (CH) **24**
 10:00 Virtual Church
 2:00 Strolling Music (Vari)
 2:30 Hymn Sing on RHA 2 (TLN)

1:15 1:1 Friendly visits (Vari) **25**
 1:30 Physio Group (ADS)
 2:30 Badminton Bat (TLN)
 4:00 Word Ladders (ADS)
 6:15 Karaoke w/ staff & residents (TLN)
 7:15 Relax & Restore (NSN)

Self-Directed Activities **26**
 10:30 Music Therapy (ADS)
 1:30 Physio Group (ADS)
 2:00 Movie Afternoon (TVNS)

11:00 Cubii Challenge (TVNS) **27**
 2:00 Tai Chi (6TH)
 2:00 Milestone Event (CH)
 3:30 Spiritual Hymn Sing (TLN)
 4:00 Self-Directed Activities (Vari)

10:30 Pool Noodle Hockey (ADS) **28**
 1:30 Physio Group (ADS)
 2:15 Bingo! (PL)
 3:45 Scented Hand Care (Vari)
 6:00 Music & Brain Games RHA 2

10:30 Chair Exercise: Climb Every Mountain (TLN) **29**
 11:15 Active Games on RHA 2 (TLN)
 2:00 Friday Fellowship: Vocalist and Pianist Springtime (CH)
 3:45 Tabletop Games (ADS)
 6:00 Friday Night Social (Vari)

10:00 Sensory Videos/Music/TV **30**
 11:00 Active Games with Luisa (TLN)
 2:00 Movies/Music
 2:30 Afternoon Entertainer (TLN)

10:00 Sunday Church Service (CH) **31**
 10:00 Virtual Church
 2:00 Hymn Sing (TLS)



Piano Lounge (PL)
 Community Hall (CH)
 Varied (VARI)
 TV Lounge South (TLS)

Locations Legends
 Resident's Room (RSR)
 South Den (ASD)
 Outing (Out)
 Outdoors (ODS/Balcony)

Courtyard (COUR)
 North Den (AND)
 TV Lounge North (TLN)
 TV Lounge North/South (TVNS)