





June 2026

Resident Home Area 7

Julia
Recreation Assistant
(416) 609-5700 Ext 235
All programs are subject to Change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 Self Directed Activities (VARI) 1</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Name That Tune (PL)</p> <p>11:00 Wacky Word Play (RHA 4) (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Food Committee (ADN)</p> <p>3:30 Trivial Pursuits (PL)</p>	<p>10:00 Visits w/ family, friends, caregiver (VARI) 2</p> <p>12:30 Mindful Music (TLS)</p> <p>1:15 Men's Fellowship (ADN)</p> <p>1:30 Mahjong Club (PL)</p> <p>3:00 Flower for Oz (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVNs) 3</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Pawsitively Pets (PL)</p> <p>11:30 Staff friendly visit</p> <p>11:30 Village Cruise (MF)</p> <p>2:00 Tai-Chi (6TH)</p> <p>2:00 Baking (DRN)</p> <p>3:15 Jeopardy! (PL)</p> <p>6:00 4th RHA Hymn sing (PL)</p>	<p>10:00 Morning exercise (TVNs) 4</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Top-Up Thursdays (PL)</p> <p>11:30 Staff friendly visit</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Card Games (PL)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 5</p> <p>10:00 Morning Music and News (TLS)</p> <p>10:00 Game Shows in the Morning</p> <p>2:00 Friday Fellowship (CH)</p> <p>3:30 Dominoes (PL)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Morning Exercises (PL) 6</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Weekend Bingo (PL)</p> <p>11:15 Exercise Trivia on 4th RHA</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Just Friends Concert (CH)</p> <p>3:30 Dominoes (PL)</p>
<p>10:00 Spiritual Life Church Service (CH) 7</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Hymn Sing (TLS)</p> <p>3:45 Jeoprady on 4th RHA (PL)</p> <p>4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 8</p> <p>2:00 Shuffleboard (ADN)</p> <p>2:00 Language of the Heart (ADS)</p>	<p>10:00 Morning exercise (TVNs) 9</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Cantonese and Mandarin Support Group (PL)</p> <p>12:30 Mindful Music (TLS)</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Resident's Council (VARI)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVNs) 10</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Petting Zoo (ODR)</p> <p>11:30 Village Cruise (MF)</p> <p>2:00 Tai-Chi (6TH)</p> <p>2:00 Baking (PL)</p> <p>3:30 Jeopardy! (PL)</p> <p>6:00 Sound Therapy on 3rd RHA (PL)</p>	<p>10:00 Morning exercise (TVNs) 11</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Audible Bible Study (CH)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities (VARI) 12</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Word Games (PL)</p> <p>2:00 Friday Fellowship (CH)</p> <p>3:00 World Cup Watch Party (TVNS)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 13</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Sensory & Relaxation (TVNS)</p> <p>2:00 Outdoor Concert (ODR)</p> <p>3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) 14</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>2:00 Hymn Sing (4FL)</p>	<p>10:00 Self-Directed Activities (VARI) 15</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Name That Tune (PL)</p> <p>11:00 Wacky Word Play (RHA 4) (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Boomer's Club (ODR)</p> <p>3:30 Dominoes (PL)</p>	<p>10:00 Visits w/ family, friends, caregiver (VARI) 16</p> <p>1:00 Parkway Bowl Outing</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Baking (PL)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVNs) 17</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Outdoor Concert (ODR)</p> <p>11:30 Staff friendly visit</p> <p>11:30 Village Cruise (MF)</p> <p>2:00 Tai-Chi (6TH)</p> <p>2:00 Wizard of Oz Paint & Sip (PL)</p> <p>6:00 4th RHA Hymn sing (PL)</p>	<p>9:30 Rec Staff in Care Conference 18</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Top-Up Thursdays (PL)</p> <p>11:30 Staff friendly visit</p> <p>12:00 Wizard of Oz BBQ & Trivia (ODR)</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Card Games (PL)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 19</p> <p>10:00 Morning Music and News (TLS)</p> <p>10:00 Game Shows in the Morning</p> <p>2:00 Friday Fellowship (CH)</p> <p>2:00 Shuffleboard (ADN)</p> <p>3:30 Dominoes (PL)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Morning Exercises (PL) 20</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Self-Directed Activities (VARI)</p> <p>10:30 Weekend Bingo (PL)</p> <p>11:15 Exercise Trivia on 4th RHA</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Concert w/ Samira Yeo (PL)</p> <p>3:30 Dominoes (PL)</p>
<p>10:00 Spiritual Life Church Service (CH) 21</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Mindful Music (TLS)</p> <p>2:00 Father's Day Ice Cream Train (Vari)</p> <p>3:45 Jeoprady on 4th RHA (PL)</p> <p>4:15 1-1 Staff Visits (Vari)</p>	<p>10:00 Game Shows in the Morning 22</p> <p>10:00 Morning Exercise (PL)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Drumfit (CH)</p> <p>2:00 Shuffleboard (ADN)</p>	<p>10:00 Morning exercise (TVNs) 23</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Pet Therapy (Vari)</p> <p>11:30 Staff friendly visit</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Outdoor Concert (ODR)</p> <p>6:15 Big Games Night (7FLR)</p>	<p>10:00 Morning exercise (TVNs) 24</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:00 Tover Time (PL)</p> <p>11:00 Yellow Brick Adventures (TLS)</p> <p>2:00 Tai-Chi (6TH)</p> <p>2:00 Ozian Treat Fest (PL)</p> <p>3:15 Jeopardy! (PL)</p> <p>6:00 4th RHA Hymn sing (PL)</p>	<p>10:00 Fun & Fitness on RHA 4 (PL) 25</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:30 Top-Up Thursdays (PL)</p> <p>11:30 Staff friendly visit</p> <p>2:00 Hymn Sing Service (PL)</p> <p>3:30 Dice Games (PL)</p>	<p>10:00 Self-Directed Activities (VARI) 26</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Word Games (PL)</p> <p>2:00 Baking (DRN)</p> <p>3:30 Dominoes (PL)</p> <p>6:00 Friday Social Hour (Vari)</p>	<p>10:00 Cubii Exercises with Andrea (PL) 27</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>12:30 Sensory & Relaxation (TVNS)</p> <p>3:00 Concert w/ Alicia Santos (PL)</p> <p>3:30 Movie Afternoon (TVNS)</p>
<p>10:00 Spiritual Life Church Service (SOT) 28</p> <p>10:00 Spiritual Life Virtual (SOT)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>2:00 Hymn Sing (4FL)</p>	<p>10:00 Self Directed Activities (VARI) 29</p> <p>10:00 Morning exercise (TVNs)</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>10:15 Name That Tune (PL)</p> <p>11:00 Wacky Word Play (RHA 4) (PL)</p> <p>11:30 Staff friendly visit</p> <p>3:30 Dominoes (PL)</p> <p>3:30 Program Discussion (PL)</p>	<p>10:00 Morning exercise (TVNs) 30</p> <p>10:00 Visits w/ family, friends, caregiver (VARI)</p> <p>11:30 Staff friendly visit</p> <p>1:15 Men's Fellowship (ADN)</p> <p>2:00 Strawberry Social (7FLR)</p> <p>3:30 Trivial Pursuits (PL)</p> <p>6:15 Big Games Night (7FLR)</p>		<p><u>Locations Legend</u></p> <p>Piano Lounge (PL) Varied (VARI) TV Lounge North/South (TVNs) TV Lounge South (TLS) Activity Den North (ADN) Community Hall (CH)</p> <p>Varied (Vari) 7th Floor (7FLR) Sanctuary/ On TV (SOT) Outdoors (ODR) Tv lounge North & South (TVNS) 6th Floor (6TH)</p>		<p>Main Floor (MF) Dining Room North (DRN) 4th Floor (4FL) Activity Den South (ADS)</p>