



May 2026

Resident Home Area 7

Jason
 Recreation assistant
 (416) 609-5700 ext. 235
 All programs are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>10:00 Spiritual Life Church Service (SOT) 3</p> <p>10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (4FL)</p>	<p>10:00 Morning exercise (TVns) 4</p> <p>10:15 Name That Tune (PL) 11:00 Wacky Word Play (RHA 4) (PL) 11:30 Staff friendly visit 2:00 Boomer's Club (ADN) 3:30 Dominoes (PL)</p>	<p>10:00 Morning exercise (TVns) 5</p> <p>10:30 Bingo! (PL) 11:30 Staff friendly visit 12:30 Mindful Music (TLS) 1:15 Men's Fellowship (ADN) 3:30 Wheel of Trivia (PL)</p>	<p>10:00 Morning exercise (TVns) 6</p> <p>10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 12:30 Mindful Music (TLS) 1:30 Mahjong club (PL) 2:00 Tai-Chi (6TH) 3:15 Jeopardy! (PL) 6:00 4th RHA Hymn sing (PL)</p>	<p>10:00 Fun & Fitness on RHA 4 (PL) 7</p> <p>10:00 Morning exercise (TVns) 10:30 Adelpia Christian Academy (GR) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)</p>	<p>10:00 Morning exercise (TVns) 1</p> <p>10:30 Bingo! RHA 7 (PL) 11:15 Word Games RHA 4 (PL) 2:00 Friday Fellowship (CH) 3:30 Snake and ladders (PL)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 2</p> <p>12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (CH) 10</p> <p>10:00 Spiritual Life Virtual (SOT) 12:30 Mindful Music (TLS) 2:30 Strolling Music (Vari) 3:45 Jeoprady on 4th RHA (PL) 4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 11</p> <p>10:00 Morning exercise (TVns) 10:15 Name That Tune (PL) 11:30 Staff friendly visit 2:00 Drumfit (CH) 2:00 Shuffleboard (ADN)</p>	<p>10:00 Morning exercise (TVns) 12</p> <p>10:30 Cantonese and Mandarin Support Group (PL) 11:30 Staff friendly visit 12:30 Mindful Music (TLS) 1:15 Men's Fellowship (ADN) 2:00 Resident's Council (VARI) 3:30 Wheel of Trivia (PL)</p>	<p>10:00 Morning exercise (TVns) 13</p> <p>10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 12:30 Mindful Music (TLS) 1:30 Mahjong club (PL) 2:00 Tai-Chi (6TH) 3:15 Jeopardy! (PL) 6:00 4th RHA Hymn sing (PL)</p>	<p>10:00 Fun & Fitness on RHA 4 (PL) 14</p> <p>10:00 Morning exercise (TVns) 10:30 The Price is Right (PL) 11:30 Staff friendly visit 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)</p>	<p>10:00 Morning exercise (TVns) 15</p> <p>10:15 Word Games (PL) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard (ADN) 3:30 Dominoes (PL) 6:00 Friday Social Hour RHA 5 (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 16</p> <p>12:30 Sensory & Relaxation (TVNS) 2:00 Bowling (COMM) 3:30 Movie Afternoon (TVNS) 6:00 Dominoes (PL)</p>
<p>10:00 Spiritual Life Church Service (SOT) 17</p> <p>10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (4FL)</p>	<p>3:00 Cupcake train (Vari) 18</p>	<p>10:00 Morning exercise (TVns) 19</p> <p>10:30 Bingo! (PL) 11:30 Staff friendly visit 12:30 Mindful Music (TLS) 1:15 Men's Fellowship (ADN) 2:00 Mahjong Club (PL) 3:30 Wheel of Trivia (PL)</p>	<p>10:00 Morning exercise (TVns) 20</p> <p>10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 12:30 Mindful Music (TLS) 1:30 Mahjong club (PL) 2:00 Tai-Chi (6TH) 3:15 Jeopardy! (PL) 6:00 4th RHA Hymn sing (PL)</p>	<p>9:30 Rec Staff in Care Conference 21</p> <p>10:00 Fun & Fitness on RHA 4 (PL) 10:00 Morning exercise (TVns) 10:30 Audible Bible Study (CH) 10:30 The Price is Right (PL) 11:30 Staff friendly visit 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Card Games (PL)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 22</p> <p>10:00 Morning Music and News (TLS) 10:00 Game Shows in the Morning 10:00 Morning exercise (TVns) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard (ADN) 6:00 Friday Social Hour RHA 7 (Vari)</p>	<p>10:00 Morning Exercises (PL) 23</p> <p>10:30 Weekend Bingo (PL) 11:15 Exercise Trivia on 4th RHA 12:30 Mindful Music (TLS) 3:00 Intergenerational SHINE Christian Grp (COMM) 4:00 Cubii Exercise (TLN)</p>
<p>10:00 Spiritual Life Church Service (CH) 24</p> <p>10:00 Spiritual Life Virtual (SOT) 12:30 Mindful Music (TLS) 2:00 Baking (DRN) 3:45 Jeoprady on 4th RHA (PL) 4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 25</p> <p>10:00 Morning Exercise (PL) 10:15 Name That Tune (PL) 11:30 Staff friendly visit 2:00 Shuffleboard (ADN) 3:30 Program Discussion (PL)</p>	<p>10:00 Morning exercise (TVns) 26</p> <p>12:30 Mindful Music (TLS) 1:15 Men's Fellowship (ADN)</p>	<p>10:00 Morning exercise (TVns) 27</p> <p>10:30 Crossword Puzzle (PL) 11:30 Village Cruise (MF) 12:30 Mindful Music (TLS) 1:30 Mahjong club (PL) 2:00 Tai-Chi (6TH) 3:15 Jeopardy! (PL) 6:00 4th RHA Hymn sing (PL)</p>	<p>10:00 Fun & Fitness on RHA 4 (PL) 28</p> <p>10:00 Morning exercise (TVns) 12:30 Mindful Music (TLS) 2:00 Hymn Sing Service (PL) 3:30 Dice Games (PL)</p>	<p>10:00 Morning exercise (TVns) 29</p> <p>10:15 Word Games (PL) 2:00 Friday Fellowship (CH) 2:00 Shuffleboard (ADN) 3:30 Dominoes (PL) 6:00 Friday Social Hour RHA 6 (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 30</p> <p>12:30 Sensory & Relaxation (TVNS) 3:00 Musical Entertainer (PL) 3:30 Movie Afternoon (TVNS) 6:00 Dominoes (PL)</p>

<p>10:00 Spiritual Life Church Service (SOT) 31</p> <p>10:00 Spiritual Life Virtual (SOT) 2:00 Hymn Sing (4FL)</p>



<u>Locations Legends</u>		
Piano Lounge (PL)	Resident's Room (RSR)	Courtyard (COUR)
Community Hall (CH)	South Den (ASD)	North Den (AND)
Varied (VARI)	Outing (Out)	TV Lounge North (TLN)
TV Lounge South (TLS)	Outdoors (ODS/Balcony)	TV Lounge North/South (TVNS)