





# June 2026

## Resident Home Area 4

**Andrea**  
**Recreation Assistant**  
**Contact: 416-609-5700 Ext: 258**  
**Programs are subject to change.**

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |  |  |
|---|---|---|---|--|---|---|--|--|
|    | 9:30 Self-Directed Activities (VARI) <b>1</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>11:00 Word Games (PL)<br>2:30 Puzzle Quest (PL)<br>3:30 Travel Documentary (PL)<br>3:30 Dominoes RHA 7 (PL)          | 10:00 Cubii Fitness with Visual Imagery (PL) <b>2</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>10:30 Walking Club (MF)<br>1:15 Men's Fellowship (ADN)<br>2:00 Green Thumb Gardening (N/S)<br>3:30 Physio Exercise Group (PL)<br>3:30 Abby Enrichment Program (RSR)  | 10:00 Golden Pen Writers (ADN) <b>3</b><br>12:30 Self Directed Activities (VARI)<br>2:00 Tai Chi (6TH)<br>2:00 Hearts with love - Languages (PL)<br>6:00 Hymns & Bible Reading With 7RHA (PL)                         | 10:00 Friendly, Family & Caregiver Visits (Vari) <b>4</b><br>10:30 Balloon Game (PL)<br>2:30 Teaching Kitchen RHA 4 (RSR)<br>3:00 Physio Exercises (PL)<br>3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)   | 11:00 Cubii Fitness with Visual Imagery (PL) <b>5</b><br>11:30 Face Time Call with Irmgard (RSR)<br>2:00 Friday Fellowship (CH)<br>2:00 Shuffleboard Game RHA 7 (ND)<br>3:30 General Knowledge Trivia (PL)<br>6:00 Friday Social Hour - RHA6th. (PL)  | 10:00 Mindful Music (PL) <b>6</b><br>11:00 Exercise Trivia (ADN)<br>2:00 Afternoon Concert - Just Friends (COMM)<br>3:30 Beautiful Destinations (PL)  |  |  |
| 9:30 Mindful Music (PL) <b>7</b><br>10:00 Church Service (TLS)<br>10:00 Virtual Church Service (PL)<br>3:45 Jeopardy (PL)   | 10:00 Cubii Exercise 7RHA (PL) <b>8</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>11:00 Cubii Fitness with Visual Imagery (PL)<br>2:00 Drum Fit (CH)<br>4:30 Tim Janis Reflections (PL)                      | 10:00 Cubii Fitness with Visual Imagery (PL) <b>9</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>10:30 Walking Club (MF)<br>1:15 Men's Fellowship (ADN)<br>2:00 Resident's Council (PL)<br>3:00 Bell Choir - RHA 7 (PL)<br>3:30 Physio Exercise Group (PL)  | 10:30 Petting Zoo (COUR) <b>10</b><br>12:30 Self Directed Activities (VARI)<br>2:00 Tai Chi (6TH)<br>6:00 Hymns & Bible Reading With 7RHA (PL)<br>6:00 Sound Therapy RHA 3 (2ND)                                      | 10:00 Friendly, Family & Caregiver Visits (Vari) <b>11</b><br>10:30 Audible Bible (CH)<br>2:00 Baking (PL)<br>3:00 Physio Exercises (PL)<br>3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)  | 11:15 Word Games (PL) <b>12</b><br>2:00 Friday Fellowship (CH)<br>3:30 FIFA Canada Game Celebration (PL)<br>6:00 Friday Social Hour - RHA6th. (PL)  | 10:00 1-1 Friendly, Caregiver & Family visits (VARI) <b>13</b><br>11:00 Cubii Fitness with Visual Imagery (PL)<br>2:00 Cover The Dot (PL)<br>3:00 Outdoor Concert - Mina Lin (COUR)<br>3:30 Comedy Hour (TLS)             |  |  |
| 9:00 Gospel Music Listing (NSN) <b>14</b><br>10:00 1-1 Friendly, Caregiver & Family visits (VARI)<br>10:00 Virtual Church Service (PL)<br>10:00 Church Service (CH)<br>2:00 Hymn Singing (PL)<br>2:00 Hymn Sing (4FL)<br>3:30 Gaither Gospel Concert (TLS)              | 9:30 Self-Directed Activities (VARI) <b>15</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>11:00 Word Games (PL)<br>2:30 Puzzle Quest (PL)<br>3:30 Travel Documentary (PL)<br>3:30 Dominoes RHA 7 (PL)         | 10:00 Cubii Fitness with Visual Imagery (PL) <b>16</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>10:30 Walking Club (MF)<br>1:00 Parkway Bowl Outing (Out)<br>1:00 Parkway Bowl Outing (Out)<br>1:15 Men's Fellowship (ADN)<br>2:00 Bell Choir - RHA 7 (PL)<br>3:00 Abby Enrichment Program (RSR)<br>3:30 Physio Exercise Group (PL) | 10:30 Outdoor Concert (COUR) <b>17</b><br>12:30 Self Directed Activities (VARI)<br>2:00 Tai Chi (6TH)<br>2:00 Rythm Band (ADN)<br>2:00 Hearts with Love - Languages (PL)<br>6:00 Hymns & Bible Reading With 7RHA (PL) | 10:00 Friendly, Family & Caregiver Visits (Vari) <b>18</b><br>10:30 Pawsitively Pets (PL)<br>2:00 BBQ for RHA 5,6,7 (PL)<br>3:00 Physio Exercises (PL)<br>3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)  | 11:00 Cubii Fitness with Visual Imagery (PL) <b>19</b><br>11:30 Face Time Call with Irmgard (RSR)<br>2:00 Friday Fellowship (CH)<br>2:00 Shuffleboard Game RHA 7 (ND)<br>3:30 General Knowledge Trivia (PL)<br>6:00 Friday Social Hour - RHA6th. (PL) | 10:00 Mindful Music (PL) <b>20</b><br>11:00 Exercise Trivia (ADN)<br>3:00 Afternoon Concert - Samira Yeo (PL)<br>3:30 Beautiful Destinations (PL)   |  |  |
| Happy Father's Day (PL) <b>21</b><br>9:30 Mindful Music (PL)<br>10:00 Church Service (TLS)<br>10:00 Virtual Church Service (PL)<br>2:00 Ice Cream Sandwich Train (PL)<br>3:45 Jeoprazy on 4th RHA (PL)  | 10:00 Cubii Exercise 7RHA (PL) <b>22</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>11:00 Cubii Fitness with Visual Imagery (PL)<br>2:00 "There's No Place Like Home" (PL)<br>4:30 Tim Janis Reflections (PL) | 10:00 Cubii Fitness with Visual Imagery (PL) <b>23</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>10:30 Walking Club (MF)<br>1:15 Men's Fellowship (ADN)<br>2:00 Bell Choir - RHA 7 (PL)<br>3:30 Physio Exercise Group (PL)   | 12:30 Self Directed Activities (VARI) <b>24</b><br>2:00 Tai Chi (6TH)<br>2:00 Balloon Game (PL)<br>3:30 Obie Games (PL)<br>6:00 Hymns & Bible Reading With 7RHA (PL)  | 10:00 Friendly, Family & Caregiver Visits (Vari) <b>25</b><br>2:30 Brain Teasers (PL)<br>3:00 Physio Exercises (PL)<br>3:30 Hymn Sing with Chaplain Rebecca & Choir (PL)   | 11:15 Word Games (PL) <b>26</b><br>2:00 Friday Fellowship (CH)<br>3:30 Dominoes Game - 7RHA (PL)<br>6:00 Friday Social Hour - RHA6th. (PL)  | 10:00 1-1 Friendly, Caregiver & Family visits (VARI) <b>27</b><br>11:00 Cubii Fitness with Visual Imagery (PL)<br>2:00 Cover The Dot (PL)<br>3:00 Afternoon Concert - Alice Santos - RHA 7 (PL)<br>3:30 Comedy Hour (TLS) |  |  |
| 9:00 Gospel Music Listing (NSN) <b>28</b><br>10:00 1-1 Friendly, Caregiver & Family visits (VARI)<br>10:00 Virtual Church Service (PL)<br>10:00 Church Service (CH)<br>2:00 Strolling Musician RHA7 (7FLR)<br>2:00 Hymn Sing (4FL)<br>3:30 Gaither Gospel Concert (TLS) | 9:30 Self-Directed Activities (VARI) <b>29</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>11:00 Word Games (PL)<br>2:00 Strawberry Social Prep (PL)<br>3:30 Travel Documentary (PL)                           | 10:00 Cubii Fitness with Visual Imagery (PL) <b>30</b><br>10:00 Friendly, Family & Caregiver Visits (Vari)<br>10:30 Walking Club (MF)<br>1:15 Men's Fellowship (ADN)<br>2:00 Bell Choir - RHA 7 (PL)<br>2:00 Strawberry Social (PL)<br>3:30 Physio Exercise Group (PL)  |    | <p style="text-align: center;"><u>Locations Legend</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">           Piano Lounge (PL)<br/>           Varied (Vari)<br/>           Varied (VARI)<br/>           Activity Den North (ADN)<br/>           Community Hall (CH)<br/>           TV Lounge South (TLS)         </td> <td style="width: 33%;">           Main Floor (MF)<br/>           Resident's room (RSR)<br/>           6th Floor (6TH)<br/>           Courtyard (COUR)<br/>           North Den (ND)<br/>           Nursing Station North (NSN)         </td> <td style="width: 33%;">           4th Floor (4FL)<br/>           Outing (Out)<br/>           Balcony (N/S)<br/>           Community hall (COMM)<br/>           2nd Floor (2ND)<br/>           7th Floor (7FLR)         </td> </tr> </table> |   | Piano Lounge (PL)<br>Varied (Vari)<br>Varied (VARI)<br>Activity Den North (ADN)<br>Community Hall (CH)<br>TV Lounge South (TLS)   | Main Floor (MF)<br>Resident's room (RSR)<br>6th Floor (6TH)<br>Courtyard (COUR)<br>North Den (ND)<br>Nursing Station North (NSN) | 4th Floor (4FL)<br>Outing (Out)<br>Balcony (N/S)<br>Community hall (COMM)<br>2nd Floor (2ND)<br>7th Floor (7FLR) |
| Piano Lounge (PL)<br>Varied (Vari)<br>Varied (VARI)<br>Activity Den North (ADN)<br>Community Hall (CH)<br>TV Lounge South (TLS)   | Main Floor (MF)<br>Resident's room (RSR)<br>6th Floor (6TH)<br>Courtyard (COUR)<br>North Den (ND)<br>Nursing Station North (NSN)  | 4th Floor (4FL)<br>Outing (Out)<br>Balcony (N/S)<br>Community hall (COMM)<br>2nd Floor (2ND)<br>7th Floor (7FLR)  |   |  |   |   |  |  |